

# 18TH ANNUAL NADD STATE OF OHIO MI/ID CONFERENCE

MENTAL  
HEALTH  
ASPECTS



TREATMENT  
AND  
SUPPORT

SEPTEMBER 14-16, 2020 | REMOTE VIRTUAL CONFERENCE

## Who Should Attend?

Administrators • Behavior Support Specialists • Psychologists  
Direct Care Professionals • Physicians • Educators • Residential Providers  
Family Members • Social Workers • Nurses • Students • Persons with Disabilities  
Researchers • Vocational Staff • Psychiatrists • Therapists  
Criminal Justice Systems Personnel • Employment Specialists  
Case Managers • Client Coordinators

## In Partnership With

Welcome House, Inc.  
Northeast Ohio Medical University (NEOMED)  
Ohio Department of Mental Health and Addiction Services (OhioMHAS)  
Ohio Department of Developmental Disabilities (DODD)  
The Ohio State University Nisonger Center (UCEDD)

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# SCHEDULE AT-A-GLANCE

## MONDAY, SEPTEMBER 14

|                 |   |
|-----------------|---|
| 9:30am-2:15pm   | EXHIBIT HALL AND HELP DESK OPEN                         |
| 9:00am-9:30am   | WELCOME AND OPENING REMARKS                             |
| 9:30am-10:30am  | KEYNOTE ADDRESS: COPING WITH COVID, KARYN HARVEY, PH.D. |
| 10:30am-10:45am | BREAK/TRANSITION  |

### 10:45am-12:15pm CONCURRENT SESSIONS 1

#### A) The Adult Advocacy Center Model

The Adult Advocacy Centers will facilitate multi-disciplinary teams within local communities. A deeper look into this unique approach to victim services will assist participants in understanding best practices for survivors.

*Leigha Shoup MS, RA, Adult Advocacy Centers; Katherine Yoder MS, CFI, Adult Advocacy Centers*

#### B) Sexual Violence and Disability: Collaborative Response

This presentation will describe the success of an innovative program within adult protective services that increases access to trauma services for survivors of sexual violence with intellectual and developmental disabilities.

*Trish Glover LMHC, Disabled Persons Protection Commission; Marissa Varasso, Disabled Persons Protection Commission; Patty Quatieri, Disabled Persons Protection Commission; Jaime Suvak LMHC, Disabled Persons Protection Commission*

|                 |             |
|-----------------|-------------|
| 12:15pm-12:45pm | LUNCH BREAK |
|-----------------|-------------|

### 12:45pm-2:15pm CONCURRENT SESSIONS 2

#### A) Current Psychotherapy Practices in Intellectual Disability

A Scoping review of the state psychotherapy practices in adults ID was completed. This presentation will review the results of this project, including a discussion of modalities, accommodations and modifications.

*Andrea Witwer Ph.D., The Ohio State University; Megan Held MA, The Ohio State University*

#### B) Addiction Treatment: Something 'Old', Something New

Addiction treatment interventions for individuals with intellectual disabilities are still scarce. We present our CBT protocols for this group, and a novel approach in development: virtual reality for embodied learning.

*Simon Langener MSc., University of Twente & Tactus Addiction Care, The Netherlands; Joanneke van der Nagel MD, Ph.D., Tactus Addiction Care & University of Twente, The Netherlands*

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| 2:15pm | END OF DAY 1 |
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## TUESDAY, SEPTEMBER 15

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|-----------------|---|
| 9:30am-2:15pm   | EXHIBIT HALL AND HELP DESK OPEN   |
| 9:00am-9:30am   | WELCOME AND OPENING REMARKS   |
| 9:30am-10:30am  | KEYNOTE ADDRESS: PHARMACOLOGIC AND NON-PHARMACOLOGIC TREATMENT OF PERSONS WITH IDD AND CO-OCCURRING MENTAL ILLNESS AND/OR BEHAVIORAL CHALLENGES, PART 1, STEPHEN RUEDRICH, MD, UH HOSPITALS |
| 10:30am-10:45am | BREAK/TRANSITION  |

### 10:45am-12:15pm CONCURRENT SESSIONS 3

#### A) Emergency Preparedness Reflections

This presentation is an application of an earlier presentation known as Emergency Preparedness for People with Disabilities. The contexts of COVID-19, riots, and other similar situations will be discussed.

*Howard Zlamal M.Ed., University of Arizona*

#### B) Can We Talk About It?

The speakers will discuss commonly missed salient topics in Intellectual Disability Mental Health including trans-affirming care/gender identity, Substance Use Disorders, cultural awareness/diversity, COVID-19, and sexual assault/trauma.

*Julie Gentile MD, DFAPA, Wright State University; Nita Bhatt MD, MPH, FAPA, Wright State University/Twin Valley Behavioral Healthcare; Elizabeth Schindler DO, Wright State University; Jessica Porcelan MD, Wright State University; Brent Schnipke MD, Wright State University*

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| 12:15pm-12:45pm | LUNCH BREAK |
|-----------------|-------------|

### 12:45pm-2:15pm CONCURRENT SESSIONS 4

#### A) STOP TALKING: Guidelines for Ethical Listening

The adage, we have two ears and one mouth for a reason is pertinent now more than ever. More important is how we listen ethically; join us to learn how.

*Daniel Howell M.S., University of Mary, Dhowell Group; Derrick Dufresne MBA, South Eastern University, Community Resource Associates; Noelle Humprey MS, CCC-SLP, Community Resource Associates*

#### B) Program Evaluation of Community-based Behavior Supports

Evaluation of a community-based IDD behavior supports program with a discussion of contributing factors and barriers to successful implementation. Recommendations are made to advance the practice of community-based programs.

*Victoria Chavez, Rush Medical Center; Vanessa Rodriguez PhD, OSU Nisonger Center*

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| 2:15pm | END OF DAY 2 |
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## REGISTRATION PRICING

**NADD MEMBER-\$115.00**

**NON-MEMBER-140.00**

[Click here to register now!](#)

## CONTINUING EDUCATION CREDIT

Continuing Education Credits have been applied for the following disciplines: RN/LPN, Social Workers, Counselors, Psychologist, and MD/DO. Continuing Professional Development Credits have also been applied for the following: adult services, county member board members, investigative agents, service and support administration, superintendents. *If approved*, the maximum potential credit is 4 per day. The final approved list of available credits should be announced by September 4th. For more details, please contact Alaina Herrel at [Alaina.Herrel@mha.ohio.gov](mailto:Alaina.Herrel@mha.ohio.gov).

# SCHEDULE AT-A-GLANCE

## WEDNESDAY, SEPTEMBER 16

|                 |   |
|-----------------|---|
| 9:30am-2:15pm   | EXHIBIT HALL AND HELP DESK OPEN   |
| 9:00am-9:30am   | OPENING REMARKS & CCOE AWARDS   |
| 9:30am-10:30am  | KEYNOTE ADDRESS: PHARMACOLOGIC AND NON-PHARMACOLOGIC TREATMENT OF PERSONS WITH IDD AND CO-OCCURRING MENTAL ILLNESS AND/OR BEHAVIORAL CHALLENGES, PART 2, ALLISON COWAN, MD, WRIGHT STATE UNIVERSITY |
| 10:30am-10:45am | BREAK/TRANSITION  |

### 10:45am-12:15pm CONCURRENT SESSIONS 5

#### A) Disability Planning: Three Domains, Three Stages

Individuals with IDD, MI, and behavior challenges require services in three domains. This presentation reviews integration of current treatment, behavioral, and disability supports, future goals and preparedness for crises (COVID-19).

*Philip Smith Ph.D., Rutgers Robert Wood Johnson Medical School*

#### B) Suicide Prevention for Youth with Disabilities

Despite the high risk of suicide for youth with disabilities, there remain few screening tools or treatment options. This session will address inequities and suggest best practices.

*Kara Ayers Ph.D., Cincinnati Children's Hospital Medical Center; Leah Smith MPH, Cincinnati Children's Hospital Medical Center*

### 12:15pm-12:45pm LUNCH BREAK

### 12:45pm-2:15pm CONCURRENT SESSIONS 6

#### A) Assessment of Signs and Symptoms

Accurate assessment helps identify illness, behavior change, and other key information essential to supporting people with IDD/MI. This session will focus on differentiating between factors that contribute to mental health.

*Melissa Cheplic MPH, Rutgers Robert Wood Johnson Medical School; Tony Thomas LISW-S, ACSW, Welcome House, Inc.*

#### B) Interaction Strategies to Support Mental Wellness

This session will detail multiple strategies to support positive interactions with people who have IDD, which is helpful in promoting mental wellness and improve the therapeutic quality of interactions.

*Dan Baker Ph.D., Minnesota DHS*

### 2:15pm CONFERENCE ADJOURNS

## NADD ACCREDITATION & CERTIFICATION PROGRAMS

Individuals with Intellectual and Developmental Disabilities (IDD) and Mental Illness (MI) have complex needs and present clinical challenges to the professionals, programs, and systems that provide care for them.

In an effort to raise the level of care, as well as to provide recognition to those programs and professionals offering quality care, NADD has introduced four interrelated programs:

1. The NADD Accreditation Program
2. The NADD Competency-Based Clinical Certification Program
3. The NADD Competency-Based Dual Diagnosis Specialist Program
4. The NADD Competency-Based Direct-Support Professional Certification Program

Information on ACP: [www.thenadd.org](http://www.thenadd.org).



## KEYNOTE PRESENTERS

### Karyn Harvey, Ph.D.

Karyn Harvey has worked as a clinician in the field of intellectual disabilities for over 30 years. She has a master's degree in Clinical Psychology and a Ph.D. in Applied Developmental Psychology from the University of Maryland. She has published articles about therapeutic interventions with individuals with intellectual and developmental disabilities (IDD), workbooks for individuals with IDD and two books. Her first book, *Positive Identity Development*, was published in 2009, and *Trauma-Informed Behavioral Interventions* was published in 2011. She is currently consulting with the developmental disabilities departments of Connecticut and Maryland. In addition, she is the director of program development and training for the Park Ave Group practice. She regularly conducts a variety of trainings for both state level and individual agencies on trauma-informed care and positive identity development throughout the country. In 2016, she received the Earl Loschen Award from NADD for Excellence in Clinical Practice.

### Stephen Ruedrich, MD, UH Hospitals

Dr. Ruedrich obtained both his BS and MD from the Ohio State University, followed by his residency in psychiatry, where he was Chief Resident. After six years at the University of Nebraska College of Medicine, Dr. Ruedrich joined the faculty at Case Western Reserve University School of Medicine, initially at MetroHealth Medical Center. In 2011, he joined University Hospitals of Cleveland, where he is Professor and Vice-Chair of Psychiatry. At University Hospitals, he has continued and expanded a focused clinical practice serving adults with intellectual and developmental disabilities with co-morbid psychiatric or behavioral disorders.

In 2006, Dr. Ruedrich received the Frank J. Menolascino MD Award for Psychiatric Services to Persons with IDD from the American Psychiatric Association. For over 25 years, he has also been active in the National Association for the Dually Diagnosed, the foremost organization in the United States advocating for individuals with intellectual/developmental disabilities and mental health needs. He has served two terms on the NADD Board of Directors, currently chairs two NADD committees, and in 2011, was recognized with the highest honor that the NADD offers, the Frank Menolascino Award for Excellence.

### Allison Cowan, MD, Wright State University

Dr. Allison Cowan, M.D., D.F.A.P.A. is a board certified psychiatrist specializing in the treatment of mental illness in individuals with intellectual and developmental disabilities. She graduated from the University of Oklahoma Health Sciences Center and completed her psychiatry residency at Wright State University in Dayton, Ohio. Dr. Cowan completed the Advanced Psychotherapy Program at the Cincinnati Psychoanalytic Institute. She is the associate training director at the Department of Psychiatry at Wright State University and teaches medical students and psychiatry residents. Dr. Cowan has given many regional and national presentations on providing quality psychiatric care for those with intellectual and developmental disabilities and enjoys clinical practice through traditional face-to-face work as well as telepsychiatry.

## EDUCATIONAL OBJECTIVES

After attending the conference, participants will learn about:

- Various treatment models/approaches to address the mental health needs of individuals with IDD
- Multi-disciplinary Community Advocacy Initiatives
- Examples of how persons with IDD can and do benefit from psychotherapy and other non-drug approaches
- How to identify at least 3 pre-trauma conditions of COVID
- How to identify 3 important factors for resilience
- Pharmacologic interventions for individuals with intellectual and developmental disabilities
- The importance and challenges of psychiatric diagnosis in persons with IDD
- How both drug and non-drug therapies enhance adaptive skills and improve quality of life for individuals with IDD who have co-occurring mental illness and/or behavioral challenges
- The paucity of evidence-based guidelines for psychopharmacologic treatment of persons with IDD
- Approaches in psychopharmacologic practices