19th Annual
NADD State of Ohio
MI/ID Conference

Mental Health Aspects
Treatment and Support

July 12-14, 2021 | Virtual

Conference & Registration Information

In Partnership With

NADD
Ohio Department of Mental Health and Addiction Services (OhioMHAS)
Ohio Department of Developmental Disabilities (DODD)
The Ohio State University Nisonger Center

In Association With

Ohio Association of County Boards of Developmental Disabilities (OACB)
Ohio Superintendents of County Boards of Developmental Disabilities (OSCBDD)
Quality Behavioral Solutions (QBS)
Therap Services, LLC

www.thenadd.org
You’re Invited

NADD’s 19th Annual State of Ohio MI/ID Conference will again be virtual, and has made the move to July! All Administrators, Behavior Support Specialists, Psychologists, Direct Care Professionals, Physicians, Educators, Residential Providers, Family Members, Social Workers, Nurses, Students, Persons with Disabilities, Researchers, Vocational Staff, Psychiatrists, Therapists, Criminal Justice Systems Personnel, Employment Specialists, Case Managers, and Client Coordinators are invited to attend.

New this Year!

The 2020 virtual conference saw record breaking attendance, so NADD has raised the bar to make this year’s virtual event one you don’t want to miss. Here is what you can expect:
- Easy access to sessions
- Fun morning icebreaker activities
- Interactive afternoon social events
- The ability to create your own face to face meet-ups
- Networking lounges to connect with sponsors
- Discounted group rates

NADD Accreditation & Certification Programs

Individuals with Intellectual and Developmental Disabilities (IDD) and Mental Illness (MI) have complex needs and present clinical challenges to the professionals, programs, and systems that provide care for them. In an effort to raise the level of care, as well as to provide recognition to those programs and professionals offering quality care, NADD has introduced four interrelated programs:

1. The NADD IDD/MI Dual Diagnosis Accreditation Program
2. The NADD Clinical Certification Program
3. The NADD Specialist Certification Program
4. The NADD DSP Certification Program

Information at: www.thenadd.org.

Educational Objectives

After attending the conference, participants will learn about:
- Various treatment models/approaches to address the mental health needs of individuals with IDD
- Multi-disciplinary Community Advocacy Initiatives
- Examples of how persons with IDD can and do benefit from psychotherapy and other non-drug approaches
- How to identify at least 3 pre-trauma conditions of COVID
- How to identify 3 important factors for resilience
- Pharmacologic interventions for individuals with intellectual and developmental disabilities
- The importance and challenges of psychiatric diagnosis in persons with IDD
- How both drug and non-drug therapies enhance adaptive skills and improve quality of life for individuals with IDD who have co-occurring mental illness and/or behavioral challenges
- The paucity of evidence-based guidelines for psychopharmacologic treatment of persons with IDD
- Approaches in psychopharmacologic practices

Registration Pricing

NADD Member - $140.00
Non-Member - $175.00
Group or Family of 3 - $400

CLICK HERE TO REGISTER

Continuing Education Credits

Continuing Education Credits have been approved for the following disciplines: RN/LPN; Social Workers; Counselors; Psychologists; and MD/DO. Continuing Professional Development Units (CPDU) have been approved by the Ohio Department of Developmental Disabilities (DODD) in the following areas: Adult Services; County Board Members; Investigative Agents; Service and Support Administration; and Superintendents.

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MONDAY, JULY 12

8:00am-4:00pm  SPONSOR RESOURCE CENTER AND HELP DESK OPEN

8:30am-9:00am  MORNING ICEBREAKER ACTIVITY

9:00am-9:30am  WELCOME: JEANNE FARR, NADD CEO; LORI CRISS, DIRECTOR, OHIO DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES; JEFF DAVIS, DIRECTOR, OHIO DEPARTMENT OF DEVELOPMENTAL DISABILITIES

9:30am-10:30am  KEYNOTE: THE FOUR KEYS TO SUCCESS IN DUAL DIAGNOSIS, JULIE P. GENTILE, M.D., WRIGHT STATE UNIVERSITY

10:30am-10:45am  BREAK

10:45am-12:15pm  CONCURRENT SESSIONS 1

A) Wellness in Clinical Assessment and Response
The panelists will share their thoughts and experiences regarding wellness as an organizing principle in work with Persons with IDD who have potential challenges emanating from aging, trauma, and FASD.

Lucy Esralew, California Department of Developmental Services; Dan Baker, Minnesota Department of Human Services; Beth Barol, Widener University, Center for Social Work Education; Robin VanEerden, Merakey

B) Whom Do You Trust?
We address family estate planning issues around individuals with disabilities, and enable understanding basic operations of special needs trusts for enhancing lives. We recognize problems and general understandings available solutions.

Bryon Dockter, The D. Howell Group; Gary Barnhart, CuBBull, Inc; Susan Barnhart, CuBBull, Inc

12:15pm-12:45pm  LUNCH BREAK & SPONSOR INNOVATION ZONE

12:45pm-2:15pm  CONCURRENT SESSIONS 2

A) Cultural & Ethical Considerations in Treating IDD/MI
People with intellectual disability and co-occurring mental illness experience the intersectionality of bias almost automatically at the time of birth. We have the ability honor these differences and improve the assessment, diagnosing and treatment of people from non-dominant culture.

Tim Barksdale, Merakey

B) The ABC’s of FASD’s
This session identifies complex issues associated with intrauterine-exposure to the most potentially devastating toxins for a developing fetus and emphasizes the need for support of an individual with FASD in the community.

Tracy Kroeger, D. Howell Group; Sue Gabriel, D. Howell Group

2:15pm-3:00pm  OPENING SOCIAL EVENT

3:00pm  END OF DAY 1
**TUESDAY, JULY 13**

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<td>WELCOME TO DAY TWO: JEANNE FARR, NADD CEO</td>
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<td>12:45pm-2:15pm</td>
<td>CONCURRENT SESSIONS 4</td>
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**A) Managing Psychotropic Medication Side Effects and Polypharmacy**

As many as 50 per cent of adults with intellectual and developmental disabilities are prescribed one or more psychotropic medications. The audience will learn about common medication side effects, strategies for managing side effects, and ways to navigate through the minefield of (potentially avoidable) polypharmacy.

*Tom Scheidemantel, Center for Life Management; Jennifer Bellegarde, University Hospitals Cleveland; Stephen Ruedrich, D.Howell Group; Amelia Polzella, University Hospitals Cleveland*

**B) Supporting Transition Age Youth Through Telehealth**

Supporting Transition Age Youth (TAY) through telehealth practices provides innovative ways to reduce social isolation, increase support, and address the complexity of their unique mental and physical health needs.

*Meredith Rimmer, Michelle Catzanarite, Angela Pierucci; Achievable Health Center*

**12:15pm-12:45pm**

**LUNCH BREAK & SPONSOR INNOVATION ZONE**

**12:45pm-2:15pm**

**CONCURRENT SESSIONS 4**

**A) Diversity and Intersectionality Through the Disability Lens**

Presenters will pull back the curtain on diversity and intersectionality through the disability lens. This is a new perspective that is rarely trained on.

*Leigha Shoup, Katherine Yoder, Adult Advocacy Centers*

**B) The Cuyahoga County MHDD Court**

An overview of the Cuyahoga County Mental Health and Developmental Disability Court. It will include eligibility, challenges, successes, collaboration with stakeholders and the interdisciplinary teams.

*Lottie Gray, Philip Florian, Cuyahoga County Common Pleas*

**2:15pm-3:00pm**

**SOCIAL EVENT**

**3:00pm**

**END OF DAY 2**

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**Meet Tuesday’s Keynote Speaker**

**Lara Palay**

Lara Palay is a managing partner of Aldridge Palay Group. Ms. Palay received her Bachelor’s degree in English from the Ohio State University in 1991, and her Master’s degree in clinical social work in 1998. She is an independently licensed social worker, supervisor and psychotherapist, with 30 years’ experience working with adolescents, adults and families. She has also practiced privately for twenty years specializing in trauma and grief, with expertise in treating families dealing with pediatric cancer.

Ms. Palay was Senior Fellow at the Center for Systems Change, a think tank for disability policy. For three years prior, Ms. Palay served as the Project Manager for the Mental Illness/Developmental Disabilities Coordinating Center of Excellence (MIDD CCOE) for the Ohio Department of Mental Health and the Department of Developmental Disabilities.

Ms. Palay speaks widely in the U.S. and internationally on mental illness and developmental disabilities, with a particular focus on trauma, grief and loss and meaning. She lectures on clinical social work for the Ohio State University’s Master of Social Work program. She is the author of numerous articles for the Center for System Change, and co-authored policy briefs for the Health Policy Institute of Ohio.

Ms. Palay co-authored a series of articles for London newspaper City A.M. about psychological principles in international relations. Her most recent appearances include speaking at Grand Rounds for St. Elizabeth’s Hospital in Washington D.C.
**Meet Wednesday’s Keynote Speaker**

Dr. Joseph Shrand

Dr. Joseph Shrand is Chief Medical Officer of Riverside Community Care headquartered in Dedham MA. He has been a Lecturer of Psychiatry at Harvard Medical School, and an adjunct Faculty of Boston Childrens Hospital. He is triple Board certified in adult psychiatry, child and adolescent psychiatry, and a diplomate of the American Board of Addiction Medicine.

Dr. Shrand has developed a strength based model called The I-M Approach that suggests a fundamental paradigm shift, moving away from pathology to viewing a patient at a current maximum potential.

Dr. Shrand is founder of Drug Story Theater, Inc., a non-profit organization that takes teenagers in the early stages of recovery from drugs and alcohol and teaches them improvisational theater techniques. The teenagers then create their own shows which they perform in middle and high schools, so the treatment of one becomes the prevention of many.

Dr. Shrand has a weekly radio show on WATD 95.9 FM, The Dr. Joe Show: Exploring who we are and why we do what we do. Invited experts discuss a range of topics in addiction, mental health, and the state of the world! The Dr. Joe Show is now available as a podcast.

Dr. Shrand is the author of Manage Your Stress: Overcoming Stress in the Modern World, Outsmarting Anger: Seven Strategies to Defuse our most Dangerous Emotion, the winner of the 2013 Books for a Better Life Awards, 2013 Psychology self help category, The Fear Reflex: Five Ways to Overcome it and Trust your Imperfect Self, and Do You Really Get me? Finding Value in Yourself through Empathy and connection published by Hazelden Press.

Among colleagues and staff, he is affectionately called “Doctor Joe,” as he was “Joe” in the original children’s cast of the PBS series ZOOM.