MENTAL HEALTH ASPECTS: TREATMENT & SUPPORT

September 21 & 22, 2015
MONDAY & TUESDAY

at Crowne Plaza Columbus North-Worthington Hotel
Columbus, OH

Jointly Sponsored By:
NADD, Ohio Department of Mental Health and Addiction Services

In Association With:
Ohio Department of Developmental Disabilities (DODD),
Ohio Coordinating Center of Excellence in MI/DD,
Ohio Developmental Disabilities Council (ODDC)

www.thenadd.org/stateofohio/
**KEYNOTE ADDRESS PRESENTERS**

**Craig Erickson, MD**
Craig Erickson, MD, Associate Professor of Psychiatry, specializes in research and clinical treatment involving persons with developmental disorders. His primary research focus is on new treatment development for fragile X syndrome, autism spectrum disorders, and other related disorders. He is the Director of the Fragile X Research and Treatment Center at Cincinnati Children’s Hospital. Dr. Erickson also serves as the Director of Research at the Kelly O’Leary Center for Autism Spectrum Disorders at Cincinnati Children’s Hospital.

**L. Jarrett Barnhill, MD**
L. Jarrett Barnhill, MD is Professor of Psychiatry at The University of North Carolina School of Medicine. He is the Director of the Developmental Neuropharmacology Clinic within the Department of Psychiatry. He is a Distinguished Fellow in the American Psychiatric Association and Fellow in the American Academy of Child and Adolescent Psychiatry. His clinical interests include autism and other developmental disorders, traumatic brain injury, neuropsychiatry of mood and seizure disorders, and Tourette’s disorder and other movement disorders. Dr. Barnhill is a Co-Editor of the DM-ID-2.

**DAY ONE – MONDAY, SEPTEMBER 21, 2015**

8:15 - 9:15 a.m.  REGISTRATION

9:15 - 9:30 a.m.  WELCOME AND OPENING REMARKS

Robert J. Fletcher, DSW, NADD-CC, NADD Founder & CEO; Michael Schroeder, MSW, NADD-DDS, Clinical Safety Director, Ohio Department of Mental Health and Addiction Services (OhioMHAS); Tracy Plouck, Director of the Ohio Department of Mental Health and Addiction Services (OhioMHAS); and Teresa Kobelt, Deputy Director in the Division of Policy & Strategic Direction, Ohio Association of County Boards Serving People with Developmental Disabilities (OACB), will do opening remarks on behalf of DODD.

9:30 - 10:30 a.m.  KEYNOTE ADDRESS

**Genetic Causes of Developmental Disability**
This presentation will review genetic causes of developmental disability including fragile X syndrome, Down syndrome, Angelman syndrome, Prader Willi syndrome, Williams syndrome, and Smith Magenis syndrome among others. The presentation will review the physical, behavioral, and cognitive features of a number of genetic syndromes associated with developmental disability. When available, we will additionally review potential targeted treatment options for each disorder. Elements of diagnostic testing for genetic syndromes associated with developmental disability will be discussed. The epidemiology of each syndrome reviewed will be presented.

Craig Erickson, MD, Associate Professor of Psychiatry, Cincinnati Children’s Hospital Medical Center, Cincinnati, OH

10:30 - 10:45 a.m.  BREAK

10:45 - 12:15 p.m.  CONCURRENT SESSIONS I

**SESSION 1:**
**Ohio’s Employment First Initiative**
Employment First is a philosophy that raises expectations about what people with developmental disabilities can achieve when provided with opportunities and appropriate support. Learn about Ohio’s Path to Employment First.

Stacy Collins, Project Manager, Ohio Employment First, Ohio Department of Developmental Disabilities, Columbus, OH

**SESSION 2:**
**Compentency Through Conditional Release and Developmental Disability Boards**
An explanation of the competency, restoration, court jurisdiction, and conditional release processes along with a collaborative model of how DD Boards can support individuals involved in the criminal justice system.

Robert Rowe, LISW-S, CCFC, Forensic Liaison, Cuyahoga County Board of Developmental Disabilities, Cleveland, OH; Melissa Harger, PhD, Chief Psychologist, Cambridge Developmental Center, Cambridge, OH

12:15 – 1:45 p.m.  LUNCH (Attendees on Own)

1:45 – 3:15 p.m.  CONCURRENT SESSIONS II

**SESSION 3:**
**Practical Psychotropic Drug Management in Developmental Disabilities**
This presentation will review all aspects of practical psychotropic drug management in persons with developmental disabilities. Emphasis will be placed on medication choice, target symptoms of treatment, and safety monitoring.

The presenter will discuss various medication classes utilized for specific target symptoms of treatment. Review of medication safety concerns will be addressed for all drugs discussed. Aspects of polypharmacy will be reviewed in detail. Aspects of challenges of the clinical interview that present challenges to effective medication management will be reviewed.

Craig Erickson, MD, Associate Professor of Psychiatry, Cincinnati Children’s Hospital Medical Center, Cincinnati, OH

**SESSION 4:**
**The NADD Accreditation & Certification Programs (ACP)**
In an effort to raise the level of care, as well as to provide recognition to those programs and professionals offering quality care, NADD has introduced four interrelated programs:

1. The NADD Accreditation Program
2. The NADD Competency-Based Clinical Certification Program
3. The NADD Competency-Based Direct-Support Professional Certification Program
4. The NADD Competency-Based Dual Diagnosis Specialist Program

The presenters will provide an overview of these programs with a focus on the applied content for the Specialist Certification.

Mike Schroeder, MSW, NADD-DDS, Clinical Safety Director, Hospital Services, Ohio Department of Mental Health and Addiction Services, Columbus, OH; Robert J. Fletcher, DSW, NADD-CC, NADD Founder and CEO, Kingston, NY

3:15 – 3:30 p.m.  BREAK
SESSION 5: Autism, Catatonia and Tic Disorders: Are They Relatives?

Autism Spectrum Disorder is probably best defined as a complex group of neurodevelopmental disorders that impact social communication and domains of cognition, social behavior, and flexibility, as well as the capacity to adapt to the complex demands of daily living. ASD can be subdivided into two large families:

1. A disorder related to the expression of multiple genes and best defined in families with either expanded phenotypic expression or multiple affected children (multiplex families).
2. A “secondary form” of ASD related to a number of genetic, metabolic, and neurodevelopmental disorders that may appear more sporadic.

Jarrett Barnhill, MD, DLFAPA, FAACAP, NADD-CC, Professor, Department of Psychiatry, Department of Neurology University of North Carolina School of Medicine, Chapel Hill, NC

SESSION 6: Dialectical Behavior Therapy (DBT): An Adapted Approach

DBT is an innovative treatment approach for those challenging individuals that we work with. This presentation will provide an overview of DBT, show examples of adaptations for co-occurring MI/DD, and outcomes obtained.

Cindi Crew, LISW-S, Director, Integrated Counseling, LifePoint Solutions, A Division of Greater Cincinnati Behavioral Health Services, Cincinnati, OH

Note: There will be a 10-minute Q&A session at the end of each session.

3:15 - 4:00 p.m. Day 1 Concludes.

PLEASE RETURN CONFERENCE EVALUATIONS
Pick-up appropriate CE certificates (if applicable).

SESSION 3: Co-Occurring Treatment—What Actually Works & Why (PART 1)

Getting stuck on what to do? Come learn tried & true techniques on how to effectively assess, intervene, and train families and professionals alike in supporting individuals with co-occurring diagnoses.

Kristie Hirsch, BA, Director, Kelly Rutherford, Coordinator, Therapeutic Intervention Services, Envision, Cincinnati, OH

1:15 p.m. – 1:45 p.m.

A Thousand Words: Art and Autism is a 30 minute documentary film about adults with autism and the way art they use art to express their feelings and voice.

Everyday people with autism live a life unspoken. Art gives them a voice. Join us to discover a picture is worth A Thousand Words. This film highlights five artists with autism who live at Bittersweet Farms, a community dedicated to improving the lives of people with autism and their families.

Video brought to you by Cora Walsh, FYI Films, Shaker Heights, OH

1:45 p.m. - 3:15 p.m. CONCURRENT SESSIONS II

SESSION 4: Creating Environments of Resiliency and Hope

Addressing trauma can positively impact the physical, behavioral, social, and economic health of Ohio and Ohioans. This workshop will highlight Ohio’s Trauma-Informed Care Statewide Initiative.

Kim Kehl, MEd, Trauma-Informed Care Project Coordinator, TIC Statewide Initiative, OhioMHAS, Columbus, OH

SESSION 5: Ohio’s Employment First Transition Framework

The Transition Framework provides tools and processes for multi-agency teams to plan assessment/services for transitioning youth, beginning at age 14. Doing so reduces duplication and increases continuity during transition to adulthood.

Suzanne Beck, BS, MS, Educational Consultant Realizing Employment First for Youth; Chris Filler, RN, BSN, Project Director, Transition Life Span Center, Ohio Center for Autism and Low Incidence Disabilities, Columbus, OH

SESSION 6: Co-Occurring Treatment - What Actually Works & Why (PART 2)

Getting stuck on what to do? Come learn tried & true techniques on how to effectively assess, intervene, and train families and professionals alike in supporting individuals with co-occurring diagnoses.

Kristie Hirsch, BA, Director, Kelly Rutherford, Coordinator, Therapeutic Intervention Services, Envision, Cincinnati, OH

Note: There will be a 10-minute Q&A session at the end of each session.

3:15 - 4:00 p.m. Day 2 Concludes.

PLEASE RETURN CONFERENCE EVALUATIONS
Pick-up appropriate CE certificates (if applicable).
Learning Objectives

Upon Completion of the program participants will be able to:

- Make adoption’s for a Dialectical Behavior Therapy program with co-occurring MI/DD population.
- Define the complex nature of the relationship between ASD, Tourette’s disorder and catatonia.
- Identify major features of ASD, catatonia and Tourette’s disorder and discuss the clinical epidemiology of each disorder.
- Define “trauma-informed care” and acknowledge pre-existing values, attitudes, beliefs and experiences related to trauma.
- Identify the physical and behavioral features associated with several genetic causes of DD.
- Identify drug classes most commonly utilized to treat specific target symptoms.
- Define characteristics and offense patterns of individuals with IDD/MI from a large urban environment.
- Identify the multiple national influences impacting employment and day services in Ohio.
- Demonstrate a better understanding of how to separately assess the ID/DD and behavioral health needs that impact an individual’s learning and future skill acquisition of therapeutic techniques.
- Describe how NADD Specialists can enhance services in their organizations.
- Apply for NADD Certification.
- Learn the legal processes individuals with IDD/MH experience in the criminal justice system.
- Identify a collaborative IDD service delivery model that supports positive outcomes for individuals involved in the criminal justice system.
- Explain the importance of inclusive emergency preparedness planning to ensure the safety and well-being of vulnerable populations, including people with disabilities.
- Identify gaps in emergency preparedness planning and emergency response relating to disability at the individual, local, and state levels.
- Discuss key components of the Ohio Disability and Health Program’s approach to improve emergency preparedness for Ohioans with disabilities.
- Describe the foundational elements of the Employment First Transition Framework.
- Describe the process involved in backwards planning as a tool for working with transition youth.
- State the difference between a Evidence Based Practice and an Evidence Based Predictor.

CONTINUING EDUCATION CREDIT

RN/LPN, Social Work, Counselor, Psychology

The Ohio Department of Mental Health and Addiction Services is approved by the Ohio Psychological Association – MCE Program to offer continuing education for psychologists. The Ohio Department of Mental Health & Addiction Services #311334820 maintains responsibility for this program.

OhioMHAS is an approved provider of continuing education for the indicated professional disciplines and awards the following credits:

- RN/LPN  OBN 003 92-1955CO  Day 1 - 5.5 contact hrs.
- RN/LPN  OBN 003 92-1956CO  Day 2 - 4.5 contact hrs.
- SOCIAL WORK  RSX 088902-2177CO  Day 1 - 5.5 CEs
- SOCIAL WORK  RSX 088902-2178CO  Day 2 - 4.5 CEs
- COUNSELOR  RCX 088915-2154CO  Day 1 - 5.5 CEs
- COUNSELOR  RCX 088915-2155CO  Day 2 - 4.5 CEs
- PSYCHOLOGY  311334820-1332CO  Day 1 - 5.5 MCEs
- PSYCHOLOGY  311334820-1333CO  Day 2 - 4.5 MCEs

All Attendees must list their SSN or license number on the OPA-MCE Attendance Report Form.

* Psychologist MUST list their license number on the OPA-MCE Attendance Report Form.

Continuing Professional Development Hours

This program has been approved by the Ohio Department of Developmental Disabilities (DODD) for continuing credits for a total of 5.5 hours for Day 1 for the entire day, and a total of 4.5 hours for Day 2 for the entire day, in the following areas:

- Adult Services; Case Management; Investigative Agent; County Board Members and Supt/Asst Supt (Services/Programs/Supports Streams) and Service and Support Administration.

NOTE: You must attend the entire day in order to receive credits/contact hours.

NADD Accreditation & Certification Programs (ACP)

Individuals with Intellectual and Developmental Disabilities (IDD) and Mental Illness (MI) have complex needs and present clinical challenges to the professionals, programs, and systems that provide care for them.

In an effort to raise the level of care, as well as to provide recognition to those programs and professionals offering quality care, NADD has introduced four interrelated programs:

1. The NADD Accreditation Program
2. The NADD Competency-Based Clinical Certification Program
3. The NADD Competency-Based Direct-Support Professional Certification Program
4. The NADD Competency-Based Dual Diagnosis Specialist Program

Information on ACP: http://acp.thenadd.org

NADD, an association for persons with developmental disabilities and mental health needs, is a not-for-profit membership association established for professionals, care providers, and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. The mission of NADD is to advance mental wellness for persons with developmental disabilities through the promotion of excellence in mental health care.

NADD is recognized as the world’s leading organization in providing educational services, training materials, and conferences concerning this topic.

NADD publishes two journals in addition to having an extensive array of resources including books, audiotapes, DVDs and other related educational and training materials. Additionally, NADD sponsors regional, annual and international conferences, teleconferences as well as provides consultation services.

Information on NADD: www.thenadd.org.
3 Easy Ways to Register: 1) Online at www.thenadd.org/stateofohio  2) Mail  3) Fax
Registration by mail, fax (845) 331-4569, or online will be accepted until September 4, 2015. We urge people to pre-register online with debit or credit cards. Faxied registration forms must have credit card information to be processed. Please DO NOT fax and then mail the same registration form. There will be onsite registration, based on space availability. All checks sent as payment must have registrant’s names associated with them.

Name: ________________________________
Organization/Agency: ____________________________
Address: ______________________________________
City: __________________ State/Province: _______ Zip: _______
Phone: __________________ Fax: ________________
E-Mail Required: __________________

Please check one presentation in each concurrent session. (Registrations will not be processed without this information.)

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**Continuing Education Credits:** (Please check the appropriate box for type of credit desired)

- Psychology
- Counselor
- Social Work
- RN/LPN

**Discipline**

- Please check if you will need credit/professional development hours through DODD Department

- NEW! Membership Rate - $99* *(with conference registration)

**Join NADD & receive all membership benefits now through December 31, 2016**

- Individual Renewal Membership - $135
- DSP/Family/Retired/Consumer/Student *65
- Organizational *650 or *900

**Individual Members:** Receive the NADD Bulletin published six times per year and NADD Research Journal, discounts on NADD educational products, discounts on NADD conferences and one vote for election of the Board of Directors.

**DSP/Family/Retired/Consumer/Student Membership:** This membership option is for a family member of a consumer, an individual who is a consumer of services, DSP or a full-time student. It includes the same benefits as individual membership.

**Organizational:** Organizational membership fee is either *650 or *900 depending on the size of the agency’s total budget.

**CANCELLATION POLICY:** Cancellations must be made in writing to the NADD office no later than September 4, 2015, in order to refund your registration minus a $15 administrative fee. Registrants who do not attend are liable for the registration fee. NADD has the right to cancel any of these trainings, and will make a full refund of the registration fee.

**Fee:** Registrants who do not attend are liable for the registration fee. NADD has the right to cancel any of these trainings, and will make a full refund of the registration fee.

**VOLUNTEER OPPORTUNITIES:**

Volunteers are needed to assist at the registration desk and NADD product booth each day of the conference. An individual who volunteers for the day (from 7:30 a.m. – 5:00 p.m., with a lunch break) can attend another day with the registration fee waived. There may be opportunities to attend some sessions the day you are volunteering, if scheduling permits. If you are interested in volunteering, please contact lchristie@thenadd.org or call (800) 331-5362 by August 21, 2015.

Note: Volunteers are placed where needed. Schedule will be emailed when complete.

**Join NADD today!**

Four great reasons to join:

1. Save on all NADD products
2. Save on Conference rate benefits
3. Receive NADD member benefits
4. Networking opportunities

Enjoy these great members-only benefits:

- NADD Bulletin
- NADD Research Journal
- NADD Conference and Training Discounts
- NADD Educational Product Discounts
- E-Newsletter
- NEW! Quarterly Free Pre-Recorded Trainings

(See conference registration form for membership information)

www.thenadd.org/stateofohio
NADD: STATE OF OHIO IDD/MI 13TH ANNUAL CONFERENCE
Mental Health Aspects: Treatment & Support
September 21 & 22, 2015 | Crowne Plaza Columbus North Hotel, Columbus, OH

“Like” us on Facebook by going to facebook.com/NADDMHID

More information, visit www.thenadd.org/stateofohio or scan the code for direct access

I found I could say things with color and shapes that I couldn’t say any other way, things I had no words for.
-Georgia O’Keeffe

CONFERENCE LOCATION & HOTEL INFO

Crowne Plaza Columbus North-Worthington Hotel
6500 Doubletree Avenue, Columbus, OH 43229-1145

Event Days: September 21 & September 22, 2015

Hotel Rates $109.00* Single/Double Occupancy per night
We encourage you to make reservations as soon as possible as there is a small room block set up for these evenings. The special group rate for hotel reservations will be available until 8/30/15. Book now! Once the room block is full and/or the cut-off date has passed, reservations will be taken on a space and rate available basis.

Reservations: 1-614-885-1885 option #2 / mention: NDD or STATE OF OHIO IDD/MI

Online Hotel Reservations: www.thenadd.org/stateofohio
*Prices are subject to state and local taxes. All reservation requests must be guaranteed for arrival by a first night’s deposit or major credit card. Any reservations requiring cancellation must be cancelled before 4:00 p.m. on the day of arrival to avoid a penalty charge of one-night’s room and tax rate.

Check-In 4:00 p.m. / Check-out 11:00 a.m.
Guests are responsible for incidental charges and at check in will be asked for either a credit or debit card to guarantee phone and movie privileges. Please note that there is a late checkout fee after 4 p.m.

More Hotel & Location Information:
From I-71 take exit #117 to State Route 161 or Dublin Granville Rd. If coming from the north: turn right (west) if coming from the south: turn left (west) on 161. Turn right on Busch Blvd (first traffic light) to Kingsmill Parkway. Turn right on Kingsmill Parkway (third traffic light) and continue until it meets Doubletree Avenue directly at our parking lot.

Conference Etiquette
It is difficult to maintain room temperatures that are comfortable for all conference attendees. Be aware that room temperatures will vary throughout the conference center. A light sweater or jacket is helpful when room temperatures become too cool. Participants are asked to turn off cell phones and beepers when attending workshops, or to change them to a silent signal if necessary. Please step outside of the room when responding to a page or call.

Conference Planning Committee:
Betsey Benson, PhD, Nisonger Center (OSU); Lisa Christie (NADD); Kay Treanor (ODDC); Robert Fletcher, DSW, NADD-CC (NADD); Julie Gentile, MD (WSU); Tina Evans (DODD); Steven Ruedrich, MD (UH Hospitals); Michael Schroeder, MSW, NADD-DDS (OhioMHAS); Anna J. Esbensen, PhD (CCHMC); Marc J. Tassé, PhD, FAAIDD, Nisonger Center (OSU); Thaddeus J. Nestheide, PsyD (HamiltonDDS)