

NADD 35TH ANNUAL CONFERENCE & EXHIBIT SHOW

DANCING IN THE RAIN: EMBRACING LIFE THROUGH THE PRISM OF NEURODIVERSITY

31 OCTOBER—2 NOVEMBER 2018
MOTIF SEATTLE HOTEL, SEATTLE, WA



Who Should Attend: Administrators, Direct Support Professionals, Educators, Family Members, Nurses, Persons with Disabilities, Physicians, Psychiatrists, Psychologists, Researchers, Residential Providers, Service Coordinators, Social Workers, Students, Vocational Staff, and Mental Health Providers

www.thenadd.org/35th / REGISTER NOW!

Welcome to NADD's 35th Annual Conference!

I am delighted to welcome you all to the beautiful Northwest and to what promises to be an inspiring, stimulating, and educational experience.

This year's program addresses the challenges of individuals with IDD and mental health needs viewed through the lens of neurodiversity, a term used since the 1990's to describe neurological variation, such as autism, ADHD, dyslexia, intellectual disabilities, and some mental health disabilities. The neurodiversity movement frames neurological variation as a natural part of the human experience and an authentic form of human diversity. Rather than framing cognitive disabilities as pathologies in need of 'cure,' the neurodiversity movement focuses on accommodation, inclusion, civil rights, and support.

We are excited to be offering outstanding workshop content featuring industry experts. The conference will highlight topics that support and value individuals with IDD/MI, recognizing the complex combination of strengths and challenges persons with IDD/MI experience while looking at ways we can advocate for greater acceptance, understanding, and awareness. Exploring our work through the lens of neurodiversity will include discussions on improving communication, integrating technology for more independence, overcoming trauma, and increasing collaboration amongst systems.

This year's keynote lecture on Thursday, November 1, will be presented by Ajit Jetmalani, MD, who will speak about *Tales from the Field: What We Can Learn from the People We Serve*. The keynote lecture by Annette Estes, PhD, will be on Friday, November 2. Dr. Estes will speak about *Brain Development and Autism Intervention: What We are Learning & Where We are Going*.

Additionally, we are featuring: opportunities for young professionals to gather; a forum for our current trainers, certifiers, and accreditors to network together; a poster exhibit and silent auction; and several Breakfast Consultations designed for family members as well as professionals, which include topics that address the concerns and perspectives of *families. Topics include *The Science of Hope: How Families Keep Their Hope Alive*, *Mental Health in Autism*, *System Collaboration on Crisis Prevention*, and *Making Sense of Polypharmacy*.

An enormous amount of work goes into hosting our conferences, and I want to express my great appreciation for the following people, without whom this conference would not be possible: Conference Committee Chairs Jana Dreyzehner, Tony Thomas, and John and Traci Schneider; Family Voices Committee Chairs Julia Pierce and Sue Gamache; NADD Board of Directors; Lisa Christie and our NADD staff as well as the many committee members and volunteers. Thank you!

This year's conference is located at the Motif Seattle Hotel in downtown Seattle, Washington. With beautiful views of the city and steps from everything in downtown Seattle, the location is a perfect backdrop against which to explore the sights and sounds of Seattle. Located on 5th Avenue between Pike and Union, the Motif Seattle Hotel is close to shopping, the waterfront, and within walking distance of transportation by rail to the airport.

Our annual conference is a highlight of my year and a wonderful opportunity to share insights, learn together, and be in community with others dedicated to advocacy and to advancing research, knowledge, and best practices in the IDD/MI dual diagnosis community.

We thank each of you for your support in joining us, and I wish you all a wonderful conference experience. May you be inspired, enjoy each other's company, learn, and gain new insights.

Jeanne M. Farr, MA

NADD Chief Executive Officer

35th Annual Conference Chairpersons

Jana Dreyzehner, MD, Chief Medical Officer and founder Starfish Health, Nashville, TN;

Tony Thomas LISW-S, ACSW, Executive Director, Welcome House, Inc., WestLake, OH;

**Honorary Co-Chairpersons John Schneider, Seattle Seahawks Executive
Vice President & General Manager**

Traci Schneider, President of Seahawks Women's Association, Seattle, WA

Dancing in the Rain: Embracing Life Through the Prism of Neurodiversity

"Neurodiversity' is a term used since the 1990's to describe neurological variation, such as autism, ADHD, dyslexia, intellectual disabilities, and some mental health disabilities. The neurodiversity movement, led by autistic self-advocates and people with a wide range of other cognitive disabilities, frames neurological variation as a natural part of the human experience and an authentic form of human diversity. Rather than framing cognitive disabilities as pathologies in need of 'cure,' the neurodiversity movement focuses on accommodation, inclusion, civil rights, and support."

NADD is an organization that values family, opportunity, and treating people with fairness regardless of their political leanings or religious traditions.

This program will provide information regarding various topics in the field of Dual Diagnosis (IDD/MI).

Program Objectives

At the end of the conference, participants will be able to:

- Reflect on Lessons Taught by Individuals that We Support and Treat;
- Identify Neurobiological Developments in Autism Spectrum Disorder;
- Cite Several Therapeutic Approaches Used with Persons with IDD/MI;
- Describe Various Models Used by Service Providers to Implement Systems Change;
- Identify Components of NADD Accreditation or Credentialing.

Continuing Education

Program Description

This program will provide information regarding various topics in the field of Dual Diagnosis (IDD/MI).

Program Objectives

At the end of the conference, participants will be able to:

- Reflect on Lessons Taught by Individuals that We Support and Treat;
- Identify Neurobiological Developments in Autism Spectrum Disorder;
- Cite Several Therapeutic Approaches Used with Persons with IDD/MI;
- Describe Various Models Used by Service Providers to Implement Systems Change;
- Identify Components of NADD Accreditation or Credentialing.

Who Should Attend?

Administrators, Direct Support Professionals, Educators, Family Members, Nurses, Persons with Disabilities, Psychiatrists, Psychologists, Physicians, Researchers, Residential Providers, Service Coordinators, Social Workers, Students, Vocational Staff, and Mental Health Providers.

APA (Psychology): Drexel University College of Medicine, Behavioral Healthcare Education is approved by the American Psychological Association to sponsor continuing education for psychologists. Drexel University College of Medicine, Behavioral Healthcare Education maintains responsibility for the program and its content. This program is being offered for up to 12.5 hours of continuing education. The Pre-Conference Symposia can award 3 or 6 additional hours of continuing education.



ASWB (National Social Work): Behavioral Healthcare Education, provider #1065, is approved as a provider for social work continuing education by the Association of Social Work Boards, www.aswb.org, phone: 1-800-225-6880, through the Approved Continuing Education (ACE) program. Behavioral Healthcare Education maintains responsibility for the program. Social Workers will receive a maximum of 12.5 continuing education clock hours for participating in this course. The Pre-Conference Symposia can award 3 or 6 additional hours of continuing education clock hours.

NBCC (National Counselors): Drexel University College of Medicine/BHE is an NBCC-Approved Continuing Education Provider (ACEP (tm squared)) and may offer NBCC approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program." We can award a maximum of 12.5 hours of CE Credit. The Pre-Conference Symposia can award 3 or 6 additional hours of continuing education.

Please note: all sessions marked with + are not eligible for NBCC credit.

PSNA (Nursing): Drexel University College of Medicine, Behavioral Healthcare Education is an approved provider of continuing nursing education by the PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants will be awarded a maximum of 12.5 contact hours for attending this program. The Pre-Conference Symposia can award 3 or 6 additional hours of continuing education.

AUTHORIZED IACET PROVIDER CEU (IACET): Drexel University College of Medicine, Behavioral Healthcare Education has been accredited as an Authorized Provider by the International Association for Continuing Education and Training (IACET), 1760 Old Meadow Road, Suite 500, McLean, VA 22102.

In obtaining this approval, Drexel University, College of Medicine, Behavioral Healthcare Education has demonstrated that it complies with the ANSI/IACET Standard which is widely recognized as the Standard of good practice internationally. As a result of their Authorized Provider accreditation status, Drexel University, College of Medicine, Behavioral Healthcare Education is authorized to offer [1.25] IACET CEUs for its programs that qualify under the ANSI/IACET Standard. The Pre-Conference Symposia can award .3 or .6 additional hours of continuing education.

ACKNOWLEDGEMENT

Educational grants and Exhibit/Display support will be acknowledged in the participant handout. If you have questions or concerns, contact Lisa Christie at 800-331-5362.

NOTE:

Validation sheets must be turned in at conference on your last day. Continuing Education certificates will arrive electronically approximately 10 weeks after the conference from Drexel University College of Medicine. No certificates will be re-issued.

Donations Sought for Silent Auction

The Family Issues Committee will have their Annual Silent Auction during the NADD 35th Annual Conference in Seattle, WA.

All proceeds from the silent auction will support family members of individuals with intellectual and developmental disabilities and mental health needs to attend the annual conference. Small items, such as gift certificates, craft items, art, jewelry, books, music, etc., can be sent directly to:

c/o David O'Neal, MS, LMHC, MHP

NADD Family Voices Committee

Sound Mental Health

David O'Neal, MS, LMHC, MHP

Director, IDD Services

122 16th Avenue E.

Seattle, WA 98112

For specific questions regarding auction items, please contact

Julia Pearce 801-518-4892; runnamokk@hotmail.com.

*Requirement: Submission Form

Scholarship Support

A limited number of scholarships are available to persons with disabilities and their families, as well as for direct support professionals, to help defray the cost of the conference for those who would otherwise not be able to attend. This support is expected to be in the form of a registration reduction or waiver, and requests for other assistance will be considered.

Please go to the NADD website, www.thenadd.org, to fill out and submit the scholarship submission form. Due to the limited number of scholarships, we encourage you to do so as soon as possible.

. Family Committee Scholarships

. NADD Scholarships

. DSP Scholarships

*Requirement: Submission Form

ACKNOWLEDGEMENT

Educational grants and Exhibit/Display support will be acknowledged in the participant handout. If you have questions or concerns, contact Lisa Christie at 800-331-5362.

NOTE:

Validation sheets must be turned in at conference on your last day. Continuing Education certificates will arrive electronically approximately 10 weeks after the conference from Drexel University College of Medicine. No certificates will be re-issued after the conference.

Seeking Nominations for NADD Awards

Nominate a candidate for the following awards. These awards will be presented at the 35th Annual NADD Conference.

- . **The Earl L. Loschen Award for Clinical Practice**
- . **The Frank J. Menolascino Award for Excellence**
- . **DSP Award for Excellence Offers 2 nights in the hotel and a cash award of \$100.**
- . **Member of the Year Award**
- . **NADD Research Award**

*Requirement: See Guidelines for each

Exhibit Space is Available!

Exhibit at NADD's 35th Annual Conference. Space includes one 6-foot draped table and two chairs, plus one complimentary registration (Thurs. - Fri.). Literature Display Areas are also available. *See link below and send materials to Lisa Christie, e-mail: jbossert@thenadd.org

* Requirement: Submission of Appropriate Documents and Payment

*For more information on submission guidelines, forms, and availability of the above, please go to the conference webpage, www.thenadd.org/35th

KEYNOTE ADDRESS PRESENTERS

Thursday, November 1

Ajit Jetmalani, MD

Director, Division of Child and Adolescent Psychiatry
Joseph Professorship in Child and Adolescent Psychiatry Education
Oregon Health & Science University, Portland, OR

Tales from The Field: What We Can Learn from The People We Serve

Since completing his Training at the Yale Child Study Center in 1988, Dr. Jetmalani has worked in Oregon with children, youth, adults and their families at all levels of care. He is also a consultant to the Oregon Health Authority on policy implementation for the children's system.

Friday, November 2

Annette Estes, PhD

Research Professor of Speech and Hearing Sciences, Adjunct Research Professor of Psychology,
Director, University of Washington Autism Center, Susan & Richard Fade Endowed Chair, Seattle,
WA

Brain Development and Autism Intervention: What We are Learning and Where We are Going

Dr. Estes's research is focused on early brain and behavioral development in young children with ASD, effective early intervention, and supporting parents and families of children with ASD.

The NADD 35th Annual Conference, October 31, November 2, 2018 | Seattle, WA

Full session abstracts and scheduled secondary-presenters can be found at the conference link - www.thenadd.org/35th

Tuesday, October 30

7:00 - 8:00 PM EARLY BIRD REGISTRATION

Wednesday, October 31

7:00 AM REGISTRATION OPENS

9:00 AM - 12:15 PM PRE-CONFERENCE SYMPOSIA We are featuring six (6) half-day Pre-Conference Symposia below.

PRE-CON (I)

Public Policy Initiatives for Individuals with IDD and MI: Action Plan input through a Mini Summit to Enhance the December 6, 2017 Summit Recommendations

Level: INTERMEDIATE

Facilitators: Eileen Elias, MEd, JBS International, EElias and Company, West Barnstable, MA; Robert Fletcher, DSW, Founder & NADD CEO Emeritus, Kingston, NY along with Jeff Keilson, MA, Advocates, Framingham, MA; Jana Dreyzehner, MD, Starfish Health, PLLC, Nashville, TN; Melissa Cheplic, MPH, Robert Wood Johnson Medical School, New Brunswick NJ; Barbara Brent, National Association of State Directors of Developmental Disabilities Services (NASDDDS) Jack Rollins, National Association of Medicaid Directors (NAMD) & David Miller, MP, Aff, Project Director, National Association of State Mental Health Program Directors (NASMHPD), Alexandria, VA

The December 6, 2017 NADD Public Policy Committee's Summit promoted and advocated for person-centered community living through the lens of inter-systems collaboration with and for persons with IDD and co-occurring mental health issues. In collaboration with Summit Partners (ANCOR, NAMI, NASDDDS, and NASMHPD) NADD is using this lens through which all stakeholders (family members, managed care organizations, professional organization, providers, universities, federal government, State government, and advocates) work together to address the Summit's resulting recommendations. Since the December 6, 2017 Summit, three subcommittees have met, each with a broad stakeholder representation and facilitated by co-chairpersons. Each subcommittee identified the key factor preventing successful subcommittee outcomes in the nation's workforce challenges, especially in attaining and maintaining direct service personnel (DSP). Using specific questions and graphics, the Pre-Conference will use a Mini Summit process to obtain recommended action steps from participants. This Mini Summit will result in an inter related action plan. This plan will enhance and accelerate singular and cross subcommittee planning including person(s) responsible and completion dates for each action step. This Mini Summit will shorten each of the three subcommittees' planning processes. It will provide corrective workforce actions that impact person-centered planning and flexible funding on behalf of individuals with IDD and mental health issues.

PRE-CON (II)

DBT Skill Building & Emotion Regulation

Julie Brown, PhD, Westport, MA; Carol Tripp-Tebo, LMHC, The Bridge of Central Massachusetts, Worcester, MA; Alexandra Rosendahl-Santillo, The National Board of Health and Welfare, Lund, Sweden; Christian Cabrera, Community Justice Program, Department of Family and Community Services NSW, New South Wales, AUS

Level: INTERMEDIATE

This pre-conference will describe how Dialectical Behavior Therapy (DBT) strategies are used to help individuals with dual-diagnosis improve emotional regulation skills. Participants will learn DBT concepts/take-homes that can immediately inform current practices. Additionally, teams from the US and abroad will describe their DBT-based skills programs designed to treat this population.

PRE-CON (III)

Easing Life Transitions for Adults with Autism

Gary Stobbe, MD, University of Washington (UW) Adult Autism Clinic, Seattle, WA; Jill Locke, PhD Hala Annabi, PhD, University of Washington (UW), Seattle, WA; Therese Vafaezadeh, ARNP, Children's Hospital and Reginal Medical Center, Seattle, WA

Level: INTERMEDIATE

Adults with ASD face many challenges as they transition into adulthood. Currently, many people with ASD are having difficulties finding and keeping jobs, completing post-secondary education, and establishing meaningful engagement with the community as a whole. This pre-conference will discuss both barriers and strategies to improve success in adulthood.

- a) Introduction – Healthcare Transition for Adults with Autism- Gary Stobbe, MD,
- b) Autism in the Workplace - Hala Annabi, PhD
- c) Autism on Campus - Jill Locke, PhD
- d) Autism in the Community - Therese Vafaezadeh, ARNP

12:15 - 1:30 PM LUNCH (Attendees on Their Own)

1:30 - 4:45 PM PRE-CONFERENCE SYMPOSIA

PRE-CON (IV)

Working Together: 2 Systems, 1 Goal

Jim Corey, BA, Go Wise, Seattle, WA

Level: INTERMEDIATE

Join members of the WA state dd/id employment community who will share the challenges and progress in becoming one of the nation's leaders in integrated employment. We will then examine the two systems and forge a new strategic discussion about how to collaborate and increase employment outcomes for people of all abilities.

PRE-CON (V)

It Always Starts with the Person: Understanding Character Strengths, Culture and Language

Level: INTERMEDIATE

Joan Beasley, PhD, START Services, University of New Hampshire, Institute on Disability UCED, Concord, NH; MaryLou Bourne, National Association of State Directors of Developmental Disabilities Services; Tawara Goode, MA, Georgetown University National Center for Cultural Competence, Center for Child and Human Development Georgetown University UCEDD, Washington, DC

We all strive to provide services and supports for people with IDD in communities with opportunities for self-directed and meaningful life experiences. In order for this to truly occur, systemic barriers must be addressed, so that all people, including those with IDD MI can flourish in environments that respect and foster individual choice, cultural identity and character strengths. Participants will have the opportunity to learn about and practice person centered thinking, cultural and linguistic competency and positive strength-based approaches to support individuals with IDD MI. This will include exploration of what we can all do to help overcome some of the barriers in the current system of support.

PRE-CON (VI)

Promoting Health of Clients in Residential Settings with Care from (DSP) Direct Support Professionals IDD/MI.

Carl Tyler MD, MSc., Cleveland Clinic- Lakewood Family Health Center, Lakewood, OH; Tony Thomas, LISW-S, ACSW, Welcome House, Tamar Heller, PhD, Department of Disability and Human Development, University of Illinois at Chicago, IL

Level: INTERMEDIATE

Individuals with co-existing IDD and MI and the DSPs who support them experience poorer health due in part to their health-related behaviors and lifestyle choices. This session examines emerging understandings and evidence-based interventions to improve the health of both clients and DSPs.

4:45 PM REGISTRATION CLOSES

4:45-6:15 PM NADD NETWORKING RECEPTION WITH CASH BAR The network reception will begin the conference.

6:30-7:30 PM FAMILY ISSUES COMMITTEE/ FAMILY/ NETWORKING MEETING This is an opportunity for family members and professionals to get together and discuss the various issues concerning individuals with intellectual disabilities and mental health needs.

Thursday, November 1

7:00 AM REGISTRATION OPENS

7:30 - 8:30 AM BREAKFAST CONSULTATIONS WITH THE EXPERTS offering an opportunity for discussion, networking, and breakfast.

Breakfast (A) The Science of Hope; How Families Keep Their Hope Alive

Chelsea Holcomb, LCSW, Corvallis, OR; Susan Gamache, RN, MSN, Stormville, NY; Julia Pearce, West Jordan, UT; Jenise Woolf, St. Louis, MO

Level: Intermediate/ Advanced

A panel discussion, from professionals and family members, will introduce participants to the science of hope and the power that hope gives to families to persevere through times of crisis, calm, and everything in between.

Breakfast (B) Mental Health in Autism

Level: Intermediate/ Advanced

Gary Stobbe, MD, Seattle Children's Autism Center, UW Adult Autism Clinic, Seattle, WA

Adolescents and adults with autism spectrum disorder (ASD) are at higher risks for co-occurring mental health conditions. These conditions can reduce quality of life and interfere with progress and success. Specific mental health concerns will be identified and strategies to address these concerns will be discussed.

9:00 - 9:30 AM WELCOME FROM THE CONFERENCE CO-CHAIRPERSONS * Presidential Welcome and Opening Remarks * General Membership Meeting

9:30 - 10:30 AM PLENARY SESSION: **Tales from the Field: What We Can Learn from the People We Serve**

Ajit Jetmalani, MD, Director, Division of Child and Adolescent Psychiatry, Joseph Professorship in Child and Adolescent Psychiatry Education, Oregon Health & Science University, Portland, OR

Interactions with the people we serve are always potential moments of learning and growth for the care provider. This address will explore meaningful clinical experiences that align with accompanying important concepts in our field.

10:30 - 11:15 BREAK & EXHIBIT SHOW The NADD Exhibit Show will take place today from 10:30 a.m. to 5 p.m. and Friday from 10 a.m. to 4 p.m. in the break area. The show is a fantastic opportunity to view valuable services and products in our field as well as to network with peers and colleagues.

Full session abstracts and scheduled secondary - presenters can be found at the conference link - www.thenadd.org/35th

11:15 – 12:45 PM CONCURRENT SESSIONS

TO1 Addressing the Changing Needs of Frontline Staff

Macdonald Metzger, DPA, DSP Workforce Development, University of Minnesota, Oakdale, MN; Tony Thomas, LISW-S, ACSW, Welcome House, Inc., West Lake OH; Melissa Cheplic, MPH, NADD-DDS, The Boggs Center, Rutgers, New Brunswick, NJ

Level: All

This presentation looks at the changing needs of Direct Support Professionals (DSPs) and the increasing importance of lifelong learning in the IDD/MI field. This session will address how provider agencies and their learning administrators (frontline managers and supervisors) can incorporate and promote a stronger focus on lifelong learning for their direct support staff. It is hoped that lessons learned and experiences shared from this session will inform learning administrators and their organizations to take steps towards prioritizing in-service learning and development for their support staff, and hence achieve improved outcome for people supported. This is a two-part presentation. The first part addresses the significance of lifelong learning, while the second part looks at “Roadmap for NADD DSP Credentialing.”

T02 Hope and Practicality: Designing a Home

Gabriela Severino, Residential Services, Vita Community Living Services (VITA), Tottenham Ont., CAN; Brandy Wall, Residential Services, Vita Community Living Services, Barrie, Ont., CAN

Level: Beginner

Violence, Self-Harm, Complex Diagnoses, Multiple Past Placement Failures. When supporting members with complex needs, focus begins with a success-based attitude. Hope and practicality are integral to program development, implementation, transitional support(collaboration), and community involvement.

T03 FASD Prism: Community, Wellness, and Belonging

Nancy Whitney MS, LMHC, SCORE, NaphfCare, Inc., Des Moines, WA; Letha Fernandez, LMHC, CDP, MAC, DDMHS, Independent Contractor, DSHS, Renton, WA, US

Level: Intermediate/ Advanced

Fetal Alcohol Spectrum Disorder (FASD) is commonly undiagnosed in high-risk populations like community mental health and jails. It is important to identify these individuals and modify treatment approaches to address their needs in the community.

T04 A Consumer, Parent, and Professional Perspective on Anxiety

John Gamache, PhD, River Valley Psychological Services, Stormville, NY; Sue Gamache RN, MSN, Stormville NY; Emilie Corthell, Self Advocate, Seattle, WA

Level: Intermediate/ Advanced

Hear a young woman with ASD/anxiety describe how these challenges impact her life and how she has come to reduce that impact. The woman's mother will describe how she has come to understand anxiety's impact and how that has affected her advocacy role and their relationship. A psychologist, the adoptive father of two children with ASD, will describe the complex framework of psychological and analytic intrapersonal stress-processing mechanisms as a robust framework for conceptualizing stress tolerance.

T05 CBT Group Therapy for Adolescents with IDD

Brian Tallant, MS, Intercept Center, Aurora Mental Health Center, Aurora, CO

Level: Intermediate/Advanced

Adapted CBT techniques, motivational incentives, and behavior management techniques will be introduced, which teach skills and correct distortions that contribute to mood dysregulation and explosive behavior.

12:45-2:15 PM LUNCH ON OWN

2:15 – 3:45 PM CONCURRENT SESSIONS

T06 Mental Health Problems in People with Intellectual Disabilities

Yogesh Thakker MBBS, MD (Psychiatry), MRCPsych (UK), CCT (Psychiatry of Developmental Disability - UK), COAST, Alberta Health Services, Edmonton, Alberta, CAN

Level: Beginner

Common mental health problems in people with intellectual disabilities and/or ASD will be discussed. Signs of mental health problems that can be identified by caregivers and management options will be discussed using video vignettes.

T07 Technology Creates Connection and Independence

Allen Ray, BS, MTE, SimplyHome, Ashville, NC; Ronald Little, REACH Inc., Juneau, AK

Level: All

Learn how partnering today's enabling technology with innovative providers is not only creating successful outcomes for those desiring independence but is also supplying a fundamental component of supporting person-centered lives in the community.

T08 What About a Service Dog?

Shannon Benaitis, PHR, Albatross Training Solutions, Darien, IL

Level: Beginner

Service dogs and emotional support animals are everywhere these days. Who can they help? How do people pay for them? Where do you start looking? Learn how to help the people you support answer these questions and more.

T09 Rubber Boots for Dancing

Eric Tadehara, LCSW, MPA, Children, Youth and Families, Division of Substance Abuse and Mental Health, Salt Lake City, UT; Tracy Johnson, TTI - MH/IDD pilot, Allies with Families, Tropic, UT; Julia Pearce, Trainer/AT Specialist, UCAT, Utah Center for Assistive Technology, West Jordan, UT

Level: Intermediate/Advanced

Utah has begun a transformation project that includes two focuses: one is training for families about what IDD/MH is and a peer support model for helping individuals and their families access appropriate services. We started with this family focused-process and learned some things along the way. We would like to share our findings, where we had success, and how we have adapted and added partners along the way to keep a family-driven process improving services and supports for individuals and families in Utah.

T10 People at Risk of Unlawful Behavior

Marc Goldman, MS, LPA, Consultant, Durham, NC

Level: Intermediate/Advanced

Those committed to providing supports for people with intellectual disabilities at risk of unlawful behavior are tasked with designing, implementing, and maintaining interventions that provide for safety as well as treatment. Although this is done on a daily basis for non-offending individuals, the risks are often significantly higher for this group. This presentation will describe specific safety and treatment supports that increase the likelihood of reaching the goal of "No more victims."

3:15 -3:45 PM

3:45 - 5:15 PM CONCURRENT SESSIONS

T11 We All Should Dance (understanding Autism)

Lisa Clauson-McIntosh, Disability Studies, Faculty of Medicine, U of Calgary, Office of the Public Guardian, Government of Alberta, Sherwood Park Alberta, CAN; Delaineya Tremblay, Child and Youth Support Worker, Transitions St. Albert, Alberta, CAN

Level: Beginner

Autism Spectrum Disorders are fairly new to the world of disabilities. We have not even decided on a cause, or definite treatment. All we, as people, caregivers, and parents, can do is try to understand, show empathy, watch and learn. And perhaps advocate. This presentation is a way of doing just that.

T12 What's in a Name?: The Critical Importance of an Accurate Diagnostic Formulation

Lauren Charlot, LICSW, PhD, Department of Justice, Becket Multidisciplinary Consultation Team for Individuals with Intellectual Disabilities and Mental Health Disorders, Member of the Center for START Services National Consultation and Training Team at UNH, Savannah, GA; Joan Beasley, PhD, Center for START Services at the University of New Hampshire, Institute on Disability UCED, Concord, NH; Andrea Caoili, LCSW, College of Health and Human Services, School Of Social Work, University of New Hampshire, Member of the Center for START Services National Consultation and Training Team at UNH, New Bern, NC

Level: Advanced

In this presentation, we will summarize strategies integral to the START model that we have found enhanced our efforts to develop more accurate diagnostic hypotheses. How do the causes of a symptom, medical, or mental health challenge get missed for anyone, but especially for people with IDD who have behavioral health needs? What does it mean when you receive the wrong diagnosis? How often are people treated when the treaters don't know what they are treating, or when they are treating the wrong thing? In this session, we will explore the significance of getting the diagnostic case formulation right, including a look at what has been learned about the consequences and causes of diagnostic errors in healthcare and mental healthcare. Three case examples of individuals with IDD will be presented to drill down and examine the process of arriving at a diagnosis and pitfalls long the way. The participants will be invited to problem solve and help devise diagnostic hypotheses as the cases are reviewed.

T13 Roadmap for NADD DSP Credentialing

Melissa Cheplic, MPH, NADD-DDS, Boggs Center on Developmental Disabilities, Rutgers University, New Brunswick, NJ; Macdonald Metzger, PhD, Research and Training Center on Community Living, University of Minnesota, Minneapolis, MN; Tony Thomas LISW-S, ACSW, Welcome House, WestLake, OH

Level: Beginner

Certification helps DSPs advance their career, provides meaning to their work, and recognizes excellence. NADD has developed the Competency-Based Direct Support Professional Certification Program to certify the competency of those who work closely supporting people with a dual diagnosis. This session will outline a pathway to empower staff and guide provider agencies to build capacity in IDD/MI as they prepare for the NADD DSP credential. We will highlight the importance of NADD performance indicators as guidelines to hire, identify, prepare, train, and mentor staff for successful Certification.

***T14 Creating Culture of Acceptance & Equality for the Neurodiverse Community**

Victoria St. John, Impact Entrepreneur, Neurodiversity Expert and Self Advocate, ICU2, Boulder, CO

Level: Advanced

This presentation will discuss the term, "Neurodiversity", her perception as a self-advocate. She will discuss her experiences, strengths and challenges faced through years of being undiagnosed by adapting and masking certain behaviors to be accepted by others. She will discuss her new mission of her organization, ICU2 and the creation of employment placement services for the Neurodiverse Community.

T15 Vicarious Trauma: Practical Approaches to Self-Care

Level: Intermediate/Advanced

Lara Palay, MSW, LISW-S, Aldridge Palay, Columbus, OH

With high rates of trauma in the I/DD population, vicarious (second-hand) trauma is a real risk for staff. We will explore powerful mindfulness and brain-body techniques for staff and professionals. In this session we will explore the rates of trauma in individuals with developmental disabilities and how trauma impacts their ability to interact with others. We will link these effects to an increased risk of vicarious trauma in staff, including defining what it is, how it occurs, and discussing how to prevent it. We will present information about mindfulness and brain-body connection as it relates to trauma and stress, focusing on current research and practice. This session will include experiential practice with mindful awareness techniques chosen for their ease and portability. Participants will learn how to begin creating a regimen for self-care, and we will discuss preliminary recommendations for agency supports for staff.

5:15 PM REGISTRATION CLOSES

5:30 - 7:00 PM NADD 35TH ANNUAL WELCOME RECEPTION, ANNUAL POSTER SESSION & SILENT AUCTION

NADD would like to take this opportunity to welcome everyone to this year's NADD 35th Annual Conference at Seattle Motif Hotel, in Seattle, WA. The NADD Annual Poster Session and a silent auction to benefit the NADD Family Committee will take place at this time. You won't want to miss it, so come out and support this important committee. There will be hors d'oeuvres and a cash bar. Interact with friends, old and new, take in the poster session, participate in the silent auction, exchange ideas, and network with colleagues.

7:00 - 8:00 PM SPECIAL INTEREST GROUP MEETINGS: Psychopharmacology, Psychotherapy, Students and Young Professionals Meet and Greet. COMMITTEE MEETINGS: Membership, US Policy, Research

Friday, November 2

7:15 AM REGISTRATION OPENS

7:30 - 8:30 AM BREAKFAST CONSULTATIONS WITH THE EXPERTS offering an opportunity for discussion, networking, and breakfast.

***Breakfast (A) System Collaboration on Crisis Prevention**

Jana Dreyzehner, MD, Starfish Health, PLLC, Nashville, TN

Level: Intermediate/Advanced

Successful prevention of behavioral crises in persons with dual diagnosis occurs long before the escalation of emotion begins and involves development of skills (communication, relational, and emotion regulation) that require effective collaboration of the individual's multiple systems of support.

Breakfast (B) Making Sense of Polypharmacy

Thomas Scheidemantel, MD; Stephen Ruedrich, MD, Case Western Reserve University School of Medicine, Cleveland, OH

Level: Intermediate/Advanced

As many as 50 per cent of adults with intellectual and developmental disabilities are prescribed one or more psychotropic medications, often in the absence of a well-defined psychiatric disorder. This presentation will focus on common medication side effects, and ways to navigate through the minefield of (potentially avoidable) polypharmacy.

8:45 - 9:15 AM WELCOME / PRESENTATION OF THE FRANK J. MENOLASCINO AWARD Jeanne Farr, NADD & CEO

9:00 - 10:00 AM PLENARY SESSION: **Brain, Behavior, and Development in Young Children with Autism: What We Are Learning and Where We Are Going**

Annette Mercer Estes, PhD, University of Washington, Seattle, WA

There has been tremendous progress in autism research, from neuroscience to clinical practice. This session will integrate perspectives on early development in autism, from brain to behavior, and suggest how new research might impact intervention.

10:00 – 10:30 AM BREAK & EXHIBIT SHOW

The NADD Exhibit Show will take place today from 10:00 a.m. to 10:30 a.m. in the break area. The show is a fantastic opportunity to view valuable services and products in our field as well as to network with peers and colleagues.

10:30 – 12:00 CONCURRENT SESSIONS

F01 Ten Clinical Rules We Live By

Kenneth Boss, MD, FRCPC, Developmental Disabilities Service North Bay Regional Health Centre, North Bay ON, CAN; Amy Betzner-Massana, Mental Health Clinician, Developmental Disabilities Service, Canadian Mental Health Association, North Bay ON, CAN

Level: Intermediate/Advanced

“Expert opinion” can help to guide clinical practice when higher-level evidence is lacking. Approaches to common clinical scenarios in DD/ID psychiatric practice will be presented alongside traditional evidence from non-disabled populations.

F02 The Encouragement Network: Building Partnerships

Bruce Davis, PhD, LPC, BCBA-D, Behavioral and Psychological Services TN Department of Intellectual and Developmental Disabilities, Murfreesboro, TN; Jana Dreyzehner, MD, Starfish Health, Knoxville, TN; Celine Turco, PhD, Director, Research and Development, Inperium, Oviedo, FL

Level: Intermediate/Advanced

Many people with IDD continue to struggle to be successful in their communities. The Encouragement Network is a partnership among members of the service system to better serve those with severe behavioral difficulties.

F03 Self-Injurious Behavior: Characteristics, Policy and Practice

Valerie Bradley, MA, National Core Indicators, Human Services Research Institute, Cambridge, MA; David Rotholz, PhD, Center for Disability Resources (UCEDD), University of South Carolina School of Medicine, Columbia, SC

Level: Intermediate/Advanced

NCI data provide an overview of the characteristics and outcomes of those exhibiting self-injurious behavior. These data offer important implications for public policy. They also reinforce the need for positive behavior approaches to ameliorate SIB.

F04 Enhancing the Field: Becoming a NADD Accreditor

Donna McNelis, PhD, NADD-CC, Behavioral Healthcare Education, Drexel University, Philadelphia, PA; Deceil Moore LCSW, NADD-CC, Behavioral Health, Citizens Advocates, Inc., Malone, NY; Ray Snyder, MBA, Service Access & Management Inc., DuBois, PA; Bruce Davis, PhD, Tennessee Department of Intellectual and Developmental Disabilities, Nashville, TN

Level: Intermediate/Advanced

The NADD Accreditation Program was developed to improve the quality and effectiveness of services provided to individuals with IDD/MI through the development of competency-based professional standards and through promoting ongoing professional and program development. To become a NADD accreditor, one must have command of the 18 competency-based modules. This session will provide education about the modules, a demonstration of the accreditation process and an elucidation of technical details necessary to conduct a site review. Attendees will leave the session ready to be considered for the next step in becoming a surveyor and thus helping to enrich the lives of individuals and their families through accreditation of state-of-the-art services and supports that promote optimal wellness.

F05 Acceptance & Commitment Therapy: Applications

Judith Hill-Weld MS, LMFT, Private Practice, Nevada City, CA

Level: Intermediate/Advanced

Through case studies and experiential exercises, participants explore and evaluate applications of Acceptance & Commitment Therapy (ACT) in psychotherapy with children and adults with ID/DD. We will emphasize psychological flexibility, values clarification, and mindfulness.

12:00 – 1:15 PM NETWORK LUNCHEON: Presentation of Awards

1:15 – 2:45 PM CONCURRENT SESSIONS

F06 Trauma Treatment for Individuals with IDD

John Keesler, PhD, LMSW, Indiana University, Bedford, IN; Jim Wiltz, PhD; Mary McKinney, LCSW, Milestones, Stone Belt, Bloomington, IN

Level: Intermediate/Advanced

There is a dearth of evidence-based trauma treatments for individuals with IDD. This presentation will explore the preliminary utilization and efficacy of Progressive Counting in treating this population.

F07 Training the Brain into Emotional Intelligence

Lorena Rucaj, MA, LMHC, Residential, Community Living Corporation, Mount Kisco, NY

Level: Intermediate/Advanced

This presentation teaches care providers the neuroscience of emotional intelligence development, a neuroanatomical understanding of emotional reactivity and regulation processes, tools of emotional regulation, and evidence-based strategies to training the brain into maintaining psychological well-being.

F08 NTG-EDSD: A Shared Dementia Care Decision-making Tool

Level: Intermediate/Advanced

Lucille Esralew, PhD, NADD-CC, Redwood Coast Regional Center, Ukiah, California CA

The NTG-EDSD is a practical rating tool that helps caregivers capture observations of change in functioning likely to be associated with dementia. Information obtained from ratings can be used to design relevant supports and services.

F09 Positive Supports: Technical Assistance and Population Health Management Strategies

Daniel Baker, PhD, NADD-CC, MN Department of Human Services, St. Paul, MN; Steve Dahl, MSW, LGSW, Community Support Services, MN Department of Human Services, Vadnais Heights, MN

Level: Intermediate/Advanced

Care providers working with persons who have IDD often struggle to find effective interventions for people with challenging behaviors. Positive Behavior Supports and Person-centered Thinking are concepts which increasingly guide our field and assist in finding specific techniques which can help to ease difficult times. We will review concepts in positive support, focusing on evidence-based practices. Connections will then be made to technical assistance strategies and population health management used across the State of Minnesota. Examples, exercises, and case studies are included in this interactive sessions.

F10 Preparing Your Organization for Challenging Clients

Courtney Downing, MA, Welcome House, Inc., Westlake, OH; Tony Thomas, LISW, Welcome House, Inc. Westlake, OH

Level: Intermediate/Advanced

Finding ways to adapt your organization to accommodate individuals with dual-diagnosis and behavioral challenges is critical as the face of disability changes. This presentation will discuss what our organization has done in order to prepare for an increasing number of younger persons with Autism Spectrum Disorder (ASD) and a dual diagnosis (IDD and MH).

2:45 – 3:00 pm BREAK

3:00 – 4:30 PM CONCURRENT SESSIONS

F11 Dual Diagnosis: Integrating Three Service Domains

Philip Smith, PhD, Rutgers RWJ Medical School, The Elizabeth M Boggs Center, New Brunswick, NJ

Level: Intermediate/Advanced

Describing individuals with IDD and MI as “dually diagnosed” masks the fact they often require intervention in three domains, not two. This presentation discusses challenges and strategies integrating all three: treatment, ABA/PBS, and disability supports.

F12 Using Visual Aids to Communicate

Miranda Khemchand, BST, BA (hons), Vita Community Living Services, Toronto, ONT, CAN; Melecia Washington, BST, Vita Community Living Services, Scarborough ONT, CAN

Level: Beginner

This presentation will focus on the use of visual aids to improve communication between support staff and members in residential/ community settings. Specific strategies will be described to promote skill building and reduce challenging behavior.

F13 Developmental Disabilities Clinical and Research Rounds

Level: Intermediate/Advanced

Rob Nicolson, MD; Sarah O'Flanagan, HBA, Schulich School of Medicine & Dentistry, Western University, London ONT, CAN

In order to enhance the continuing education of health professionals and increase inter-professional collaboration among professionals working in the field of Intellectual Disabilities, the Developmental Disabilities Program at Western University has developed monthly Developmental Disability rounds.

F14 Addressing Gaps: Clients Experiencing Co-Occurring Disorders

Dee Nighswonger, LMSW, LCAC, Sedgwick County, Wichita KS; Nicole Freund, PhD, MA, MBA; Hannah White, MA, Center for Applied Research and Evaluation, Wichita State University, Community Engagement Institute, Wichita, KS, Center for Applied Research and Evaluation; Carri McMahon, MPA, Center for Organizational Development and Collaboration, Wichita State University: Community Engagement Institute, Wichita KS

Level: Intermediate/Advanced

This session will present research about how individuals and families experience gaps in treatment when there are co-occurring diagnoses and the ways one developmental disability organization has worked to address this gap.

F15 School-Based Collaboration: Ten Years of Healing Trauma

*Myrna Willick, PhD, Meitheal, Greater Saskatoon Catholic Schools, Saskatoon Saskatchewan, CAN;
Kathryn Day, Bed, Meitheal, E.D.F. Catholic High School, Saskatoon Saskatchewan, CAN
Rosanne Kerr, Med, Student Services (Meitheal), Greater Saskatoon Catholic Schools, Saskatoon Saskatchewan, CAN*

Level: Intermediate/Advanced

Our interprofessional school-based mental health team, Meitheal, provides support to our students with a Dual Diagnosis (DD). We also advocate for improved mental health service in the community by sharing the strength of Positive Interactive Behavioral Therapy (P-IBT)

4:45 REGISTRATION CLOSES

*** These sessions may have particular interest to family members as well as professionals.**

§ Secondary Presenters Scheduled. Please note: all sessions marked with. are not eligible for NBCC credit.

Levels Key: L:B = Beginner; L:IA = Intermediate Advanced; L:A = Advanced

More information, visit

www.thenadd.org/35th

or scan the code for direct access

2018 Registration

NADD 35th Annual Conference | October 31 - November 2, 2018

4 Easy Ways to Register: Online at www.thenadd.org/35th / Mail/ Fax/ Download Brochure schedule-at-a-glance

We urge people to pre-register online. Debit/Credit Cards are the only accepted payment methods available online: MasterCard, Visa, and Discover.

Individual registrations can be done online. Group registrations should contact the NADD Office at 845-331-4336. Payment is due at the time of registration.

Cancellation Policy: A cancellation fee of 25% will be charged for all cancellations made before **October 12, 2018**. Cancellations must be submitted in writing at info@thenadd.org. No refunds will be given for cancellations received after **October 12, 2018**.

Registration will be accepted until **Monday, October 22, 2018**; at that time pre-registration will close. On-site registration is available but may be limited.

Faxed registration forms (845-331-4569) must include check numbers and/or credit card numbers in the payment area in order to be processed. If a check is being sent separately, registrant name(s) and conference date **MUST** be included. Please do not mail registration forms that have already been faxed.

Information, questions email info@thenadd.org.



BOARD OF DIRECTORS

President

Daniel Baker, PhD, NADD-CC

Woodbury, MN

Immediate Past President

Donna Nagy McNelis, PhD, NADD-CC

Philadelphia, PA

Vice-President

Peggie Webb, MA

Murrieta, CA

Secretary

George Zukotynski, PhD

Pflugerville, TX

Treasurer

Terrence McNelis, MPA, NADD-DDS

Erdenheim, PA

Bruce Davis, PhD

Murfreesboro, TN

Mark Fleisher, MD, NADD-CC

Omaha, NE

Eileen Elias, MED

West Barnstable, MA

Jeffrey Keilson, MA

Framingham, MA

Susan Morris, BSW, MSW, NADD-DDS

Toronto, ON, Canada

James Napolitan, PhD

Chicago, IL

Julia Pearce

West Jordan, UT

Stephen Ruedrich, MD

Cleveland, OH

Hugh Sage, PhD

Enid, OK

CHIEF EXECUTIVE OFFICER

JEANNE FARR, MA, NADD CEO

Kingston, NY

35th ANNUAL CONFERENCE PLANNING COMMITTEE

Co-Chairpersons

JANA DREYZEHNER, MD

TONY THOMAS LISW-S, ACSW

Honorary Co-Chairpersons

JOHN SCHNEIDER

TRACI SCHNEIDER

GWEN BARNHART, PHD

ALICIA BAZZANO, MD

RICH BLUMBERG, PHD

LISA CHRISTIE, CMP Candidate

ROBERT J. FLETCHER, DSW, ACSW, FAAID, NADD-CC

SUSAN GAMACHE

CHELSEA HOLCOMB

MARYA LAVISTE, MS, MHP, LMHC

DONNA MCNELIS, PHD, NADD-CC

DAVID O'NEAL

TOM SCHEIDEMANTEL, MD

GARY STROBBE, MD

CHE WALKER

JAMES WILTZ, PhD, HSPP NADD-CC

CONFERENCE LOCATION, HOTEL & TRAVEL INFORMATION

OCTOBER 31 - NOVEMBER 2 | WEDNESDAY - FRIDAY

Reserve Hotel Rooms Now!

Conference Location:

Note: Hotel Reservations are separate from registration fees.

Motif Seattle Hotel

1415 Fifth Ave., Seattle, WA 98101

Hotel Rates: Rate: \$225.00, plus Amenity Fee \$12.95++ Single/Double Occupancy

On-line: Visit the link www.thenadd.org/35th/

Phone Reservations (206) 971-8000 Group Code Mention: **NADD0919**

Group rate available until September 26, 2018 or once filled whichever comes first. Book now!

Check-In: 4:00 pm/Check-Out: 12:00 noon

TRAVEL INFORMATION

City Information: Seattle, WA

Seattle, WA

<https://www.visitseattle.org/>

Airport Information

Recommended flying is into Seattle-Tacoma Airport, 15 miles (20 min drive) from the Motif Hotel. Driving time may be affected by local conditions and traffic.

Light Rail for the Adventurous / Experienced /Savvy Souls

Offers transportation to/from Sea-Tac Airport. Nearest access point to Motif Seattle is at Westlake Center a half-block away. For more information please visit <http://www.soundtransit.org/>

Hotel Parking Information

Self Parking Only \$32+ tax per day (Hotel Guests). In by 9 am \$ 14+ for 10 hours. Hourly \$9+ additional hours \$5 Estimated charges

Shuttle Express

Advanced reservations required. For more information call 425-981-7000 or visit their website to book online.

SAVE the DATE:

NADD 36th Annual Conference & Exhibit Show 2019

OCT 23 -25

Astor Crowne Plaza Hotel - New Orleans French Quarter

New Orleans, LA

NADD 35th Annual Conference & Exhibit Show 2018

Dancing in the Rain: Embracing Life Through the Prism of Neurodiversity: IDD/MI

10/31 – 11/2, 2018 (Wed – Fri)

Motif Seattle Hotel