19th Annual NADD State of Ohio MI/ID Conference

Mental Health Aspects
Treatment and Support

JULY 12-14, 2021 | VIRTUAL

CONFERENCE & REGISTRATION INFORMATION

In Partnership With
NADD
Ohio Department of Mental Health and Addiction Services (OhioMHAS)
Ohio Department of Developmental Disabilities (DODD)
The Ohio State University Nisonger Center

In Association With
Ohio Association of County Boards of Developmental Disabilities (OACB)
Ohio Superintendents of County Boards of Developmental Disabilities (OSCBDD)
Quality Behavioral Solutions (QBS)
Therap Services, LLC

www.thenadd.org
NADD Accreditation & Certification Programs

Individuals with Intellectual and Developmental Disabilities (IDD) and Mental Illness (MI) have complex needs and present clinical challenges to the professionals, programs, and systems that provide care for them. In an effort to raise the level of care, as well as to provide recognition to those programs and professionals offering quality care, NADD has introduced four interrelated programs:

1. The NADD IDD/MI Dual Diagnosis Accreditation Program
2. The NADD Clinical Certification Program
3. The NADD Specialist Certification Program
4. The NADD DSP Certification Program

Information at: www.thenadd.org.

Educational Objectives

After attending the conference, participants will learn about:
- Various treatment models/approaches to address the mental health needs of individuals with IDD
- Multi-disciplinary Community Advocacy Initiatives
- Examples of how persons with IDD can and do benefit from psychotherapy and other non-drug approaches
- How to identify at least 3 pre-trauma conditions of COVID
- How to identify 3 important factors for resilience
- Pharmacologic interventions for individuals with intellectual and developmental disabilities
- The importance and challenges of psychiatric diagnosis in persons with IDD
- How both drug and non-drug therapies enhance adaptive skills and improve quality of life for individuals with IDD who have co-occurring mental illness and/or behavioral challenges
- The paucity of evidence-based guidelines for psychopharmacologic treatment of persons with IDD
- Approaches in psychopharmacologic practices

Registration Pricing

- NADD Member - $140.00
- Non-Member - $175.00
- Group or Family of 3 - $400

Continuing Education Credits

Continuing Education Credits have been applied for the following disciplines: RN/LPN; Social Workers; Counselors; Psychologist; and MD/DO, and will be announced the week of May 10th.

Continuing Professional Development Units (CPDU): This program has been approved by the Ohio Department of Developmental Disabilities (DODD) for continuing professional development units in the following areas:

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MONDAY, JULY 12

8:00am-4:00pm  SPONSOR RESOURCE CENTER AND HELP DESK OPEN
8:30am-9:00am  MORNING ICEBREAKER ACTIVITY
9:00am-9:30am  WELCOME: JEANNE FARR, NADD EXECUTIVE DIRECTOR
9:30am-10:30am KEYNOTE: THE FOUR KEYS TO SUCCESS IN DUAL DIAGNOSIS, JULIE P. GENTILE, M.D., WRIGHT STATE UNIVERSITY
10:30am-10:45am BREAK
10:45am-12:15pm CONCURRENT SESSIONS 1

A) Wellness in Clinical Assessment and Response
The panelists will share their thoughts and experiences regarding wellness as an organizing principle in work with Persons with IDD who have potential challenges emanating from aging, trauma, and FASD.

Lucy Esralew, California Department of Developmental Services; Dan Baker, Minnesota Department of Human Services; Beth Barol, Widener University, Center for Social Work Education; Robin VanEerden, Merakey

B) Whom Do You Trust?
We address family estate planning issues around individuals with disabilities, and enable understanding basic operations of special needs trusts for enhancing lives. We recognize problems and general understandings available solutions.

Bryon Dockter, The DHowell Group; Gary Barnhart, CuBBull, Inc; Susan Barnhart, CuBBull, Inc

12:15pm-12:45pm LUNCH BREAK & SPONSOR INNOVATION ZONE
12:45pm-2:15pm CONCURRENT SESSIONS 2

A) Cultural & Ethical Considerations in Treating IDD/MI
People with intellectual disability and co-occurring mental illness experience the intersectionality of bias almost automatically at the time of birth. We have the ability honor these differences and improve the assessment, diagnosing and treatment of people from non-dominant culture.

Tim Barksdale, Merakey

B) The ABC’s of FASD’s
This session identifies complex issues associated with intrauterine-exposure to the most potentially devastating toxins for a developing fetus and emphasizes the need for support of an individual with FASD in the community.

Tracy Kroeger, D.Howell Group; Sue Gabriel, D. Howell Group

2:15pm-3:00pm OPENING SOCIAL EVENT
3:00pm END OF DAY 1

Dr. Julie P. Gentile
Dr. Gentile (jen-TILL-ee) is a Professor of Psychiatry and Chair at Wright State University, Project Director for Ohio’s Coordinating Center of Excellence in Mental Illness/Intellectual Disability and for Ohio’s Telepsychiatry Project for Intellectual Disability. She has evaluated more than 5,500 patients with intellectual disability and mental illness. She is the recipient of both the American Psychiatric Association's and NADD's Menolascino National Award for Excellence in Psychiatric Services for Developmental Disabilities and has been awarded more than $8,000,000 in grants and contracts to support her work. She has authored more than 80 scientific articles on intellectual disability and co-edited two textbooks, Psychiatry of Intellectual Disability published by Wiley (UK) in 2012 and The Guide to Intellectual Disabilities published by Springer (US) in 2019.
TUESDAY, JULY 13

8:00am-4:00pm SPONSOR RESOURCE CENTER AND HELP DESK OPEN
8:30am-9:00am MORNING ICEBREAKER ACTIVITY
9:00am-9:05am WELCOME TO DAY TWO: JEANNE FARR, NADD EXECUTIVE DIRECTOR
9:05am-9:35am STATE OF THE STATE
9:35am-10:35am KEYNOTE: THE HONOR OF YOUR PRESENCE REQUESTED, LAURA PALAY, ALDRIDGE PALAY GROUP
10:35am-10:45am BREAK
10:45am-12:15pm CONCURRENT SESSIONS 3
   A) Managing Psychotropic Medication Side Effects and Polypharmacy
   As many as 50 per cent of adults with intellectual and developmental disabilities are prescribed one or more psychotropic medications. The audience will learn about common medication side effects, strategies for managing side effects, and ways to navigate through the minefield of (potentially avoidable) polypharmacy.
   Tom Scheidemann, Center for Life Management; Jennifer Bellegarde, University Hospitals Cleveland; Stephen Ruedrich, D.Howell Group; Amelia Polzella, University Hospitals Cleveland
   B) Supporting Transition Age Youth Through Telehealth
   Supporting Transition Age Youth (TAY) through telehealth practices provides innovative ways to reduce social isolation, increase support, and address the complexity of their unique mental and physical health needs.
   Meredith Rimmer, Michelle Catzanarite, Angela Pierucci; Achievable Health Center
12:15pm-12:45pm LUNCH BREAK & SPONSOR INNOVATION ZONE
12:45pm-2:15pm CONCURRENT SESSIONS 4
   A) Diversity and Intersectionality Through the Disability Lens
   Presenters will pull back the curtain on diversity and intersectionality through the disability lens. This is a new perspective that is rarely trained on.
   Leigha Shoup, Katherine Yoder, Adult Advocacy Centers
   B) The Cuyahoga County MHDD Court
   An overview of the Cuyahoga County Mental Health and Developmental Disability Court. It will include eligibility, challenges, successes, collaboration with stakeholders and the interdisciplinary teams.
   Lottie Gray, Philip Florian, Cuyahoga County Common Pleas
2:15pm-3:00pm SOCIAL EVENT
3:00pm END OF DAY 2

Meet Tuesday’s Keynote Speaker

Lara Palay
Lara Palay is a managing partner of Aldridge Palay Group. Ms. Palay received her Bachelor’s degree in English from the Ohio State University in 1991, and her Master’s degree in clinical social work in 1998. She is an independently licensed social worker, supervisor and psychotherapist, with 30 years’ experience working with adolescents, adults and families. She has also practiced privately for twenty years specializing in trauma and grief, with expertise in treating families dealing with pediatric cancer. Ms. Palay was Senior Fellow at the Center for Systems Change, a think tank for disability policy. For three years prior, Ms. Palay served as the Project Manager for the Mental Illness/Developmental Disabilities Coordinating Center of Excellence (MIDD CCOE) for the Ohio Department of Mental Health and the Department of Developmental Disabilities. Ms. Palay speaks widely in the U.S. and internationally on mental illness and developmental disabilities, with a particular focus on trauma, grief and loss and meaning. She lectures on clinical social work for the Ohio State University’s Master of Social Work program. She is the author of numerous articles for the Center for System Change, and co-authored policy briefs for the Health Policy Institute of Ohio. Ms. Palay co-authored a series of articles for London newspaper City A.M. about psychological principles in international relations. Her most recent appearances include speaking at Grand Rounds for St. Elizabeth’s Hospital in Washington D.C.
SCHEDULE AT-A-GLANCE

WEDNESDAY, JULY 14

8:00am-2:00pm SPONSOR RESOURCE CENTER AND HELP DESK OPEN

8:30am-9:00am MORNING ICEBREAKER ACTIVITY

9:00am-9:30am WELCOME TO DAY 3 & CCOE AWARDS: JEANNE FARR, NADD EXECUTIVE DIRECTOR

9:30am-10:30am KEYNOTE: EXTENDING THE BIOPSYCHOSOCIAL MODEL BY INTEGRATING THEORY OF MIND - THE I-M APPROACH, JOSEPH SHRAND MD

10:30am-10:45am BREAK

10:45am-12:15pm CONCURRENT SESSIONS 5

A) A Whole-Person Approach to Complex Needs & Challenging Behaviors

When teams supporting people with complex challenges are finding that “nothing is working,” they may find success by pivoting focus from directly addressing challenging behaviors, and toward increasing things that bring the person a sense of wellness. Multiple evidence-based practices can combine into a whole-person approach.

Bradley Wyner, Rose-Mary

B) DBT & ASD: Skills for Adults

Co-occurring psychiatric disorders are common in Autism Spectrum Disorder (ASD). Nisonger Center clinicians share development and pilot of a Dialectical Behavior Therapy skills group for college-aged participants with ASD.

Rachael Menssen, Ohio State University, Nisonger Behavior Support Services; Erin Powers, Karen Krainz Edison, The Ohio State University, Nisonger Center

12:15pm-12:45pm LUNCH BREAK & SPONSOR INNOVATION ZONE

12:45pm-2:15pm CONCURRENT SESSIONS 6

A) Teaching Individuals Healthy Secuality Online... YIKES!

When COVID descended upon us and the world went virtual, it intensified what individuals with disabilities face daily...loneliness through isolation. This presentation emphasizes the importance of teaching healthy sexuality prior to navigating online interactions.

Barb Thomas, TECS, Education Center/The Tall Institute; Skye McDonald, TECS Education Center; Lendsey Smith, TECS Education Center

B) Using Universal Design in Therapy

This session will detail multiple strategies to support positive interactions with people who have IDD, which is helpful in promoting mental wellness and improve the therapeutic quality of interactions.

Elaine Eisenbaum, Kristen Dahl, Patti Singleton, University of Kentucky, Human Development Institute

2:15pm-3:00pm CLOSING REMARKS: JEANNE FARR, NADD EXECUTIVE DIRECTOR

3:00pm CONFERENCE CONCLUDES

Meet Wednesday’s Keynote Speaker

Dr. Joseph Shrand

Dr. Joseph Shrand is Chief Medical Officer of Riverside Community Care headquartered in Dedham MA. He has been a Lecturer of Psychiatry at Harvard Medical School, and an adjunct Faculty of Boston Childrens Hospital. He is triple Board certified in adult psychiatry, child and adolescent psychiatry, and a diplomate of the American Board of Addiction Medicine.

Dr. Shrand has developed a strength based model called The I-M Approach that suggests a fundamental paradigm shift, moving away from pathology to viewing a patient at a current maximum potential.

Dr. Shrand is founder of Drug Story Theater, Inc., a non-profit organization that takes teenagers in the early stages of recovery from drugs and alcohol and teaches them improvisational theater techniques. The teenagers then create their own shows which they perform in middle and high schools, so the treatment of one becomes the prevention of many.

Dr Shrand has a weekly radio show on WATD 95.9 FM, The Dr. Joe Show: Exploring who we are and why we do what we do. Invited experts discuss a range of topics in addiction, mental health, and the state of the world! The Dr. Joe Show is now available as a podcast.

Dr. Shrand is the author of Manage Your Stress: Overcoming Stress in the Modern World, Outsmarting Anger: Seven Strategies to Defuse our most Dangerous Emotion, the winner of the 2013 Books for a Better Life Awards, 2013 Psychology self help category, The Fear Reflex: Five Ways to Overcome it and Trust your Imperfect Self, and Do You Really Get me? Finding Value in Yourself through Empathy and connection published by Hazelden Press.

Among colleagues and staff, he is affectionately called “Doctor Joe,” as he was “Joe” in the original children’s cast of the PBS series ZOOM.