



15TH ANNUAL
NADD: STATE OF OHIO
IDD/MI CONFERENCE

MENTAL HEALTH ASPECTS: TREATMENT & SUPPORT

September 25 & 26, 2017 | DoubleTree by Hilton | Columbus, Ohio

Who Should Attend?

Administrators • Psychologists
Direct Care Professionals • Physicians
Educators • Residential Providers
Family Members • Social Workers
Nurses • Students
Persons with Disabilities
Researchers • Vocational Staff
Psychiatrists • Therapists
Criminal Justice Systems Personnel
Employment Specialists
Case Managers
Client Coordinators

Jointly Sponsored By:

NADD, Ohio Department
of Mental Health and
Addiction Services
(OhioMHAS)

In Association With:

Ohio Department of Developmental Disabilities (DODD)
The Ohio State University Nisonger Center (UCEDD)
Ohio Coordinating Center of Excellence in MI/DD (CCOE)
Ohio Developmental Disabilities Council (ODDC)
Ohio Provider Resource Association (OPRA)
Welcome House, Inc.

www.thenadd.org/stateofohio

KEYNOTE ADDRESS PRESENTERS



Julie Gentile, MD, NADD-CC

Julie P. Gentile, MD is a Professor and Interim Chair at Wright State University Department of Psychiatry and the Project Director/Primary Investigator for Ohio's Coordinating Center of Excellence in Mental Illness/Intellectual Disability and for Ohio's Telepsychiatry Project

for Intellectual Disability, serving over 950 persons with intellectual disability from 65 counties.

Dr. Gentile has evaluated over 3,500 people with IDD since 2000. She is the recipient of the American Psychiatric Association's and NADD's Menolascino Award for Excellence in Psychiatric Services for Individuals with Intellectual Disability.



Leigh Ann Davis, MSSW, MPA

Leigh Ann Davis, MSSW, MPA is Director of Criminal Justice Initiatives at The Arc of the United States and directs The Arc's National Center on Criminal Justice and Disability.

With over 20 years of experience in the intellectual/developmental disability (IDD) and criminal justice fields, Ms. Davis has worked with both disability and criminal justice professionals and agencies, as well as people with disabilities, to build stronger lines of open communication and understanding between these two worlds.

DAY ONE MONDAY, SEPTEMBER 25, 2017

8:00 - 9:00 a.m. REGISTRATION

9:00 - 9:30 a.m. WELCOME, OPENING REMARKS AND LEADERSHIP RECOGNITION

Robert Fletcher, DSW, NADD-CC, NADD Founder and CEO; Tracy Plouck, Director of the Ohio Department of Mental Health and Addiction Services (OhioMHAS); John Martin, Director of Ohio Department of Developmental Disabilities (DODD).

9:30 - 10:30 a.m. KEYNOTE ADDRESS

Psychopharmacology Updates

Dr. Gentile will review published guidelines for prescription of psychotropic medications and current recommendations for treatment of psychiatric conditions. New medications and FDA guidelines will be reviewed and prescribing nuances related to the IDD population will be discussed. Attendees will be provided handouts of consensus guidelines and evidence-based medicine principles for people with co-occurring IDD/MI conditions.

Julie Gentile, MD, NADD-CC, Wright State University, Dayton, OH

10:30 - 10:45 a.m. BREAK

10:45 a.m. - 12:15 p.m. CONCURRENT SESSIONS I

SESSION 1:

Adapting DBT Skills Training for Adults

The presenters have adapted Dialectical Behavioral Therapy (DBT) Skills Training for group counseling with adults with IDD. DBT Skills Training, DBT research, counseling adaptations, and client outcomes will be examined.

Patrick Keenist, LPC, MEd, MEd; Jeff Marinko-Shrivers, PhD, Alexander Griffin, Franklin County Board of DD, Columbus, OH

SESSION 2:

Understanding Human Trafficking

Presenters will discuss current legislation dealing with Human Trafficking and how to recognize, report, and support someone if they are victimized by Human Trafficking. Attendees will take away what are the vulnerabilities of individuals with developmental disabilities.

Patricia Stephens, BS, MA, Community Supporter, Lucas County Board of Developmental Disabilities, Toledo, OH; Steve Mentrek, BS, MA, Weston, OH

SESSION 3:

What Media Teaches Us About Resiliency

Unfortunately, trauma is a common experience for many. By connecting research-based interventions with examples from various media forms, this workshop shows how people can overcome trauma and build resiliency.

Justin Madison, LPC; Rose Morgan, LSW, Stark County Board of DD, Canton, OH

12:15 - 1:45 p.m. LUNCH (Attendees on Own)

1:45 - 3:15 p.m. CONCURRENT SESSIONS II

SESSION 4:

Why Won't You Teach Us?

Priority "1": Get individuals into community living and employment! But are we sending them into a den of wolves? Why aren't we teaching

the basics of how to carry oneself; being safe in their relationships... and more? They want to know!

Barbara Thomas MEd, CSE, JSOC, CSES, The TALL INSTITUTE, TECS, Education Center, Cincinnati, OH

SESSION 5:

DSPs: The Lynchpin for Healing Trauma

Trauma Responsive Care and the CALMER model helps DSPs respond to individuals, promoting healing. We will highlight this brain-based approach and discuss how providers can implement these practices with staff.

Lara Palay, MSW, LISW-S; Kevin Aldridge, MA, Aldridge Palay Consulting, Aldridge Palay Group, Westerville, OH

SESSION 6:

Down Syndrome Research - New Stories & Case Studies

This will be a description of current translational research in Down Syndrome, which will include a discussion on new results from our research team and others and on the potential influence of such findings on clinical practice in the near- to mid-term future.

Alberto Costa, MD, PhD, Case Western Reserve University, Cleveland, OH

3:15 - 3:30 p.m. BREAK

3:30 - 5:00 p.m. CONCURRENT SESSIONS III

SESSION 7:

Schizophrenia in Individuals with ID/D

This presentation covers the basics of diagnosing schizophrenia and psychotic disorders in people with ID/D and will include discussion of co-occurring conditions and current treatments in an active, adult-learning style.

Allison Cowan, MD; David Dixon, DO, Wright State University, Dayton OH

SESSION 8:

Programs for Community Transition in Ohio

Representatives from the Ohio Department of Medicaid and the Ohio Department of Mental Health and Addiction Services will provide an overview of programs that assist with person-driven transitions to integrated, community-based settings.

Carol Schenck, LISW-S, HOME Choice, Ohio Department of Medicaid, Columbus, OH; Rebecca Grimm, MSW, LSW, OhioMHAS Community Transitions, Ohio Department of Mental Health and Addiction Services, Columbus, OH

SESSION 9:

Clifton House-Transitional Housing for Aged Out Youth

This presentation will discuss a one-year transitional housing program called Clifton House that was started in 2016 with VOCA funding. The program is designed to house youth aged 18-24 who have aged out of foster care and have been identified as having ID/D.

Kristi Miller, MSW, LSW; Kirsten Fawcett-Dubow, LISW-S, Clifton House, Welcome House, Westlake, OH

5:00 - 5:15 p.m. Day 1 Concludes.

PLEASE RETURN CONFERENCE EVALUATIONS

Pick-up appropriate CE certificates (if applicable).

DAY TWO TUESDAY, SEPTEMBER 26, 2017

8:15 - 9:00 a.m. REGISTRATION

8:45 - 9:15 a.m. WELCOME, ANNOUNCEMENTS

Robert Fletcher, DSW, ACSW, NADD-CC, NADD Founder & CEO

9:15 - 10:15 a.m. KEYNOTE ADDRESS

Moving from Crisis Intervention to Crisis Prevention: A National Perspective on Criminal Justice Efforts in I/DD

The criminal justice system is a complex system that becomes even more confusing for people with disabilities who face barriers to justice. This plenary session provides an overview of the issue nationally, discussing both core challenges and promising solutions to what often feels like an overwhelming giant to conquer alone. Both conceptual or philosophical shifts in thinking and concrete programmatic ideas will be explored and applied to people with IDD as both suspects and victims.

Leigh Ann Davis, MSSW, MPA, National Center on Criminal Justice and Disability (NCCJD), The Arc-US, Washington, DC

10:15 - 10:45 a.m. BREAK

10:45 a.m. - 12:15 p.m. **CONCURRENT SESSIONS I**

SESSION 1:

From the DSM-5 to the DM-ID-2

The Diagnostic Manual-Intellectual Disability: A Textbook of Diagnosis of Mental Disorders in Persons with Intellectual Disability, 2nd ed. (DM-ID-2) was developed to facilitate an accurate psychiatric diagnosis in persons who have ID. The DM-ID-2 provides a thorough discussion of the issues involved in reaching an accurate diagnosis. Grounded in evidence-based methods and supported by the expert-consensus model, DM-ID-2 offers a broad examination of the issues involved in applying diagnostic criteria for psychiatric disorders to persons with intellectual disabilities. The DM-ID-2 is an essential resource for every clinician who works with individuals with a dual diagnosis (IDD/MI).

Robert Fletcher, DSW, ACSW, NADD-CC, Kingston, NY

SESSION 2:

Sexuality: Risk, Rights, and Direct Support Professionals

Direct Support Professionals may often encounter sexualized behavior that creates challenges in their daily work. How do these individuals understand and navigate these highly complex situations within community-based/integrated settings?

Jason Buckles, PhD, LPCC, A Better Way of Living; Albuquerque, NM

SESSION 3:

Hidden Sorrows: Bereavement in IDD Population

Individuals with IDD express grief differently from the general population. These expressions often go undetected. This presentation will review interventions and grief supports that meet the needs of these individuals.

Pamela McCoy, MA, LMHC; Brian Kriebel MS, LMHC, Milestones. Clinical Division of Stone Belt, Arc, Columbus, IN

12:15 - 1:45 p.m. LUNCH (Attendees on Own)

1:45 - 3:15 p.m. **CONCURRENT SESSIONS II**

SESSION 4:

Sharing Control and Power:

A Training for Direct Support Professionals

When people feel a lack of power and control, they often express it through their behavior. Direct Support Professionals can use several strategies to assure that the people they support have as much power and control as possible.

Bradley Wyner, NADD-DDS, Rose-Mary, Euclid, OH

SESSION 5:

DDTT: Promoting Recovery, Collaboration & Hope

This presentation on the DDTT model includes a panel comprised of individuals involved with the DDTT, including professionals and a county entity. The DDTT and panel will discuss how the DDTT model is supportive for working to support individuals diagnosed with mental health/IDD. There will be interviews with consumers presented via video as well discussing how the DDTT has affected them and what the DDTT has done to support their MH/PH wellness goals. The presentation will also review means for partnering with supports to overcome barriers and systemic challenges for supporting individuals with dual diagnoses.

Kristin Cline, MS, LPC, CAADC, Kathy Davis, Dual Diagnosis Treatment Team, NHS, Penn Hills, PA

SESSION 6:

NADD Accreditation/Certification

This session will provide a comprehensive overview of NADD Accreditation and Certification programs, presented by the NADD CEO and by the co-chair of the NADD Specialist Sub-committee. It will cover agency accreditation requirements and individual certification for independently licensed clinicians, specialists, and Direct Support Professionals.

Michael Schroeder, MSW, NADD-DDS, Westerville OH; Robert Fletcher, DSW, ACSW, NADD-CC, NADD, Kingston, NY

3:15 - 3:30 p.m. BREAK

3:30 - 5:00 p.m. **CONCURRENT SESSIONS III**

SESSION 7:

Dual-Diagnosis in DODD and Medicaid Data

Several analyses were performed using DODD administrative data, National Core Indicators interview survey results, and Medicaid claims data to determine diagnosis prevalence, identifiable comorbidities, and medication utilization.

T. Hope McGonigle, PhD; Joslyn Tijerina, MP; Arati Sharma, Data, Analytics and Research, Ohio Department of Developmental Disabilities, Columbus, OH

SESSION 8:

From Theory to Practice:

Infusing TIC into the DNA of Your Agency

In 2015, a collaboration of four supported living providers in Hamilton County identified the critical need for their agencies to apply trauma informed (TIC) care supports to current and future individuals. This meant ongoing collaboration and substantial foundational trainings. An additional position was added for each agency to become the link between foundational trainings to the practice of trauma informed supports in the homes of individuals served. Changing the culture of our agencies to become trauma informed with everything we do, from staff training to modeling approaches for individuals and their families is the goal of each participating agency.

Cindy Wright, Wright State University, Community Supports, Inc., Cincinnati, OH; Mary Vicario; Kristen Martin, Xavier University, Finding Hope Consulting, LLC, Cincinnati, OH; Andrew Maidlow, College of Mount Saint Joseph, Community Supports, Inc., Cincinnati, OH

Note: There will be a 10-minute Q&A session at the end of each session.

5:00 - 5:15 p.m. Day 2 Concludes.

PLEASE RETURN CONFERENCE EVALUATIONS

Pick-up appropriate CE certificates (if applicable).

EDUCATIONAL OBJECTIVES

Upon Completion of the program participants will be able to:

- List extrapyramidal side effects of antipsychotic medications and the potential risks for patients with IDD.
- Distinguish the differences among the second-generation antipsychotic medications and metabolic changes.
- List new medications approved by the FDA, with effects of the prescribed medications.
- Adapt to DBT Skills Training for Adults with IDD.
- Develop an understanding of what human trafficking is and how it can be identified.
- Understand why individuals with developmental disabilities are at risk and how to better support their long term recovery.
- Identify connections between traumas and later reactions/behaviors, and identify motivations for those reactions/behaviors.
- Identify interventions that help foster recovery and resiliency by using various media forms.
- Acknowledge challenges faced by parents/guardians/ support persons who work with these individuals in trying to assist them in being Happy, Healthy and Safe Sexual Adults.
- Relate the importance of consistent, caring and repeated interactions with others in the process of healing from trauma.
- Identify current translational research work in the field of Down syndrome.
- Apply for VOCA funding to start a program of their own in the prospective counties.
- Comprehend a national perspective challenges and promising practices related to people with IDD in the criminal justice system.
- Gather both conceptual or philosophical shifts in thinking and concrete programmatic ideas are needed to successfully serve people with IDD as both suspects and victims.
- Discover how concepts of risk and rights in regards to sexuality may play out in community-based settings.
- Identify assessment tools and interventions for supporting individuals with IDD through the grieving process.
- Implement practical strategies to put the individuals they support more in control of their own lives.
- Develop strategy for engaging in inter-agency partnerships to overcome barriers and work towards positive clinical outcomes of MH/IDD systems and providers.
- Describe the National Core Indicators project and the behavioral health-related data collection.
- Identify which of the certification programs is appropriate for him or her.
- Increase their knowledge of trauma informed care to support staff in various settings.

CONTINUING EDUCATION CREDIT

RN/LPN, Social Work, Counselor, Psychology

OhioMHAS is approved by the Ohio Psychological Association-MCE Program to offer continuing education for psychologists. OhioMHAS #311334820 maintains responsibility for this program. OhioMHAS is an approved provider of continuing education for the indicated professional disciplines and awards the following credits:

RN/LPN	OBN003 92-2200CO OBN003 92-2201CO	Day 1 - 5.75 contact hrs. Day 2 - 5.75 contact hrs.
SOCIAL WORK	RSX088902-2439CO RSX088902-2440CO	Day 1 - 5.75 CPEs Day 2 - 5.75 CPEs
COUNSELOR	RCX0689152-2419CO RCX0689152-2420CO	Day 1 - 5.75 CPEs Day 2 - 5.75 CPEs
*PSYCHOLOGY	311334820-1499CO 311334820-1500CO	Day 1- 5.75 MCEs Day 2- 5.75 MCEs

Requirements for Continuing Education:

Psychologists & RNs - Participants eligible for CE Certificates must sign-in, complete required program attendance (100%), and complete and return a program evaluation form. CE certificates will be handed out at the end of each program day.

Continuing Professional Development Hours

This program has been approved by the Ohio Department of Developmental Disabilities (DODD) for continuing credits for up to a total of 4.5 hours for Day 1, and up to 5.5 hours for Day 2 for the entire day, in the following areas:

Adult Services; Case Management; Early Intervention; Investigative Agent; County Board Members and Supt./Asst. Supt (Services/Programs/Supports Streams) and Service and Support Administration.

NOTE: You must attend the entire day to receive credits/contact hours.

NADD ACCREDITATION & CERTIFICATION PROGRAMS (ACP)



Individuals with Intellectual and Developmental Disabilities (IDD) and Mental Illness (MI) have complex needs and present clinical challenges to the professionals, programs, and systems that provide care for them.

In an effort to raise the level of care, as well as to provide recognition to those programs and professionals offering quality care, NADD has introduced four interrelated programs:

1. The NADD Accreditation Program
2. The NADD Competency-Based Clinical Certification Program
3. The NADD Competency-Based Dual Diagnosis Specialist Program
4. The NADD Competency-Based Direct-Support Professional Certification Program

Information on ACP: www.thenadd.org.



NADD, an association for persons with developmental disabilities and mental health needs, is a not-for-profit membership association established for professionals, care providers, and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. The mission of NADD is to advance mental wellness for persons with developmental disabilities through the promotion of excellence in mental health care.

NADD is recognized as the world's leading organization in providing educational services, training materials, and conferences concerning this topic.

NADD publishes two journals in addition to having an extensive array of resources including books, audiotapes, DVDs and other related educational and training materials. Additionally, NADD sponsors regional, annual and international conferences, teleconferences as well as provides consultation services.

Information on NADD: www.thenadd.org.

OHIO CONFERENCE REGISTRATION

3 Easy Ways to Register: 1) Online at www.thenadd.org/stateofohio 2) Mail 3) Fax

Registration by mail, fax (845) 331-4569, or online will be accepted until **September 18, 2017**. We urge people to pre-register online with debit or credit cards. Faxed registration forms must have credit card information to be processed. Please DO NOT fax and then mail the same registration form. There will be onsite registration, based on space availability. **All checks sent as payment must have registrant's names associated with them.**

Name: _____

Organization/Agency: _____

Address: _____

City: _____ State/Province: _____ Zip: _____

Phone: _____ Fax: _____

E-Mail Required: _____

Please check one presentation in each concurrent session. (Registrations will not be processed without this information.)

Monday, September 25, 2017

Concurrent Session I: 1 2 3

Concurrent Session II: 4 5 6

Concurrent Session III: 7 8 9

Tuesday, September 26, 2017

Concurrent Session I: 1 2 3

Concurrent Session II: 4 5 6

Concurrent Session III: 7 8

Continuing Education Credits (Please check the appropriate box for type of credit desired:)

Psychology Counselor Social Work RN/LPN

CEU Information: If you are applying for the above Continuing Education Credits, please supply the following information (Note: without this information you will not be eligible for CE credit.):

Discipline _____ SS# or License Number _____

Please check if you will need credit/professional development hours through DODD Department

Membership Rate - \$99* (*with conference registration)

Join NADD & receive all membership benefits now through December 31, 2018

Individual Renewal Membership - \$135

DSP/Family/Retired/Consumer/Student \$65

Organizational \$650/\$900

Individual Members: Receive the NADD Bulletin published six times per year and NADD Research Journal, discounts on NADD educational products, discounts on NADD conferences and one vote for election of the Board of Directors.

DSP/Family/Retired/Consumer/Student Membership: This membership option is for a family member of a consumer, an individual who is a consumer of services, DSP or a full time student. It includes the same benefits as individual membership.

Organizational: Organizational membership fee is either \$650 or \$900 depending on the size of the agency's total budget.

Organizational membership dues for agencies with budgets from zero up to three million dollars are \$650. It includes the NADD Bulletin, published six times a year, the NADD Research Journal published four times per year, discounts for all staff of the agency for NADD conferences, and one vote for election of the NADD Board of Directors.

Organizational membership dues for agencies with budgets over three million dollars is \$900. It includes the NADD Bulletin, the NADD Research Journal, and all the benefits as reflected in the previously mentioned organizational fee structure.

CANCELLATION POLICY: Cancellations must be made in writing to the NADD office no later than **September 5, 2017**, in order to refund your registration minus a \$35 administrative fee. Registrants who do not attend are liable for the registration fee. NADD has the right to cancel any of these trainings, and will make a full refund of the registration fee.

	<u>One Day</u>	<u>Two Day</u>
<input type="checkbox"/> NADD Member Member # _____	\$140.00	\$210.00
<input type="checkbox"/> Co-Sponsoring Agency Staff Agency name _____	\$160.00	\$220.00
<input type="checkbox"/> Five or More From Same Agency Agency name _____	\$170.00	\$230.00
<input type="checkbox"/> Non-Member _____	\$185.00	\$260.00
<input type="checkbox"/> DSP/Student/Family Member _____	\$100.00	\$160.00

My check is enclosed

(payable to NADD, 132 Fair St., Kingston, NY 12401-4802)

Conference Total \$ _____

Charge my credit card, please

Discover VISA MasterCard

Membership Total \$ _____

Card No. _____

Exp. Date _____

Signature _____

GRAND TOTAL \$ _____

VOLUNTEER OPPORTUNITIES:

Volunteers are needed to assist at the registration desk and NADD product booth each day of the conference. An individual who volunteers for the day (from 7:30 a.m.-5:00 p.m., with a lunch break) can attend another day with the registration fee waived.

There may be opportunities to attend some sessions the day you are volunteering, if scheduling permits. If you are interested in volunteering, please contact

lchristie@thenadd.org or call (845) 331-4336 by

August 18, 2017.

Note: Volunteers are placed where needed. Schedule will be emailed when complete.

Join NADD today!

Four great reasons to join:

1. Save on all NADD products
2. Save on NADD Conferences
3. Receive NADD member benefits
4. Networking opportunities

Enjoy these great members-only benefits:

- NADD Bulletin
- NADD Research Journal
- NADD Conference and Training Discounts
- NADD Educational Product Discounts
- E-Newsletter
- NEW! Quarterly Pre-Recorded Trainings

(See conference registration form for membership information)

www.thenadd.org/stateofohio





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*"Like" us on Facebook
by going to facebook.com/NADDMHID*



*More information, visit
www.thenadd.org/stateofohio
or scan the code for
direct access*

CONFERENCE LOCATION & HOTEL INFO

DoubleTree by Hilton Hotel Columbus - Worthington
175 Hutchinson Avenue, Columbus, Ohio 43235

Event Days: September 25 & September 26, 2017

Hotel Rates \$115.00* Single/Double Occupancy per night

We encourage you to make reservations as soon as possible as there is a small room block set up for these evenings. The special group rate for hotel reservations will be available until 09/08/17. Book now! Once the room block is full and/or the cut-off date has passed, reservations will be taken on a space and rate available basis.

Reservations: 1-614-885-3334 or 1-800-870-0349 mention: NADD
Online Hotel Reservations: www.thenadd.org/stateofohio

*Prices include complimentary Wi-Fi internet and are subject to state and local taxes. All reservation requests must be guaranteed for arrival by a first night's deposit or major credit card. Any reservations requiring cancellation must be cancelled by midnight the day prior to arrival to avoid a penalty charge of one-night's room and tax rate.

Check-In 4:00 p.m. / Check-out 11:00 a.m.

Guests are responsible for incidental charges and at check in will be asked for either a credit or debit card to guarantee phone and movie privileges. Please note that there is a late checkout fee after 4 p.m.

More Hotel & Location Information:

Take exit 23 for US-23 N toward Delaware. Merge onto N High St/US-23 and be in the rightmost lane. Turn right onto Dimension Avenue. Turn at second Right onto High Cross Blvd. When High Cross ends you will be facing the DoubleTree Hotel Columbus/Worthington.

Closest Airport: Port Columbus International Airport, distance from hotel 12 mile, drive Time 20 min.

Conference Etiquette

It is difficult to maintain room temperatures that are comfortable for all conference attendees. Be aware that room temperatures will vary throughout the conference center. A light sweater or jacket is helpful when room temperatures become too cool. Participants are asked to turn off cell phones and beepers when attending workshops, or to change them to a silent signal if necessary. Please step outside of the room when responding to a page or call.

Conference Planning Committee:

Betsey Benson, PhD, Nisonger Center (OSU); Lisa Christie, BS (NADD); Allison Cowan, MD, (WSU); Robert Fletcher, DSW, NADD-CC (NADD); Julie Gentile, MD (WSU); Tina Evans (DODD); Steven Ruedrich, MD (UH Hospitals); Anna J. Esbensen, PhD (CCHMC); Marc J. Tassé, PhD, FAAIDD, Nisonger Center (UCEDD) (OSU); Rebecca Grimm, MSW, LSW (ODMHAS); Michael Schroeder, MSW, Tony Thomas, LISW-S, ACSW (Welcome House, Inc.)