18TH ANNUAL NADD STATE OF OHIO MI/ID CONFERENCE

MENTAL HEALTH ASPECTS

TREATMENT AND SUPPORT

SEPTEMBER 14-16, 2020 | REMOTE VIRTUAL CONFERENCE

Who Should Attend?

Administrators • Behavior Support Specialists • Psychologists
Direct Care Professionals • Physicians • Educators • Residential Providers
Family Members • Social Workers • Nurses • Students • Persons with Disabilities
Researchers • Vocational Staff • Psychiatrists • Therapists
Criminal Justice Systems Personnel • Employment Specialists
Case Managers • Client Coordinators

In Partnership With

Welcome House, Inc.
Northeast Ohio Medical University (NEOMED)
Ohio Department of Mental Health and Addiction Services (OhioMHAS)
Ohio Department of Developmental Disabilities (DODD)
The Ohio State University Nisonger Center (UCEDD)

www.thenadd.org
MONDAY, SEPTEMBER 14

9:30am-2:15pm  EXHIBIT HALL AND HELP DESK OPEN

9:00am-9:30am  WELCOME AND OPENING REMARKS

9:30am-10:30am  KEYNOTE ADDRESS: COPING WITH COVID, KARYN HARVEY, PH.D.

10:30am-10:45am  BREAK/TRANSITION

10:45am-12:15pm  CONCURRENT SESSIONS 1

A) The Adult Advocacy Center Model
The Adult Advocacy Centers will facilitate multi-disciplinary teams within local communities. A deeper look into this unique approach to victim services will assist participants in understanding best practices for survivors.

Leigha Shoup MS, RA, Adult Advocacy Centers; Katherine Yoder MS, CFI, Adult Advocacy Centers

B) Sexual Violence and Disability: Collaborative Response
This presentation will describe the success of an innovative program within adult protective services that increases access to trauma services for survivors of sexual violence with intellectual and developmental disabilities.

Trish Glover LMHC, Disabled Persons Protection Commission; Marissa Varasso, Disabled Persons Protection Commission; Patty Quatieri, Disabled Persons Protection Commission; Jaime Suvak LMHC, Disabled Persons Protection Commission

12:15pm-2:15pm  END OF DAY 1

TUESDAY, SEPTEMBER 15

9:30am-2:15pm  EXHIBIT HALL AND HELP DESK OPEN

9:00am-9:30am  WELCOME AND OPENING REMARKS

9:30am-10:30am  KEYNOTE ADDRESS: PHARMACOLOGIC AND NON-PHARMACOLOGIC TREATMENT OF PERSONS WITH IDD AND CO-OCCURRING MENTAL ILLNESS AND/OR BEHAVIORAL CHALLENGES, PART 1, STEPHEN RUEDRICH, MD, UH HOSPITALS

10:30am-10:45am  BREAK/TRANSITION

10:45am-12:15pm  CONCURRENT SESSIONS 3

A) Emergency Preparedness Reflections
This presentation is an application of an earlier presentation known as Emergency Preparedness for People with Disabilities. The contexts of COVID-19, riots, and other similar situations will be discussed.

Howard Zlamal M.Ed., University of Arizona

B) Can We Talk About It?
The speakers will discuss commonly missed salient topics in Intellectual Disability Mental Health including trans-affirming care/gender identity, Substance Use Disorders, cultural awareness/diversity, COVID-19, and sexual assault/trauma.

Julie Gentile MD, DFAPA, Wright State University; Nita Bhatt MD, MPH, DFAPA, Wright State University/Twin Valley Behavioral Healthcare; Elizabeth Schindler DO, Wright State University; Jessica Porcelan MD, Wright State University; Brent Schnipke MD, Wright State University

12:15pm-2:15pm  END OF DAY 2

REGISTRATION PRICING
NADD MEMBER–$115.00
NON-MEMBER–140.00
Click here to register now!

CONTINUING EDUCATION CREDIT
Continuing Education Credits have been applied for the following disciplines: RN/LPN, Social Workers, Counselors, Psychologist, and MD/DO. Continuing Professional Development Credits have also been applied for the following: adult services, county member board members, investigative agents, service and support administration, superintendents. If approved, the maximum potential credit is 4 per day. The final approved list of available credits should be announced by September 4th. For more details, please contact Alaina Herrel at Alaina.Herrel@mha.ohio.gov.
SCHEDULE AT-A-GLANCE

WEDNESDAY, SEPTEMBER 16

9:30am-2:15pm  EXHIBIT HALL AND HELP DESK OPEN
9:00am-9:30am  OPENING REMARKS & CCOE AWARDS
9:30am-10:30am KEYNOTE ADDRESS: PHARMACOLOGIC AND NON-PHARMACOLOGIC TREATMENT OF PERSONS WITH IDD AND CO-OCcurring MENTAL ILLNESS AND/OR BEHAVIORAL CHALLENGES, PART 2, ALLISON COWAN, MD, WRIGHT STATE UNIVERSITY
10:30am-10:45am  BREAK/TRANSITION
10:45am-12:15pm  CONCURRENT SESSIONS 5

A) Disability Planning: Three Domains, Three Stages

Individuals with IDD, MI, and behavior challenges require services in three domains. This presentation reviews integration of current treatment, behavioral, and disability supports, future goals and preparedness for crises (COVID-19).

*Philip Smith Ph.D.*, Rutgers Robert Wood Johnson Medical School

B) Suicide Prevention for Youth with Disabilities

Despite the high risk of suicide for youth with disabilities, there remain few screening tools or treatment options. This session will address inequities and suggest best practices.

*Kara Ayers Ph.D.*, Cincinnati Children's Hospital Medical Center; *Leah Smith MPH*, Cincinnati Children's Hospital Medical Center

12:15pm-12:45pm  LUNCH BREAK

12:45pm-2:15pm  CONCURRENT SESSIONS 6

A) Assessment of Signs and Symptoms

Accurate assessment helps identify illness, behavior change, and other key information essential to supporting people with IDD/MI. This session will focus on differentiating between factors that contribute to mental health.


B) Interaction Strategies to Support Mental Wellness

This session will detail multiple strategies to support positive interactions with people who have IDD, which is helpful in promoting mental wellness and improving the therapeutic quality of interactions.

*Dan Baker Ph.D.*, Minnesota DHS

2:15pm  CONFERENCE ADJOINS

NADD ACCREDITATION & CERTIFICATION PROGRAMS

Individuals with Intellectual and Developmental Disabilities (IDD) and Mental Illness (MI) have complex needs and present clinical challenges to the professionals, programs, and systems that provide care for them.

In an effort to raise the level of care, as well as to provide recognition to those programs and professionals offering quality care, NADD has introduced four interrelated programs:

1. The NADD Accreditation Program
2. The NADD Competency-Based Clinical Certification Program
3. The NADD Competency-Based Dual Diagnosis Specialist Program
4. The NADD Competency-Based Direct-Support Professional Certification Program

Information on ACP: www.thenadd.org.

KEYNOTE PRESENTERS

Karyn Harvey, Ph.D.

Karyn Harvey has worked as a clinician in the field of intellectual disabilities for over 30 years. She has a master's degree in Clinical Psychology and a Ph.D. in Applied Developmental Psychology from the University of Maryland. She has published articles about therapeutic interventions with individuals with intellectual and developmental disabilities (IDD), workbooks for individuals with IDD and two books. Her first book, Positive Identity Development, was published in 2009, and Trauma-Informed Behavioral Interventions was published in 2011. She is currently consulting with the developmental disabilities departments of Connecticut and Maryland. In addition, she is the director of program development and training for the Park Ave Group practice. She regularly conducts a variety of trainings for both state level and individual agencies on trauma-informed care and positive identity development throughout the country. In 2016, she received the Earl Loschen Award from NADD for Excellence in Clinical Practice.

Stephen Ruedrich, MD, UH Hospitals

Dr. Ruedrich obtained both his BS and MD from the Ohio State University, followed by his residency in psychiatry, where he was Chief Resident. After six years at the University of Nebraska College of Medicine, Dr. Ruedrich joined the faculty at Case Western Reserve University School of Medicine. Initially at MetroHealth Medical Center, in 2011, he joined University Hospitals of Cleveland, where he is Professor and Vice-Chair of Psychiatry. At University Hospitals, he has continued and expanded a focused clinical practice serving adults with intellectual and developmental disabilities with comorbid psychiatric or behavioral disorders.

In 2006, Dr. Ruedrich received the Frank J. Menolascino MD Award for Psychiatric Services to Persons with IDD from the American Psychiatric Association. For over 25 years, he has also been active in the National Association for the Dually Diagnosed, the foremost organization in the United States advocating for individuals with intellectual/developmental disabilities and mental health needs. He has served two terms on the NADD Board of Directors, currently chairs two NADD committees, and in 2011, was recognized with the highest honor that the NADD offers, the Frank Menolascino Award for Excellence.

Allison Cowan, MD, Wright State University

Dr. Allison Cowan, M.D., D.F.A.P.A. is a board certified psychiatrist specializing in the treatment of mental illness in individuals with intellectual and developmental disabilities. She graduated from the University of Oklahoma Health Sciences Center and completed her psychiatry residency at Wright State University in Dayton, Ohio. Dr. Cowan completed the Advanced Psychotherapy Program at the Cincinnati Psychoanalytic Institute. She is the associate training director at the Department of Psychiatry at Wright State University and teaches medical students and psychiatry residents. Dr. Cowan has given many regional and national presentations on providing quality psychiatric care for those with intellectual and developmental disabilities and enjoys clinical practice through traditional face-to-face work as well as telepsychiatry.

EDUCATIONAL OBJECTIVES

After attending the conference, participants will learn about:

- Various treatment models/approaches to address the mental health needs of individuals with IDD
- Multi-disciplinary Community Advocacy Initiatives
- Examples of how persons with IDD can and do benefit from psychotherapy and other non-drug approaches
- How to identify at least 3 pre-trauma conditions of COVID
- How to identify 3 important factors for resilience
- Pharmacologic interventions for individuals with intellectual and developmental disabilities
- The importance and challenges of psychiatric diagnosis in persons with IDD
- How both drug and non-drug therapies enhance adaptive skills and improve quality of life for individuals with IDD who have co-occurring mental illness and/or behavioral challenges
- The paucity of evidence-based guidelines for psychopharmacologic treatment of persons with IDD
- Approaches in psychopharmacologic practices