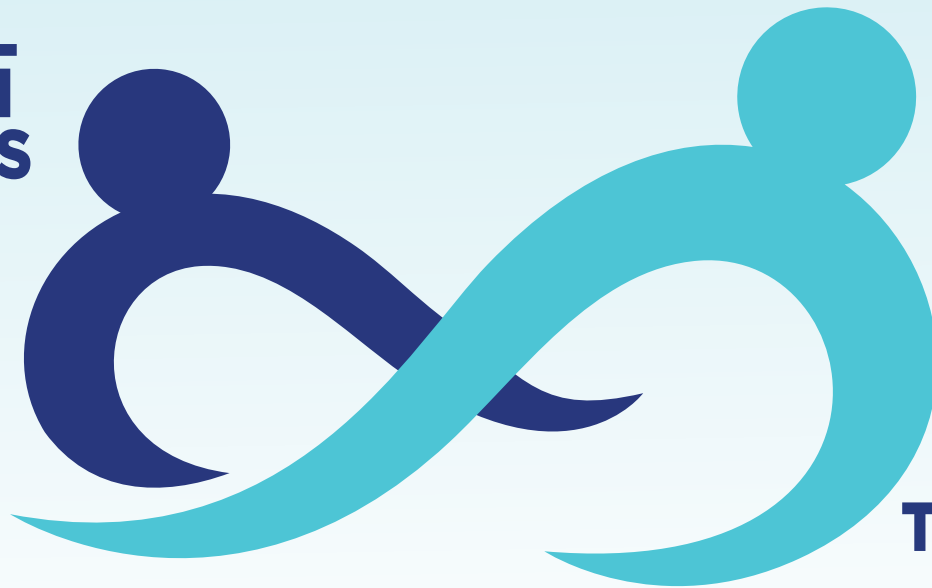


17TH ANNUAL NADD STATE OF OHIO IDD/MI CONFERENCE

**MENTAL
HEALTH
ASPECTS**



**TREATMENT
AND
SUPPORT**

SEPTEMBER 23 & 24, 2019 | COLUMBUS MARRIOTT NORTHWEST | DUBLIN, OHIO

Who Should Attend?

Administrators • Behavior Support Specialists • Psychologists
Direct Care Professionals • Physicians • Educators • Residential Providers
Family Members • Social Workers • Nurses • Students • Persons with Disabilities
Researchers • Vocational Staff • Psychiatrists • Therapists
Criminal Justice Systems Personnel • Employment Specialists
Case Managers • Client Coordinators

In Partnership With:

NADD, Northeast Ohio Medical University (NEOMED), Ohio Department of Mental Health and Addiction Services (OhioMHAS), Ohio Department of Developmental Disabilities (DODD)

In Association With:

The Ohio State University Nisonger Center (UCEDD), Ohio Coordinating Center of Excellence in MI/DD (CCOE), Ohio Developmental Disabilities Council (ODDC), Ohio Provider Resource Association (OPRA), Welcome House, Inc.

KEYNOTE ADDRESS PRESENTERS



Beth Barol Ph.D., LSW, NADD-CC

Dr. Barol has dedicated the past 43 years to serving and supporting people with Intellectual and Developmental Disability (IDD) who also have challenging behaviors. She started out as a direct supports worker and live-in “houseparent” and has served as community

based project director, residential program director, facility director and clinician. She is currently an Associate Professor at Widener University’s Center for Social Work Education and Associate Director of the Clinical Services for Vulnerable Adults clinic. She is also the Co-Director of the Capacity Building Institute for Pennsylvania. Dr. Barol consults regularly in the U.S. and internationally.



Tim Barksdale, Psy.D, NADD-CC

Dr. Barksdale began as a Special Education teacher trained at Hampton University and Eastern University. He received a master’s degree in Human Service Psychology from LaSalle University. His second master’s degree and Doctor of Clinical Psychology are from the Philadelphia College of Osteopathic

Medicine where he was certified in Cognitive Behavior Therapy. He is currently the Senior Executive Director of Clinical Services for Merakey IDD Services where he supervises eight clinical directors and is responsible for a clinical team of 40 clinicians supporting over 3000 adults with IDD across 5 states that include Pennsylvania, New Jersey, Delaware, New Jersey and California. He is one of the newest members of the NADD Board of Directors.

DAY ONE: MONDAY, SEPTEMBER 23, 2019

8:00 am–3:00 pm REGISTRATION

9–9:30 am WELCOME AND OPENING REMARKS

Jeanne Farr, MA, NADD CEO; Jeff Davis, Ohio Director of the Department of Developmental Disabilities; Mark Hurst, MD, Medical Director of Ohio Department of Health

9:00 am–4:30 pm EXHIBIT SHOW OPEN

9:30–10:30 am KEYNOTE ADDRESS

Using the Biographical Timeline to Enhance the Empathetic Response of Professionals

This keynote will turn our attention to the biographical timeline process as it helps us figure out how to support people with multiple diagnoses and challenging behaviors in a holistic and life enhancing manner. Despite our best attempts, figuring out how to better support some people with a dual diagnosis and challenging behaviors often eludes us. Supporters burn out, service providers throw up their hands in surrender, and treatment approaches become increasingly restrictive. Focusing on life experiences, including, friendships, love, mastery and successes, as well as trauma, marginalization, illness and loss, often leads us to a more positive healing path. Utilizing the lens of the biography, we can derive supports that will be more effective for the person and the supporters.

Beth Barol, Ph.D, LSW, NADD-CC, Widener University

10:30–10:45 am REFRESHMENT BREAK & VISIT WITH EXHIBITORS

10:45 am–12:15 pm CONCURRENT SESSIONS I

SESSION 1:

Over the Borderline: BPD in Practice

Borderline Personality Disorder (BPD) represents a stigmatized and costly illness. We will discuss the diagnosis and treatment of BPD in individuals with ID/DD using complicated cases and practical solutions.

Julie Gentile, MD, NADD-CC; Allison E. Cowan, MD, Wright State University, Dayton, Ohio

SESSION 2:

Adulthood Transition: Systems Approach to Success

This interdisciplinary presentation capitalizes on Nisonger Center’s Social Programs to advance the social and vocational needs of individuals with autism during the transition into adulthood.

Jen D. Wong, Ph.D; Erin Powers, MS; Tracey Manz; Jillian Ober, MS; Karen Krainz Edison, MS, The Ohio State University, Nisonger Center, Columbus, Ohio

SESSION 3:

Forensic Evaluations and Intellectual Disabilities

This workshop will provide information on completing forensic evaluations with adults and juveniles who have an intellectual disability. The court and evaluation process will be discussed and include evaluation examples.

Charlotte M. Kimmel, Ph.D; Andrew W. Griffin, Licensed Psychologist, Mexia, Texas

12:15–1:15 pm LUNCH

1:15–2:45 pm CONCURRENT SESSIONS II

SESSION 4:

Mental Health Approaches to Behavior

Some challenging behavior is caused by symptoms of psychiatric disorders or other conditions. This session will outline a Competency-Based Approach to help Direct Support Professionals address underlying causes of behavior.

Tony Thomas, LISW-S, ACSW, Welcome House, Inc, Westlake, Ohio

SESSION 5:

ASD Data and DODD Pilot Project for Transition Age Youth With ASD

Rates of health care utilization and common prescriptions for Medicaid recipients with ASD will be discussed, as well as information on the DODD Northeast Pilot supporting individuals with ASD.

Heather Leffler, MBA, Policy and Strategic Direction, Columbus, Ohio; Hope McGonigle, Ph.D; Arati Sharma, MPH, Fiscal Administration, Data Analytics and Research, Columbus, Ohio

SESSION 6:

Navigating the Gap between IDD/MH Systems

Panel Discussion regarding the common issues encountered and potential solutions when providing services to individuals with complex mental health needs and intellectual disability.

Vanessa Rodriguez, Ph.D, BCBA-D; Brittany Kauscher, MA, Ohio State University Nisonger Center, Columbus, Ohio; Nikole Loew, MS PC, NetCare Corporation, Columbus, Ohio; Jeff Merinko-Shrivers, Ph.D, FCBDD, Columbus, Ohio; Mark T. Ruhe, MSW LISW-S, Franklin County Guardianship Service Board, Columbus, Ohio

2:45–3:00 pm REFRESHMENT BREAK & VISIT WITH EXHIBITORS

3:00–4:30 pm CONCURRENT SESSIONS III

SESSION 7:

Diagnosis/Treatment of Autism and Anxiety Disorders

Estimates of individuals with ASD showing anxiety symptoms range to 80%. Factors making this diagnosis difficult, strategies to adapt behavioral supports, and treatment to address this co-occurrence will be discussed.

Philip Smith, Ph.D, Rutgers University, New Brunswick, New Jersey

SESSION 8:

EPIC Interventions: Proactive, Positive, Powerful

Presentation outlines Candeo’s EPIC program, an initiative funded by the Iowa Attorney General-Crime Victim Assistance Division to empower individuals with DD’s to live rich meaningful lives through person-centered proactive supports.

Micah T. Smith, MAPC, BS; Jordan Murphy, BA; Tony Raymer, MSW; Denise Ballo, Candeo, Johnston, Iowa

SESSION 9:

Mindfulness Skill-building for Teens with ASD

Coping and Relaxation for Everyone (CARE) was created to teach mindfulness-based activities to teens with ASD. Presenters will describe benefits and potential barriers to teaching mindfulness-based skills within this population.

Natalie S. Raff, Ph.D; Janette Long, MA, BCBA, COBA, Nationwide Children’s Hospital, Columbus, Ohio

4:30–6:00pm NETWORKING RECEPTION

DAY TWO: TUESDAY, SEPTEMBER 24, 2019

8-10:30 am REGISTRATION
 8:00 am-3:00 pm EXHIBIT SHOW OPEN
 9-9:15 am OPENING REMARKS & COE AWARD ANNOUNCEMENTS
Jeanne Farr, MA, NADD CEO

9:15-10:15 am KEYNOTE ADDRESS
Practical Application of the NADD Clinical Competencies
 Dr. Barksdale will identify how the NADD Clinical Competencies can be applied to all NADD members, families, clinical teams and providers to raise standards of excellence in support of people with intellectual disabilities and co-occurring mental health challenges.
Tim Barksdale, Psy.D, NADD-CC, Merakey IDD Services

10:15-10:30 am REFRESHMENT BREAK & VISIT WITH EXHIBITORS
 10:30 am-12:00 pm **CONCURRENT SESSIONS I**

SESSION 1:
Burnt: Healing Empathetic Injury in Professionals
 "Empathetic injury", moral injury and empathetic distress drive compassion fatigue, burnout and vicarious trauma in helping professionals. Understanding 'multiple empathies', self-awareness and compassionate stances in self-care can heal injuries and restore resilience.
Lara K. Palay, LISW-S, Aldridge Palay Group, Westerville, Ohio

SESSION 2:
Counseling for Persons with ASD
 The Children's Home of Cincinnati's approach towards mental health support for teenagers with ASD will be presented, including the 7 areas for mental health professionals to assess for better success.
Tom Galperin, LISW-S, TEACCH Certified Practitioner, The Children's Home of Cincinnati, Maimeville, Ohio

SESSION 3:
Collaborative Care for Person Centered Success
 Continuum of Collaborative Care enhances team effectiveness to ensure an inter-agency approach, eliminating silos of care. We will describe our person-centered model, positive outcomes, and opportunities for sustainable systems change.
Julie Lago, MSW, LICSW, Center for Life Management, Seabrook, New Hampshire; Jennifer Chisholm, M.Ed, Community Crossroads, Atkinson, New Hampshire

12:00-1:15 pm LUNCH
 1:15-2:45 pm **CONCURRENT SESSIONS II**

SESSION 4:
Managing in a Trauma-Informed Environment
 A trauma responsive organization cannot go about business as usual in management and supervision. Management practices must change. Learn management values and skills most conducive to a trauma-responsive environment.
Kevin D. Aldridge, MA, Aldridge Palay Group, Westerville, Ohio

SESSION 5:
Mental Illness in Individuals with Autism
 We will examine the rise of autism spectrum diagnosis and the decline of intellectual disability diagnosis. Mental illness in ASD and ID will be discussed in terms of history, trends, and treatment.
James Jordan, MA, NCC Solutions, North Royalton, Ohio

SESSION 6:
Developing A Clinical Review Team
 Welcome House's Clinical Review Team provides a comprehensive approach to serving complex clients. Combining nursing, social work, behavior support, residential support, psychiatry, and CRT improves the quality of client care.
Kirsten E. Fawcett-Dubow, LISW-S; Tony Thomas, LISW, ACSW; Courtney Downing, BCBA, Welcome House, Inc., Westlake, Ohio

2:45-3:00 pm REFRESHMENT BREAK & VISIT WITH EXHIBITORS
 3:00-4:30 pm **CONCURRENT SESSIONS III**

SESSION 7:
How to Reduce Abuse and Impact
 The effectiveness of designing an Individual Response Plan for both parents and their children with disabilities is presented using case studies. This approach has resulted in significantly improved outcomes.
Nora J. Baladerian, Ph.D, Disability and Abuse Project of Spectrum Institute, Cathedral City, California

SESSION 8:
Introduction to Neurodiversity and Autistic Culture
 This introductory lecture provides a brief background and explanation of the neurodiversity paradigm. Following is a discussion of cultural traits of Autism using a strengths-based approach.
Jordan N. Dellinger, MSW, LSW, The Buckeye Ranch, Columbus, Ohio

SESSION 9:
Ohio's Mental Illness and Intellectual Disability Team Approach
 Lucas County Board of Developmental Disabilities and A Renewed Mind will present on the IDD/MH Collaboration that has been developed in our community. Collaboration with Toledo, Ohio area Mental Health Providers has allowed us to learn more about each of our complex systems. We will discuss some of the outcomes, things that we have learned in developing and working together in these collaborations.
Anna Buschmann, MSW, Lucas County Board of Developmental Disabilities; Joshawa Jones, MA, Tuscarawas County Family and Children First Council; Nate Kamban, MA, Tuscarawas County Board of Developmental Disabilities; Jason McAllister, MSW, LSW, Lucas County Board of Developmental Disabilities; Kevin Skaggs, MA, A Renewed Mind Services

OHIO CONFERENCE REGISTRATION OPTIONS & RATES

REGISTRATION OPTIONS	EARLY BIRD <small>(by 8/22/19)</small>	REGULAR RATE <small>(after 8/23/19, until 9/19/19)</small>
NADD Member & Co-Sponsoring Agency - ONE DAY	\$165	\$190
NADD Member & Co-Sponsoring Agency - TWO DAY	\$235	\$260
Non-Member - ONE DAY	\$210	\$235
Non-Member - TWO DAY	\$285	\$310
5 or More from Non-Member Agency - ONE DAY	\$195	\$220
5 or More from Non-Member Agency - TWO DAY	\$255	\$280
DSP/Student/Family Member - ONE DAY	\$125	\$150
DSP/Student/Family Member - TWO DAY	\$185	\$210

A late fee of \$25 will be added after 9/19/19 for any new registrations.

Click here to register now!

EDUCATIONAL OBJECTIVES

After attending the conference, participants will be able to:

- Know how to use a biographical timeline in reflecting upon the needs of people with multiple diagnoses and challenging behaviors
- Describe various program models used in supporting people with IDD/MI
- Identify how IDD/MI dual diagnosis best practices can be applied to all members of a persons support team
- Cite examples of various strength-based approaches in treatment
- Reflect on the lessons learned by people receiving treatment
- Articulate systemic barriers and challenges in meeting the needs of people with complex behaviors
- Identify IDD/MI treatment approaches reflecting collaboration

NADD ACCREDITATION & CERTIFICATION PROGRAMS (ACP)



Individuals with Intellectual and Developmental Disabilities (IDD) and Mental Illness (MI) have complex needs and present clinical challenges to the professionals, programs, and systems that provide care for them.

In an effort to raise the level of care, as well as to provide recognition to those programs and professionals offering quality care, NADD has introduced four interrelated programs:

1. The NADD Accreditation Program
2. The NADD Competency-Based Clinical Certification Program
3. The NADD Competency-Based Dual Diagnosis Specialist Program
4. The NADD Competency-Based Direct-Support Professional Certification Program

Information on ACP: www.thenadd.org.

HOTEL INFORMATION

Columbus Marriott Northwest
5605 Blazer Parkway
Dublin, OH 43017

Phone: (888) 801-7133

Website: www.columbusmarriottnorthwest.com

Rate: \$118.00/night plus 17.5% tax

Reservation Cut-off Date: September 2, 2019

[**Click here to book your room!**](#)

CONTINUING EDUCATION CREDIT

RN/LPN, Social Work, Counselor, Psychology, MD/DO

OhioMHAS is an approved provider of continuing education for the indicated professional disciplines and awards the following credits:

RNs AND LPNs	OBN003 92-2638CO OBN003 92-2639CO	Day 1—5.5 CE CONTACT HRS. Day 2—5.5 CE CONTACT HRS.
SOCIAL WORKERS	RSX088902-2899CO RSX088902-2900CO	Day 1—5.5 CPEs Day 2—5.5 CPEs
COUNSELORS	RCX0689152-2867CO RCX0689152-2868CO	Day 1—5.5 CPEs Day 2—5.5 CPEs
PSYCHOLOGISTS	311334820-1905CO 311334820-1906CO	Day 1—5.5 MCEs Day 2—5.5 MCEs

Ethics or Cultural Each day of this program meets the required four (4) Competency for hours of continuing education that addresses ethics or Psychologists cultural competency for Psychologists per OAC 4732.

PHYSICIANS

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) and the Accreditation Council for Pharmacy Education (ACPE); through the sponsorship of Northeast Ohio Medical University. Northeast Ohio Medical University is accredited by the ACCME and the ACPE to provide continuing education for physicians and pharmacists.

AMA PRA Category 1 Credits™ Day 1 - 5.5 CMEs

AMA PRA Category 1 Credits™ Day 2 - 5.5 CMEs

Northeast Ohio Medical University designates this Live activity for a maximum of 11.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Professional Development Units (CPDU)

This program has been approved by the Ohio Department of Developmental Disabilities (DODD) for continuing professional development units in the following areas:

ADULT SERVICES	1900372-1 1900372-2	Day 1—5.5 CPDs Day 2—5.5 CPDs
COUNTY BOARD MEMBERS	1900372-1 1900372-2	Day 1—5.5 CPDs Day 2—5.5 CPDs
INVESTIGATIVE AGENTS	1900372-1 1900372-2	Day 1—5.5 CPDs Day 2—5.5 CPDs
SERVICE AND SUPPORT ADMINISTRATION	1900372-1 1900372-2	Day 1—5.5 CPDs Day 2—5.5 CPDs
SUPERINTENDENTS	1900372-1 1900372-2	Day 1—5.5 CPDs Day 2—5.5 CPDs

Requirements for Continuing Education: Participants eligible for CE Certificates must sign-in, complete required program attendance (100%), and complete and return a program evaluation form. CE certificates will be handed out at the end of each program day.