16TH ANNUAL
NADD STATE OF OHIO
IDD/MI CONFERENCE

MENTAL
HEALTH
ASPECTS

TREATMENT
and
SUPPORT

SEPTEMBER 24 & 25, 2018 | RENAISSANCE COLUMBUS HOTEL | WESTERVILLE, OHIO

Who Should Attend?
Administrators • Psychologists • Direct Support Professionals • Physicians
Educators • Residential Providers • Family Members • Social Workers
Nurses • Students • Persons with Disabilities • Researchers • Vocational Staff
Psychiatrists • Therapists • Criminal Justice Systems Personnel
Employment Specialists • Case Managers • Client Coordinators

Jointly Sponsored By:
NADD, Northeast Ohio Medical University (NEOMED) & Ohio Department of Mental Health and Addiction Services (OhioMHAS)

In Association With:
Ohio Department of Developmental Disabilities (DODD)
The Ohio State University Nisonger Center (UCEDD)
Ohio Coordinating Center of Excellence in MI/DD (CCOE)
Ohio Developmental Disabilities Council (ODDC)
Ohio Provider Resource Association (OPRA)
Welcome House, Inc.

www.thenadd.org/stateofohio
SESSION 1: Diagnosis and Treatment of Borderline Personality Disorder

Some persons with borderline personality disorder (BPD) may be misdiagnosed with schizophrenia or with bipolar disorder, resulting in poor treatment response. This presentation reviews the proposed diagnostic criteria for BPD for persons with ID, psychopharmacological treatment, and cognitive-behavior therapy (CBT).

Zev Goldberg, PhD; Jeff Marinko-Shrivers, PhD; Franklin County Board of Developmental Disabilities, Columbus, OH

SESSION 2: Ohio Employment First Taskforce—Six Years of Progress

The Ohio Department of Developmental Disabilities and Ohio Department of Mental Health Addictions Services will review the progress of the Employment First Taskforce that was created in 2012. The taskforce is charged with expanding community employment opportunities for individuals with disabilities.

Stacy Collins, MSW, Policy and Strategic Director, Ohio Department of Developmental Disabilities, Columbus, OH; Zandia Galvin, Office of Treatment and Recovery, Ohio Department of Mental Health and Addiction Services, Columbus, OH

SESSION 3: Functional Behavior Assessments (FBA’s) to Advance Quality of Life

Information obtained via FBA’s can provide guidelines for interventions that advance the quality of life for individuals who have a profound intellectual disability and mental health concerns.

Michael May, EdD, LPC, BCBA, NADD-CC, ICF, Merakey, Trevose, PA

SESSION 4: Risk Assessment for Challenging Behaviors in Those with Intellectual Disability (ID)

Individuals with ID and challenging behaviors pose many threats related to impulsive choices in the areas of sexuality, fire setting, anger, and the use of the internet. There is an increased need for effective risk assessment to guide decision making on treatment teams. These assessments need to be thorough and target aspects of intellectual functioning, risk of offending, and mental health. This presentation will highlight helpful assessment tools and common problems faced by teams with this population. The risk for sexual offenses is common and the need for sexual education ever increasing. Several case studies will be presented to illustrate the need for effective assessment and increased staff education.

Randi Shively, PhD, Alvis, Columbus, OH

SESSION 5: Disability Education for Police and First Responders

Police officers in communities where we provide services become default responders to mental health crises. It’s up to us, as provider agencies, to educate first responders on those we serve. Leave this presentation with a training you can take to your local police/fire departments to get these informative and necessary conversations started.

Shannon Bentalis, PHR, Albatross Training Solutions, Darien, IL

SESSION 6: Pharmacogenomics: Are We There Yet?

Pharmacogenomics (how an individual’s genes predicts response to medications) promises personalized psychopharmacology and could greatly benefit persons with ID treated with psychotropic medications. The question is, does it really help?

Stephen Ruedrich, MD; Thomas Scheidemantel, MD, Case Western Reserve University School of Medicine University Hospitals of Cleveland, Cleveland, OH; Amelia Polzella APRN-CNP; Department of Psychiatry University Hospitals of Cleveland, Cleveland, OH; Allison Cowan, MD, Boonshoft School of Medicine, Wright State University, Dayton, OH

SESSION 7: Reframing Stigma Toward Individuals with IDD/MI and their Families

Drawing on Dr. Watson’s research with families of individuals who have disabilities, clinical experience with agencies around challenging sexual behavior and abuse prevention, research with medical professionals about their knowledge and attitudes toward disability, as well as Fetal Alcohol Spectrum Disorder (FASD) prevention work, this presentation will discuss stigma surrounding various disabilities and how we can work together to reduce the negative perceptions of individuals with disabilities and their families.

Shelley Watson, PhD, Centre for Academic Excellence, Laurentian University, Sudbury, ON, CAN
SESSION 8:
Understanding Risk and Protective Factors
Risk and protective factors play an important role in mental wellness and functioning. Whole person-centered care requires us to understand how to identify and balance these factors.
Jessica Hamlyn, LCSW, NADD-CC, Conxionns, Meridian Health Services, Portland, IN

SESSION 9:
Transition and the Youth with ASD
Transition to adulthood is an exciting and important time in the life of all youth, including youth with autism spectrum disorder. However, unique strengths and challenges require careful planning. This session will highlight potential needs and provide strategies and resources for planning and support.
Chris Filler, RN, BSN, Lifespan Transitions Center, OCALL, Columbus, OH
5-5:15 pm Day 1 Concludes.
PLEASE RETURN CONFERENCE EVALUATIONS Pick-up appropriate CE certificates (if applicable).

DAY TWO: TUESDAY, SEPTEMBER 25, 2018

8:15–9 am REGISTRATION
9–9:15 am OPENING REMARKS
Jeanne Farr, MA NADD CEO

9:15-10:15 am KEYNOTE ADDRESS
The Licking–Knox Mobile Kids’ Crisis Team
The Licking-Knox Kids’ Mobile Crisis Team addresses the critical issues faced by families with youth (target population ages 8–24) in crisis, especially those not served in a system of care, who present a risk to themselves, their families, or others due to mental illness and/or developmental disabilities. Its’ success is due to the commitment of consumer and family centered services and collaborative partnerships.
Kathryn Spargel, LISW-S, Mental Health & Recovery for Licking and Knox Counties, Newark, OH

10:15-10:45 am BREAK

10:45 am-12:15 pm CONCURRENT SESSIONS I

SESSION 1: Autism and Juvenile Justice
Understanding the neurological differences of youth with autism in the justice system will minimize meltdowns, aggression, and trauma. The right techniques can make the system rehabilitative rather than only punishing.
Sandra McClennen, PhD, Ohio License for Independent Practice, Psychologist Psychological Supervisor, Oberlin, OH

SESSION 2: Reducing Restraints Through Trauma Informed Care
As the IDD/MH service delivery system continues to adopt trauma-informed practices, providers are discovering reduced need for the use of physical restraint. We will share the anecdotal experience of several professionals in reducing the use of physical restraint while supporting people who have intense needs and connect the philosophies that drive holistic approaches with practical actions that can help teams reduce the use of physical restraint for the people that they support.
Bradley Wyner, NADD-DDS, Rose-Mary, Cleveland, OH; Andy Swalsgood, Jason Young, Wood Lane Residential, Bowling Green, OH

SESSION 3: Behavioral Assessment/Intervention in Mental Health
This presentation will discuss the role of comorbid psychiatric disorder in the assessment and treatment of target needs and its role in symptom presentation.
Vanessa Rodriguez, PhD, BCBA-D; Brittany Kaucher, MA; Melinda Thurman, MA, BCBA, Nisonger Center, Columbus, OH

12:15-1:45 pm LUNCH (Attendees on Own)

1:45-3:15 pm CONCURRENT SESSIONS II

SESSION 4: Mental Illness and Intellectual Disabilities Teams
According to the DM-ID (2007), individuals with intellectual disabilities have been estimated to be 2 to 4 times more likely than those in the general population to experience psychiatric disorders. Therefore, balancing services from each system is of the utmost importance to help the dually diagnosed individual be most successful in their communities. This presentation will explore how two counties have formed and maintained their MIID Teams, and lessons learned along the way.
Justin Madison, MAEd; Stephanie Ann Kutcher, Mental Health and Recovery Services of Stark County, Canton, OH; Rose Morgan, Stark County Board of DD, Canton, OH; Michele Myerhoft, Lucas County of DD, Toledo, OH; Tricia White, Lucas County Sheriff’s Office, Toledo, Ohio; Robert Kasprzak, OCPSI, Mental Health & Recovery Services, Lucas County, Monroe, MI

SESSION 5: NADD Certification and Accreditation Programs
This session will provide a comprehensive overview of NADD Certification and Accreditation programs, presented by the NADD CEO Emeritus and by the co-chair of the NADD Specialist Sub-committee. It will cover agency accreditation requirements, and individual certification for independently licensed clinicians, specialists, and Direct Support Professionals.
Michael Schroeder, NADD-DDS, MI/DD Retiree, Westerville, OH; Robert Fletcher, DSW, NADD-CC, CEO Emeritus, NADD, Kingston, NY

SESSION 6: Opioid Overdoses and Other DODD Analysis
DODD utilizes administrative, survey, and claims data to provide insight into how MI affects the individuals we serve. Topics include opioid deaths, psychiatric inpatient utilization, and quality of life indicators.
Hope McGonigle, PhD; Abby Hammond, MPH; Arati Sharma, DVM, MPH; Joslyn Tijerina, MPH; Rachel Blick, MHA, MA, Medicaid Health System; Office of Data, Analytics and Research, Ohio Department of Developmental Disabilities, Columbus, OH

SESSION 7: Intervention, Quality of Life, and ASD
In two separate studies, the OSU Nisonger Center’s Research Unit evaluated probiotics and essential oils for improving life quality in ASD. We will share the results in two 45-minute presentations.
Jill Ann Hollway, PhD, MA; Cheryl Li, BS, Clinical Trials Unit, Columbus, OH; Adelina Jeffs, BS, Clinical Trials Unit, The Ohio State University Nisonger Center, UCEDD, Columbus, OH; L. Eugene Arnold, Med, MD, Department of Psychiatry and Behavioral Health, College of Medicine, Columbus, OH

SESSION 8: Dual Diagnosis Treatment Team: Trauma Treatment
Presenters will describe the makeup and model implementation for Merakey’s Dual Diagnosis Treatment Team (DDTT). Presenters will review internal auditing processes and outcomes. Presenters will review how the DDTT’s utilize evidenced based practices to support individual with co-occurring mental health and intellectual/ developmental disabilities in their recovery from traumatic events.
Kristin Cline, MS, LPC, CAADC, DDTT, Merakey, Greensburg, PA; Kevin Kumpf, PhD, LPC, NCC, ACS; Colleen Vanderbeek, PsyD, DDTT, Merakey, McMurray, PA

SESSION 9: Flex for Success: ASD Group Treatment
Youth with ASD often have difficulties with perspective taking, emotion regulation, and flexible thinking. This group treatment addresses these challenges with an adapted CBT protocol anchored in a behavioral framework.
Caitlin Walsh, PhD, Elizabeth Coan, PsyD, Amanda Nelson, PsyD; Samantha Piper, PhD, Developmental Pediatrics, Children’s Hospital Colorado, Aurora, CO
Note: There will be a 10-minute Q&A session at the end of each session. 5-5:15 pm Day 2 Concludes.
PLEASE RETURN CONFERENCE EVALUATIONS Pick-up appropriate CE certificates (if applicable).
EDUCATIONAL OBJECTIVES

Upon completion of the program participants will be able to:

- Describe the application of DSM-5 criteria to the diagnosis of BPD in persons with intellectual disabilities (ID) and the limitations in applying these criteria.
- Identify how principles of dialectical behavior therapy (DBT) can be applied to treating persons with intellectual disabilities (ID).
- Identify the basic principles for selecting medications for treating anxiety, depressed mood, anger, and impulsivity.
- Discuss the policies our state systems currently have in place to encourage and prioritize community employment for individuals with disabilities.
- Describe factors associated with sexual deviance in ID individuals.
- Describe behavior assessments and behavior support strategies that are in-line with the key principles of a trauma-informed approach.
- Identify what police and first responders need to know about an individual in order to minimize the risk of use of force.
- Discuss with their agency's trainers, decision-makers, and staff about better education for and relationships with police and first responders.
- Understand the need for educating police and first responders on IDD and mental illness.
- Accept the community provider's role and responsibility as teacher and collaborator in the training process.
- Identify what police and first responders need to know about an individual in order to minimize the risk of use of force.
- Summarize the state of current knowledge of pharmacogenomics as it relates to decision-making in psychopharmacological treatment.
- Characterize the utility of pharmacogenomics testing in persons with IDD treated with psychotropic medications.
- Describe approaches to making the justice system rehabilitative for youth with autism and without punishing.
- Describe elements of a holistic approach that can result in reduced need for physical restraint.
- Identify prevention strategies to minimize the impact of mental health instability on behavior and relationships with police and first responders.
- Describe factors related to behavioral health hospitalizations and how mental illness affects various aspects of life for persons with IDD/MI.
- Use VISBIOME for improving GI problems and improving QOL in children with ASD.
- Use an essential oil blend for increasing equanimity during transitions, improving sleep quality, and in general improving QOL in children with ASD.
- Identify modalities the DDTT utilizes to support individuals diagnosed with mental health and an ID disability in their recovery from traumatic experiences.
- Describe the core components of a new group treatment aimed at increasing flexible community employment for individuals with disabilities.
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- Describe the core components of a new group treatment aimed at increasing flexible community employment for individuals with disabilities.

CONTINUING EDUCATION CREDIT

RN/LPN, Social Work, Counselor, Psychology, MD/DO

Northeast Ohio Medical University (NEOMED) designates this live activity for a maximum of 11.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

OhioMHAS is approved by the Ohio Psychological Association-MCE Program to offer continuing education for psychologists. OhioMHAS #311334820 maintains responsibility for this program. OhioMHAS is an approved provider of continuing education for the indicated professional disciplines and awards the following credits:

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<th>Credits</th>
<th>Contact Hours</th>
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Requirements for Continuing Education:
Psychologists & RNs—Participants eligible for CE Certificates must sign-in, complete required program attendance (100%), and complete and return a program evaluation form. CE certificates will be handed out at the end of each program day.

Continuing Professional Development Units (CPDU)

Approvals for credit units are pending from Ohio Department of Developmental Disabilities (ODDD) in the following areas: Adult Services; Case Management; Early Intervention; Investigative Agent; County Board Members and Supt/Asst. Supt (Services/Programs/Supports Streams) and Service and Support Administration. Please continue to indicate CPDU needs on the registration form. Updated information will be posted on the conference landing page.

NOTE: You must attend the entire day to receive credits/contact hours.

NADD Accreditation & Certification Programs (ACP)

Individuals with Intellectual and Developmental Disabilities (IDD) and Mental Illness (MI) have complex needs and present clinical challenges to the professionals, programs, and systems that provide care for them.

In an effort to raise the level of care, as well as to provide recognition to those programs and professionals offering quality care, NADD has introduced four interrelated programs:

1. The NADD Accreditation Program
2. The NADD Competency-Based Clinical Certification Program
3. The NADD Competency-Based Dual Diagnosis Specialist Program
4. The NADD Competency-Based Direct-Support Professional Certification Program

Information on ACP: www.thenadd.org.

NADD, an association for persons with developmental disabilities and mental health needs, is an international not-for-profit membership association established for professionals, care providers, family advocates and policy makers.

We are recognized as the leading authority for research, training, knowledge application and policy in emerging/best practices in dual diagnosis. We are dedicated to promoting the understanding of and services for individuals who have intellectual disabilities and mental health needs (IDD/MI).

The mission of NADD is to provide leadership in the expansion of knowledge, training, policy, and advocacy for mental health practices that promote a quality life for individuals with dual diagnosis (IDD/MI) in their communities.

NADD is recognized as the world’s leading organization in providing educational services, training materials, and conferences concerning this topic.

NADD publishes two journals in addition to having an extensive array of resources including books, audiotapes, DVDs and other related educational and training materials. Additionally, NADD sponsors regional, annual and international conferences, teleconferences as well as provides consultation services.

Information on NADD: www.thenadd.org.
OHIO CONFERENCE REGISTRATION

3 Easy Ways to Register: 1) Online at www.thenadd.org/stateofohio  2) Mail  3) Fax

Registration by mail, fax (845) 331-4569, or online will be accepted until September 17, 2018. We urge people to pre-register online with debit or credit cards. Faxed registration forms must have credit card information to be processed. Please DO NOT fax and then mail the same registration form. There will be onsite registration, based on space availability. All checks sent as payment must have registrant’s names associated with them.

Name: ________________________________
Organization/Agency: _____________________________
Address: _____________________________________________
City: __________________ State/Province: ___________ Zip: ______
Phone: __________________ Fax: _______________________
E-Mail Required: _____________________________

Please check one presentation in each concurrent session. (Registrations will not be processed without this information.)

Concurrent Session I:  ☐ 1  ☐ 2  ☐ 3
Concurrent Session II:  ☐ 4  ☐ 5  ☐ 6
Concurrent Session III:  ☐ 7  ☐ 8  ☐ 9

Continuing Education Credits (Please check the appropriate box for type of credit desired:)

☐  Psychology  ☐  Counselor  ☐  Social Work  ☐ RN/LPN  ☐ MD/DO

CEU Information: If you are applying for the above Continuing Education Credits, please supply the following information (Note: without this information you will not be eligible for CE credit:)

Discipline: ____________________________
SS# or License Number: ______________________

☐ Please check if you will need credit/professional development hours through DODD Department

☐ Membership Rate—$99* (*with conference registration)
Join NADD & receive all membership benefits now through December 31, 2019
☐ Individual Renewal Membership—$135  ☐ DSP/Family/Retired/Consumer/Student—$65
☐ Organizational—$650/$900

Individual Members: Receive the NADD Bulletin published six times per year and NADD Research Journal, discounts on NADD educational products, discounts on NADD conferences, and one vote for election of the Board of Directors.

DSP/Family/Retired/Consumer/Student Membership: This membership option is for a family member of a consumer, an individual who is a consumer of services, DSP, a full time student or a retired individual. It includes the same benefits as individual membership.

Organizational: Organizational membership fee is either $650 or $900 depending on the size of the agency’s total budget. Organizational membership dues for agencies with budgets from zero up to three million dollars are $650. It includes the NADD Bulletin, published six times a year, the NADD Research Journal published four times per year, discounts for all staff of the agency for NADD conferences, and one vote for election of the NADD Board of Directors.

Organizational membership dues for agencies with budgets over three million dollars is $900. It includes the NADD Bulletin, the NADD Research Journal, and all the benefits as reflected in the previously mentioned organizational fee structure.

CANCELLATION POLICY: Cancellations must be made in writing to the NADD office no later than September 7, 2018, in order to refund your registration minus a $35 administrative fee. Registrants who do not attend are liable for the registration fee. NADD has the right to cancel any of these conferences, and will make a full refund of the registration fee.

☐ My check is enclosed
(Payable to NADD, 132 Fair St., Kingston, NY 12401-4802)

☐ Charge my credit card, please
☐ Discover  ☐ VISA  ☐ MasterCard
Card No. ____________________________
Exp. Date __________________________
Signature __________________________

Conference Total $ _______
Membership Total $ _______
GRAND TOTAL $ _______

REGISTER NOW! www.thenadd.org/stateofohio

Volunteer Opportunities:

Volunteers are needed to assist at the registration desk and NADD product booth each day of the conference. An individual who volunteers for the day (from 7:30 am-5 pm, with a lunch break) can attend another day with the registration fee waived.

There may be opportunities to attend some sessions the day you are volunteering, if scheduling permits. If you are interested in volunteering, please contact lchristie@thenadd.org or call 800-331-5362 by August 17, 2018.

Note: Volunteers are placed where needed. Schedule will be emailed when complete.

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Four great reasons to join:
1. Save on all NADD products
2. Save on NADD Conferences
3. Receive NADD member benefits
4. Networking opportunities

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• NADD Research Journal
• NADD Conference and Training Discounts
• NADD Educational Product Discounts
• E-Newsletter
• NEW! Quarterly Pre-Recorded Trainings

(Note: without this information you will not be eligible for CE credit:)

Discipline: ____________________________
SS# or License Number: ______________________

☐ Please check if you will need credit/professional development hours through DODD Department

(See conference registration form for membership information)
NEW! CONFERENCE LOCATION, HOTEL, AND TRAVEL INFORMATION

Renaissance Columbus Westerville-Polaris Hotel
409 Altair Parkway, Westerville, Ohio 43082

Event Days: September 24 & September 25, 2018
Hotel Rates $119* Single/Double Occupancy per night

We encourage you to make reservations as soon as possible as there is a small room block set up for these evenings. The special group rate for hotel reservations will be available until 9/3/18. Book now! Once the room block is full and/or the cut-off date has passed, reservations will be taken on a space and rate available basis.

*Note: Hotel reservations are separate from registration fees.

Reservations: Marriott toll-free number: 1-833-427-0292
Mention: 2018 State of Ohio MI/IDD Annual Regional Conference

Online Hotel Reservations: www.thenadd.org/stateofohio

More Hotel & Location Information:
Parking: Complimentary on-site parking
Check in: 4:00 PM / Check out: 12:00 PM

Closest Airports:
John Glenn Columbus International Airport—CMH
13.7 miles north of hotel.
Rickenbacker International Airport—LCK
28.3 miles north of hotel.

NOTE: Hotel does not provide shuttle service.

Conference Etiquette
It is difficult to maintain room temperatures that are comfortable for all conference attendees. Be aware that room temperatures will vary throughout the conference center. A light sweater or jacket is helpful when room temperatures become too cool. Participants are asked to turn off cell phones and beepers when attending workshops, or to change them to a silent signal if necessary. Please step outside of the room when responding to a page or call.

Conference Planning Committee:
Jeanne Farr, MA (NADD); Robert Fletcher, DSW, NADD-CC (NADD); Lisa Christie, CMP candidate (NADD); Julie Gentile, MD; (WSU); Tina Evans (DODD); Steven Ruedrich, MD (UH Hospitals); Anna Esbensen, PhD (CCHMC); Marc Tassé, PhD, FAAIDD, Nisonger Center (UCEDD) (OSU); Todd Feasel, (OHMHAS) Allison Cowan, MD, (WSU); Tony Thomas, LISW-S, ACSW (Welcome House, Inc.); Michael Schroeder, Field Retiree; Betsey Benson, Field Retiree; Ellie Jazi (OhioMHAS)