About NADD

Founded in 1983 by Dr. Robert J. Fletcher as a not-for-profit association, the NADD was created to fill the need for an open forum to promote and exchange ideas, principles, and concepts concerning individuals who have the co-existence of mental illness and intellectual disabilities.

NADD has grown steadily and now provides conferences, educational services, training materials, and consultation services to thousands of people in North America and around the world. NADD is recognized as the leading organization in the area of Dual Diagnosis.

NADD’s Mission:

To advance mental wellness for persons with developmental disabilities through the promotion of excellence in mental health care.

NADD’S GOALS:

■ To encourage the exchange of information.
■ To promote educational and training programs.
■ To foster the development of resources and services.
■ To advocate for appropriate governmental policies.
■ To support research on diagnosis and treatment.
■ To stimulate public and professional interest.
■ To establish a vision of mental wellness.

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AGING

A Practical Guide: Health Management of Aging Adults With Mental Retardation
Ann Poindexter, MD
This book outlines general health issues and screening for older adults, medication issues, psychiatric issues, and delirium and dementia. Four self-directed instructional courses are included which can be copied and used for training. 141 pages.
AG02-014B | Member: $17.95 | Non-member: $19.95

Psychiatric Problems in Older Persons with Developmental Disabilities
Edited by Robert Pary, MD
Research points out that the prevalence of mental illness is at least as common or perhaps more common among older adults with intellectual disability compared to older adults in the general population. Dr. Pary has assembled internationally renowned experts in the field to contribute their collective knowledge on this important topic. The book is designed to be a practical guide for people who want up-to-date information covering a variety of areas that address psychiatric aspects in older adults with developmental disabilities. 138 pages.
AG02-201B | Member: $17.95 | Non-member: $19.95

COUNSELING & THERAPY

Cognitive-Behavioral Therapy for Adult Asperger Syndrome
Valerie L. Gaus, PhD
This book provides effective strategies for addressing the problems posed by adult Asperger syndrome (AS) and managing frequently encountered comorbidities. Drawing on extensive clinical experience and research, Valerie L. Gaus shows how to help people with AS decrease distress while preserving and building on their unique strengths. The volume begins by thoroughly describing AS and examining its manifestations in adulthood. The author spells out detailed instructions for using Cognitive-Behavioral Therapy (CBT) techniques with patients to improve social functioning, learn needed coping and stress management skills, and prevent or reduce the symptoms of anxiety and depression. 244 pages. Available in hardcover only.
CT07-039B | Member: $34.95 | Non-Member: $39.95

Counselling People with Developmental Disabilities Who Have Been Sexually Abused
Sheila Mansell and Dick Sobsey
Conceived and developed because of the growing body of research that demonstrates that people with developmental disabilities are at greater risk for sexual abuse and that appropriately adapted therapy services for people with developmental disabilities who have been sexually abused are rarely available.
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ADMINISTRATION & SYSTEMS

Providing Health Care for Individuals with Intellectual Disability and Mental Health Conditions in Rural Settings: Problems, Practice, and Progress
Edited by John Holderegger, MS and Ann Poindexter, MD
People who provide services in rural areas for individuals with intellectual disability and behavioral/psychiatric problems face a multitude of problems – and many have developed innovative, effective ways to address these problems. This book describes both the problems that are faced and the solutions that have been and are being developed to solve these problems. While these solutions have occurred in rural area, many should be readily transferable to more urban settings. 138 pages.
AS06-025B | Member: $39.95 | Non-member: $44.95

Healing Trauma
Nancy Razza, PhD, CGP and Daniel Tomaszulo, PhD, TEP, MFA
This books is a compassionate, informative guide to group therapy for people with intellectual disabilities who suffer higher than average rates of trauma, sexual abuse, and psychopathology. The authors describe Interactive-Behavior Therapy (IBT), based heavily on traditional models of group therapy and psychodrama and modified to enhance the possibility for change in people with intellectual disabilities. Special consideration and needs of group treatment for trauma and sexual abuse survivors and offenders with intellectual disabilities are covered in equal measure. Available in hardcover only. 227 pages.
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Positive Identity Development: An Alternative Treatment Approach for Individuals with Mild and Moderate Intellectual Disabilities
Karyn Harvey, PhD

Positive Identity Development is an exciting new approach to treatment for individuals with intellectual disabilities. This book provides a new theoretical perspective on treatment along with a variety of innovative tools. It rejects reducing adults with intellectual disabilities to a mere compilation of their behaviors and promotes the use of a positive, therapeutic approach to each unique individual. Psychologists, social workers, and therapists should be able to use the tools presented in this book to directly enhance the effectiveness of the treatment they provide to adults with intellectual disabilities. This book promotes well-being on every level and explores a broad range of issues relevant to the life and mental health of adults with intellectual disabilities. 270 pages.

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Aggression and Other Disruptive Behavioral Challenges
Biomedical and Psychosocial Assessment and Treatment
William I. Gardner, PhD
Aggression and related difficulties of conduct represent frequent targets of biomedical and psychosocial interventions. This book describes a multimodal contextual case formulation model that translates these treatment approaches into a single integrative focus. The various modalities (biomedical, psychological, and social environmental) and context (instigating, central processing, and maintaining) conditions that influenced frequency, severity, variability, and durability of aggressive responding are examined to provide an integrative diagnostic basis for individual centered treatments. 412 pages.
DA02-002B | Member: $29.95 | Non-member: $34.95

Assessment and Treatment of Anxiety Disorders in Persons with Mental Retardation
Edited by Ann Poindexter, MD
Anxiety disorders as a group are the commonest mental health disorders seen in the general population, as they probably also are in people with developmental disorders. This updated version of a book first published in 1996 describes issues of diagnosis and treatment of various anxiety disorders, and includes modalities for staff training in those conditions. 113 pages.
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A Practical Guide: Facilitating Behavioral/Psychiatric Assessment for Persons with Mental Retardation
Ann Poindexter, MD
This book discusses a simple outline for assessment of problem behaviors, general criteria for the most common psychiatric disorders, and tips for facilitating diagnosis. Several self-directed instructional courses are included which can be copied and used for training. 154 pages.
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A Practical Guide: Assessment and Management of Sleep Disorders in Persons With Developmental Disabilities
Ann Poindexter, MD
This book includes a general discussion of normal sleep function and sleep disorders, both in the general population and in persons with developmental disabilities. Various treatment modalities are discussed, and a simple algorithm to facilitate assessment and treatment is outlined. A self-directed instructional course is included which can be copied and used for training. 66 pages.
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A Practical Guide: Assessing Medical Issues Associated with Behavioral/Psychiatric Problems in Persons with Intellectual Disability
Ann Poindexter, MD
This book discusses medical/medication issues which may present as behavioral/psychiatric problems in individuals with intellectual disability. Three self-directed instructional courses and several illustrative case histories are included. 88 pages.
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Practice Guidelines For Diagnostic, Treatment and Related Support Services for Persons with Developmental Disabilities and Serious Behavioral Problems
William I. Gardner, PhD, Anton Dosen, MD, Dorothy M. Griffiths, PhD, and Robert King, MD
The Practice Guidelines described in this volume identify the types of services, professional and support personnel, and agency structures required to address the needs of persons with developmental disabilities who present with serious behavioral concerns. These Practice Guidelines offer both (a) a template for use by governmental and private agencies at local, regional, provincial, and national levels to evaluate the status of current clinical and related support services and (b) a blueprint for modifying or expanding existing services to insure that unmet needs are addressed. These Practice Guidelines address the following areas: The Assessment Process (Guideline 1), Treatment and Related Supports (Guideline 2), Behavioral Crisis Approaches (Guideline 3), Data Systems for Assessment of Treatment Plan Effectiveness (Guideline 4), Types and Contexts of Treatment and Support Plan Services (Guideline 5), Coordination of Services (Guideline 6), and Service Models for Delivery of Services (Guideline 7). 51 pages.
DA06-027B | Member: $29.95 | Non-member: $34.95

Early Detection: Prevention and Amelioration of Mental Health Conditions in Young People
Ann R. Poindexter, MD
Mental illness contributes a substantial burden of disease worldwide, with about 450 million people having mental disorders at any given time. An estimated one in ten children in the U.S. has a mental disorder that causes some level of impairment, and the effects of mental illness are evident across the life span, among all ethnic, racial, and cultural groups, as well as among people of every socioeconomic level. This book discusses psychiatric conditions in children and adolescents, both with and without intellectual disability, and outlines research in the value of early diagnosis to prevent/ameliorate these conditions. 165 pages.
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Dual Diagnosis Primer
Edward Hughes, MA
The Dual Diagnosis Primer provides a comprehensive yet concise review of the complex issues associated with the occurrence of mental health disorders in individuals with mental retardation. The manual includes a historical overview of the field of dual diagnosis, information related to diagnosing mental health disorders and how these disorders may present in individuals with mental retardation, as well as overviews of related support and treatment strategies. To enhance interest, each chapter begins with a set of learning objectives. To enhance comprehension, each chapter closes with review questions that assist readers in evaluating their understanding of the information presented. The Dual Diagnosis Primer is written in an informal style that assures presented information is accessible to everyone, regardless of his or her level of training or education. Upon completion of the manual, readers will have prepared themselves for more advanced study in the field of dual diagnosis. 143 pages.
DA06-023B  |  Member: $29.95  |  Non-member: $34.95

Behavior Modification for Persons with Developmental Disabilities:
Treatments and Supports — Vol. I and II
Edited by Johnny L. Matson, PhD, Rinita B. Laud, MA, and Michael L. Matson
In the last few decades, the field of dual diagnosis as applied to those with intellectual disabilities has boasted a monumental surge in assessment devices and treatment approaches. These relatively recent advances include those in the development of behavior modification principles and procedures that have had a dramatic impact on services for individuals with intellectual disabilities. The first book in this series covers an array of topics that include assessment techniques and procedures, as well as the current status and issues that affect the field as a whole. The second volume explores various treatment techniques, but includes important information regarding the teaching of necessary skills to aid in the transition of individuals with intellectual disabilities into the community.
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Behavioral Supports: Individual Centered Interventions:
A Multimodal Functional Approach
Edited by Dorothy M. Griffiths, PhD, William L. Gardner, PhD, and Jo Anne Nugent, MA
The writers describe a range of medical, psychiatric, psychological, social, and environmental features involved in the development and continuation of behavioral and emotional challenges that represent barriers to quality of life attainment. These challenges are viewed in the contexts of current environmental and personal conditions that influence their occurrence and persistence. Numerous case illustrations are used throughout to demonstrate use of a multimodal (bio-psycho-social) functional case formulation process in devising individual-centered interventions for these challenges. The Individual-Centered Behavioral Interventions described are designed to enhance the competencies of persons supported rather than merely to reduce or eliminate emotional and behavioral challenges. 295 pages
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Comfort Training: A Manual for the Treatment of Specific Fears in People With Developmental Disabilities
Kelly Woolaway-Bickel, MA and Norman B. Schmidt, PhD
While the detrimental effects of anxiety in people with mental retardation and developmental disabilities have been increasingly recognized, the field is lacking a broadly applicable protocol for helping people in this population to overcome their fears. Comfort training was designed to address specific fears in people with intellectual or developmental disabilities. It is written in a manner that should be useful to mental health professionals at all levels of training. This manual will provide you with the knowledge and skills necessary to help your clients overcome anxiety. 36 pages
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Comprehensive Competence-Based Parenting Assessment for Parents with Learning Difficulties and Their Children
Maurice Feldman, Ph.D., C.Psych., BCBA-D
This book presents an innovative, empirically-supported approach to assessing parenting capacity of parents with learning difficulties that can lead to more humane, fair, and accurate child custody decisions. The authors are leading researchers and practitioners in this field having worked with hundreds of these families. Many professionals working with these families recognize that current parenting capacity assessment approaches are based on outdated and invalid assumptions and methods. This book addresses the unique assessment needs of these families and includes detailed background information, rationales, and methods. After a comprehensive literature review, the authors provide a theoretical interactional model underlying their assessment approach. The remainder of the book is devoted to a detailed description of the comprehensive, competence-based parenting capacity assessment method and includes many examples and two case studies. This book is an indispensable resource for all professionals involved with parents who have learning difficulties and their children.
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Human Needs and Intellectual Disabilities: Applications for Person Centered Planning, Dual Diagnosis, and Crisis Intervention

Steven Reiss, PhD

Human Needs and Intellectual Disabilities identifies the 12 human needs most relevant to the lives of people with intellectual disabilities, autism, and related developmental disabilities. It includes detailed, practical suggestions for caregivers or parents interested in the happiness, quality of life, and self-determination of their loved ones or consumers. The book includes detailed, practical suggestions for reducing episodes of challenging behavior and psychiatric symptoms in people with a dual diagnosis (intellectual disabilities and mental illness). It shows how to substitute the language of individuality (e.g., “friendly person”) for the language of disability (e.g., “person with disability”). It also reduces the tendency of planners to confuse their own value system for that of the consumer. The book includes scholarly reviews of dual diagnosis literature on mental illness, prevalence, and assessment.

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Mood Disorders in People with Mental Retardation

Edited by Peter Sturmey, PhD

Mood disorders are some of the most common mental health problems. People with mental retardation, like everyone else, may experience mood disorders. If unrecognized, untreated, or treated ineffectively these disorders result in additional preventable disability and handicap. This book provides a current summary of the research literature, including diagnosis, epidemiology, assessment, and treatment. 315 pages.

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The Little Book of Practical Solutions

Edward Hughes, MA

The Little Book of Practical Solutions presents a concise yet comprehensive review of the issues related to problem behavior by individuals with developmental disabilities and/or mental health needs. The book is written in an informal, jargon-free style and is designed to be a resource for family members, case managers, qualified intellectual disability professionals, advocates, direct support professionals, and clinicians with advanced training in psychology or behavior analysis. Because of this, The Little Book includes support strategies that can be implemented by treatment teams with or without the guidance of specialized clinicians. Even in those instances where specialized clinicians are involved, The Little Book will assist readers in being active participants in the development of formal support strategies and in assessing the appropriateness of recommendations from specialized consultants. 78 pages.

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The Rational Use of Psychotropic Medication for Individuals with Intellectual Disabilities: Pathways To and From Polypharmacy

Edwin J. Mikkelsen, MD

The central premise for this book is that a psychiatric diagnosis is a necessary, but not a sufficient basis to justify the use of psychotropic medication in individuals with intellectual disabilities (ID). The book illustrates empirical methods for ensuring that psychotropic medications are utilized in a manner that: 1) can be justified by the severity of the symptoms related to the underlying psychiatric diagnosis; 2) clearly establishes their efficacy; and 3) ensures that the potential side effects of the medication do not exceed its therapeutic benefit.

In order to accomplish this goal, the book reviews the importance of:

• Risk-benefit considerations in the use of psychotropic medications;
• Neutral data collection methods that present a balanced perspective;
• Establishing the efficacy of medications;
• Ruling out medical and/or behavioral contributions to the disorder;
• The formulation(s) of psychopharmacological algorithms that take into account the risk-benefit equation

150 pages. Available in softcover only.

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A Practical Guide: Psychopharmacology

Ann Poindexter, MD

This book describes brain development and the ways drugs act on the brain, as well as general principles of epilepsy development and treatment. A cross-referenced list of psychotropic medications by trade and generic names is included, as well as several self-directed instructional courses which can be copied and used for training. 125 pages.

DT02-012B | Member: $17.95 | Non-member: $19.95

The Psychopharmacology Primer: A Guide to Understanding the Rational Use of Psychotropic Medication with Individuals with Dual Diagnosis (ID/MI)

By Edward Hughes, MA and Jerry McKee, PharmD

The Psychopharmacology Primer is written in a jargon-free and informal style that assures presented information is accessible to all readers. It includes chapters on accepted professional standards for the use of psychotropic medication, as well as clinical disorders and recommended treatments. Accepted standards for monitoring efficacy and potential side-effects are also reviewed. The Primer is intended to be a resource for case managers, advocates, guardians, and direct support professionals. Upon completion of the book, readers will have prepared themselves to be informed advocates for the appropriate use of psychotropic medication. 79 pages.

DT07-041B | Member: $29.95 | Non-member: $34.95
Dr. Robert J. Fletcher is the Founder and Chief Executive Officer of NADD. His vision and leadership have brought NADD to a position where it is recognized as the world’s leading organization in providing educational resources, training materials, consultations services, and conferences. He has earned international recognition as an expert in the field of providing services for individuals who have an intellectual disability co-occurring with significant mental health needs.

Dr. Fletcher has over 35 years of clinical, program development, policy, and research experience in the field of mental health care for individuals with intellectual disabilities. He has provided individual, group, and family psychotherapy for persons with a dual diagnosis. He has lectured across North America as well as Europe concerning mental health aspects in persons with intellectual disabilities.

Historically, clinicians have faced significant challenges in trying to arrive at an accurate psychiatric diagnosis for individuals who have intellectual disability co-occurring with mental illness. Clinicians lacked a system whereby they could recognize the presence of mental disorders in persons who had limited expressive and receptive language skills. They also lacked a tool that could enable them to consider the developmental level of the individual being assessed when considering the presence and absence of symptoms. To facilitate a more accurate psychiatric diagnosis of people with intellectual disability, Dr. Fletcher conceived of the DM-ID and developed it into the two essential volumes that we have today.

Dr. Fletcher is passionate about the ability of individuals with intellectual disability and co-occurring mental illness to benefit from psychotherapy. Two books that he edited on this topic are Psychotherapy for Individuals with Intellectual Disability (described as “the most comprehensive discussion of psychotherapies with this population ever published” by Steven Reiss, PhD) and Therapy Approaches for Persons with Mental Retardation.
William I. Gardner, PhD

William I. Gardner, Ph.D. is a world-renowned psychologist and Professor Emeritus at the Rehabilitation Psychology Program at the University of Wisconsin-Madison. Dr. Gardner serves on the NADD Advisory Council. He is a frequent presenter at national and international meetings and provides training and clinical consultation to programs serving individuals with intellectual and developmental disabilities who have significant mental health concerns.

Steven Reiss, PhD

Professor Steven Reiss was educated at Dartmouth College, Yale University, and Harvard University. His work on the mental health of people with intellectual disabilities was recognized with five major awards from national scientific, professional, and parent organizations. He created an original theory of human needs with broad practical implications.

Professor Reiss’s theory of anxiety sensitivity is at the forefront of military research aimed at preventing Post-Traumatic Stress Disorder in deployed U.S. troops and current National Institute of Mental Health prevention research.

In dual diagnosis Professor Reiss published a single-authored book that reviewed 900 studies; constructed the Reiss Screen assessment instruments; executed the first research studies of depression; and started an influential outpatient clinic in Chicago.
ENVIRONMENTAL HEALTH

Healthy Choices for Healthy Lives
NADD (National Association for the Dually Diagnosed) and AAIDD (American Association on Intellectual and Developmental Disabilities)
This book uses very simple language and illustrations to inform persons with intellectual disability as well as elementary school children without an intellectual disability about practical steps to take to stay healthy and to avoid environmental dangers. Topics covered include healthy choices about the air you breathe, the water you drink, and the food you eat, as well as healthy choices about keeping yourself clean and about keeping things clean. This book is a collaborative product of the NADD Environmental Health Project and the AAIDD Environmental Health Initiative. 17 pages.
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FAMILY ISSUES

Down Syndrome: When to Worry about Mental Health and What to Do About It
Robin Friedlander, MD and Peter Johnson, PhD
This book is written for the parents and caregivers of people with Down Syndrome. Written in a straight-forward manner with a minimum of technical words it offers practical advice on the assessment and treatment of mental health disorders in people with Down Syndrome. It also provides practical advice for maintaining good mental health. The authors have extensive clinical experience working with persons with Down Syndrome and their families. 68 pages.
FI09-0448   |   Members: $24.95   |   Non-members: $29.95

Success Stories from the Frontline – Intellectual Disabilities and Mental Health
Edited by Madeline Hombert
Foreword and summaries by Robin Friedlander, Psychiatrist MB, CbB MMed (Psych), FF Psych (SA), FRCP and Tina Donnelly, RPN, BHSc
This is an anthology of stories about the experience of dual diagnosis, individuals with both Intellectual Disability and Mental Illness. This is a group of people in our society who are almost invisible on the public radar screens, despite their high needs. This books gives an intimate voice to these individuals and their families. Reading the book affirms for all of us the strength of the human spirit and the courage to carry on. 192 pages.
FI07-036B   |   Member: $13.50   |   Non-Member: $18.50

OFFENDERS

Criminal Offenders with Mental Retardation:
Risk Assessment and the Continuum of Community-Based Treatment Programs
Edwin J. Mikkelsen, MD and Wayne J. Stal, PhD
Individuals who present with the combination of developmental disabilities and a history of criminal offenses elicit a wide variety of responses from clinicians and administrators. These responses vary from overly punitive to dismissive. It is relatively easy to find examples of each extreme applied to the same type of offense in different areas. The purpose of this monograph is to present a systematic, objective method of assessment that can facilitate the development of clinically appropriate individualized community treatment programs. The Appendix to this monograph contains an Annotated Bibliography of selected recently published articles on this subject. 126 pages.
OF99-002B   |   Member: $24.95   |   Non-Member: $29.95

PROGRAM MODELS

Contemporary Dual Diagnosis MH/ MR Service Models Volume I:
Residential and Day Services
John W. Jacobson, PhD, BCBA, James A. Mulick, PhD, and Steve Holburn, PhD
No special needs group among people with intellectual and developmental disabilities strains the service capacity of community and residential services to a greater extent than do people with dual diagnoses of developmental and psychiatric conditions. During the past decade many provider agencies have developed specialized services for people with dual diagnosis. Some have specialized in a primary focus of service for such people, including residential or housing and day services. Although these programs incorporate mental health services and heightened clinician presence and influence on everyday activities compared to other developmental services programs, progressive specialized programs also include key elements typical of the most progressive non-specialized settings. The program models for residential and day services in this book include the entire range of residential and housing options available for people with dual diagnosis. These program models share common features that are responsive to the prevailing philosophy of individualized service, tempered by important differences in service mix and approaches that reflect differing needs of different subgroups of people with dual diagnosis. 139 pages.
PM02-003B   |   Member: $24.95   |   Non-member: $29.95

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www.thenadd.org
Ann R. Poindexter, M.D., is a pediatrician and primary care physician with more than 40 years experience in facilitating health care for persons with intellectual disability, particularly those with behavioral/psychiatric problems. She has made presentations at many local, regional, national, and international conferences and written extensively on behavioral/psychiatric and general medical conditions in this population.

Ann Poindexter, MD

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Practical Guide Series can be purchased individually or as a set
Contemporary Dual Diagnosis MH/MR Service Models Volume II: Partial and Supportive Services

John W. Jacobson, PhD, BCBA, Steve Holburn, PhD, and James A. Mulick, PhD

One of the major challenges to the integrity of individualized developmental services in community systems for the past two decades has been the assurance of timely, accessible, and high quality partial and periodic or intermittent services. For people with dual diagnoses of psychiatric and developmental conditions, this challenge is heightened by the need for conventional developmental services combined with community mental health services, in addition to social and health services. Although partial and intermittent service approaches are intended, generally, to be conducive to supportive living and compatible with group home living, in fact these goals have not been readily achieved. This volume represents the interactionist position that has become more common in service design and development today. It is our hope that the dissemination of effective models of services and support for people with dual diagnoses, such as those presented in this volume, will accelerate the development of sufficient partial services for people with dual diagnoses. As pioneering efforts in organizing partial dual diagnosis service provision, some of the models presented are still in development, and it is hoped that their breadth and scope will inspire programmatic and evaluative innovation. 149 pages.

PM02-004B  |  Member: $24.95  |  Non-member: $29.95

SOCIAL & SEXUAL ISSUES

Ethical Dilemmas: Sexuality and Developmental Disability

Edited by Dorothy M. Griffiths, PhD, Debbie Richards, CHMH, Paul Fedoroff, MD, FRCP, and Shelley L. Watson, MEd

Unique in its approach, Ethical Dilemmas: Sexuality and Developmental Disability addresses the critical issues and questions, and provides recommendations and suggestions through extensively documented research and expert consensus. Numerous case studies are used throughout to identify the issues. The reader will have an opportunity to examine a range of topics such as sex education, consent to treatment, sexual abuse prevention, sexual offenses, policies and procedures, parenting, human rights, legal perspectives to consent, reporting sexual assault along with a concluding summary chapter written independently by a lawyer and bioethicist. 483 pages.

SI02-001B  |  Member: $29.95  |  Non-Member: $34.95

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STAFF TRAINING

Dual Diagnosis

An Introduction to the Mental Health Needs of Persons with Developmental Disabilities

Edited by Dorothy M. Griffiths, PhD, ChriSSoula Stavrakaki, PhD, MD, and Jane Summers

This book offers new insights from research and practice in the field of dual diagnosis. It is a comprehensive text designed to update our knowledge and understanding concerning mental health aspects in persons with developmental disabilities. It is essential that persons who work in this field have access to the latest information and training so that they can provide the most effective service. This book is designed for that purpose. 633 pages. The CD contains PowerPoint presentations related to the individual chapters of the book.

ST04-1001B  |  Members: $44.95  |  Non-Members $54.95
ST04-1001BC (Book & CD)  |  Members: $52.95  |  Non-Members $62.95

Training Handbook of Mental Disorders in Individuals with Intellectual Disability

Edited by Nancy N. Cain, MD, Geraldine Holt, MD, RS, BS, BSc (Hons), Phillip W. Davidson, PhD, and Nick Bouras, MD, PhD

Recognizing mental disorders in individuals with mental retardation can make a great difference in how they are understood and treated and greatly improve their quality of life. This book is designed to help clinicians and health service providers with limited experience in working with such individuals. It focuses on assessment, recognition of psychiatric symptoms and various treatment options available. It discusses the difficulties in doing a comprehensive assessment and gives guidelines as well as descriptions of some tools that might be used. It looks at DSM IV disorders, describes how the symptoms, may manifest themselves, gives some commonly observed behaviors that help identify mental disorders, and provides some clinical examples. 188 pages.

ST06-022B  |  Member: $39.95  |  Non-member: $44.95

Quandaries:

Understanding Mental Illnesses in Persons with Developmental Disabilities

Sue Gabriel, PMHNP

Quandaries is for all who have puzzled over, questioned about, or wrestled with the dilemma of understanding the differences between mental health and mental illness, specifically in persons with developmental disabilities. Using many examples, this book provides a humorous, yet empathic, guide to those who need it, yet don't wish to fall into a bored stupor in their quest. 216 pages.

ST04-016B  |  Member: $24.95  |  Non-Member $29.95
Working with People Who Have Intellectual Disability and Behavioral Problems: A Self-Study Guide for Interdisciplinary Team Members
Ann R. Poindexter, MD and Paul D. Kolstoe, PhD
This manual uses a holistic approach to help interdisciplinary teams develop more successful treatment programs for people with intellectual disability and psychiatric/behavioral problems. 22 pages
ST09-045B | Members: $14.95 | Non-members: $17.95
ST09-Q0458 | Set of five – Members: $50.00 | Non-members: $60.00
Buy 5 copies and SAVE

Nathan Ory
The material in this book introduces general practices and specific solutions to behavior problems that will work with people who display difficult and challenging behaviors regardless of who they are. It is especially suitable for working with individuals who have developmental or intellectual disabilities coupled with a behavior disorder. The methods also apply to the person with emotional or psychiatric disturbances, or another serious mental health problem. Finally, they are helpful in providing support to elderly individuals who display challenging behavior.
ST10-049B | Member: $34.95 | Non-Member: $39.95

Substance-Related Disorders in Persons with Mental Retardation
Peter Sturmey, Howie Reyer, Ron Lee, and Adrienne Robek
Until recently substance-related disorders in people with intellectual disabilities have received relatively little attention. People with mild intellectual disability living independently in community settings are at risk for substance-related disorders. This volume summarizes all the available research on this problem, including diagnosis, epidemiology, risk factors, treatment and model programs, and staff training. 138 pages.
SA03-002B | Member: $17.95 | Non-member: $19.95

SYNDROMES

Demystifying Syndromes Clinical And Educational Implications of Common Syndromes Associated with Persons With Intellectual Disabilities
Edited by Dorothy M. Griffiths, PhD and Robert King, PhD
This book was developed to be a practical summary of some of the common syndromes related to developmental disability for professionals and students in the field. The editors have selected some common and some lesser known syndromes that are associated with persons with developmental disabilities and coexisting mental or behavioral challenges, specifically Fragile X, Down, Williams, Smith-Magenis, Pervasive Developmental Disorders, Tourette’s, 22q Deletion, Smith-Lemli-Opitz, and Angelman Syndrome. The objective was to demonstrate how and why support and treatment can be individualized by recognizing the differential realities of persons, with various syndromes, who are all labeled as developmentally disabled. 240 pages.
SY04-015B Softcover | Member: $29.95 | Non-Member: $34.95
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Edward Hughes, MA
Mr. Hughes holds a Masters in clinical psychology and serves as the director of Hughes Behavioral and Mental Health Services. He has 20 years of clinical experience providing behavioral and mental health supports to individuals with intellectual and developmental disabilities. Mr. Hughes’ experience also includes work as an expert consultant to various State agencies and Court Monitors. He has authored publications addressing the behavioral and mental health needs of individuals with intellectual and developmental disabilities, and has conducted trainings and presented at professional conferences throughout the United States.

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DM-ID Diagnostic Manual – Intellectual Disability

Edited by: Robert J. Fletcher, D.S.W., A.C.S.W., Chief Editor
Earl Loschen, M.D., Chrissoula Stavrakaki, M.D., Ph.D., Michael First, M.D.

After 10 years of planning and development involving over 100 experts from around the world, NADD in association with the American Psychiatric Association, published the Diagnostic Manual – Intellectual Disability to great acclaim within the field of dual diagnosis. For years people with Intellectual Disabilities have been under-diagnosed or misdiagnosed due to the limitations of their expressive and receptive language skills. The DM-ID answered a long overdue need: to obtain a more accurate psychiatric diagnosis for persons with ID.

Grounded in evidence-based methods and supported by the expert-consensus model, the DM-ID offers a broad examination of the issues involved in applying diagnostic criteria for psychiatric disorders to persons with Intellectual Disabilities. The DM-ID enables clinicians to better identify signs and symptoms of specific psychiatric disorders. It teaches how to arrive at a diagnosis using the same classification system as the DSM-IV-TR. Adaptations, where applicable, are applied to various diagnostic criteria.

This book is considered the “Gold Standard” for diagnosing the psychiatric illness of people who have Intellectual Disabilities. Every professional who provides services to individuals with a dual diagnosis should have a copy of the DM-ID.

What experts are saying about the DM-ID:

The DM-ID could well be a mandatory text for all trainee psychiatrists who intend to work with people with ID. It will be a valuable reference book for all professionals who are involved in the diagnosis of mental disorder in people with ID. In my opinion, the depth of information and the nuggets of wisdom offered serve well in achieving the aim of the book.

Andrew Isaac
Journal of Intellectual Disability Research

DM-ID is a well-written guide to diagnostic understanding and, by extension, to clinical treatment planning... DM-ID’s emphasis on clinical judgment – reason and empathy, neither over-diagnosis nor under-diagnosis, flexibility, and a keener sensitivity to the needs of persons with intellectual and adaptive skill limitations – is praiseworthy. Indeed, DM-ID is a well-needed asset both to all members of a treatment team and to the mental health community at large.

Frank John Ninivaggi
Journal of Autism and Developmental Disabilities

While diagnosing clinicians make use of the DM-ID for the purpose of arriving at an accurate diagnosis, others can use the book as a resource for gaining valuable information about the various conditions and the manner by which they manifest in individuals with ID. The clarity in which the DM-ID is written, the use of clear language without a lot of professional lingo, the vastness of information, and the thorough explanations, enable even nonprofessionals in the field to gain the knowledge and understanding of the disorders.

Nehama T. Baum
Journal of Policy and Practice in Intellectual Disabilities

The text promises to be a valuable resource for clinicians and researchers interested in the diagnosis and treatment of mental illness in people with ID. The tables of adapted criteria offer useful guidelines in clinical assessment.

Donald R. Oswald
PsycCritiques

For more information about the DM-ID, visit www.dmid.org
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