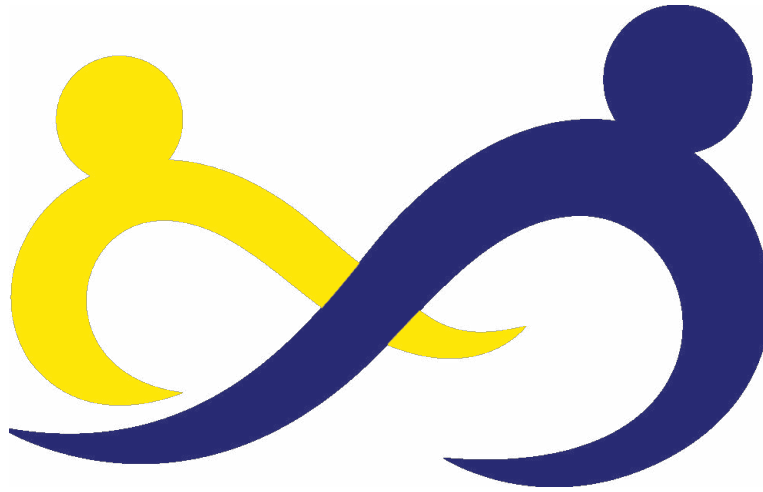


# 21<sup>ST</sup> ANNUAL NADD STATE OF OHIO

## MI/ID CONFERENCE

MENTAL  
HEALTH  
ASPECTS



TREATMENT  
AND  
SUPPORT

JULY 10 - 11, 2023 | COLUMBUS MARRIOTT NORTHWEST | DUBLIN, OHIO

## CONFERENCE & REGISTRATION INFORMATION

### Who Should Attend?

Administrators • Behavior Support Specialists • Psychologists  
Direct Care Professionals • Physicians • Educators • Residential Providers  
Family Members • Social Workers • Nurses • Students • Persons with Disabilities  
Researchers • Vocational Staff • Psychiatrists • Therapists  
Criminal Justice Systems Personnel • Employment Specialists  
Case Managers • Client Coordinators

### In Partnership With



Department of  
Developmental Disabilities

### In Association With

Ohio Assn of County Behavioral Health Authorities (OACBHA)  
Ohio Council of Behavioral Health & Family Services Providers  
Ohio Developmental Disabilities Council  
Lucas Co Mental Health & Recovery Services (MHRS) Board  
The Ohio State University Nisonger Center

## REGISTRATION OPTIONS & RATES

TWO DAY OPTIONS	BEFORE MAY 15 <sup>TH</sup>	AFTER MAY 15 <sup>TH</sup>
NADD Member & Co-Sponsoring Agency	\$250	\$300
5 or More from Non-Member Agency	\$275	\$325
Non-Member	\$325	\$375
DSP/Student/Family Member	\$200	\$225
ONE DAY OPTIONS	BEFORE MAY 15 <sup>TH</sup>	AFTER MAY 15 <sup>TH</sup>
NADD Member & Co-Sponsoring Agency	\$200	\$250
5 or More from Non-Member Agency	\$225	\$275
Non-Member	\$250	\$300
DSP/Student/Family Member	\$185	\$200

[CLICK HERE TO REGISTER](#)

## EDUCATIONAL OBJECTIVES

After attending this conference, attendees should be able to:

- Identify causes of loneliness in the lives of people with MI/ID.
- Describe 3 strategies for facilitating relationships in the lives of people with MI/ID.
- Define common symptoms of catatonia in people with IDD and ASD.
- Describe treatments available for the treatment of catatonia.
- Articulate at least two innovative approaches in treatment that support individuals with MI/ID.
- Describe examples of service collaboration in supports for people with MI/ID.
- Discuss current trends in services for people with MI/ID.

## NADD ACCREDITATION & CERTIFICATION PROGRAMS (ACP)

Individuals with Intellectual and Developmental Disabilities (ID) and Mental Illness (MI) have complex needs and present clinical challenges to the professionals, programs, and systems that provide care for them.

In an effort to raise the level of care, as well as to provide recognition to those programs and professionals offering quality care, NADD has introduced four interrelated programs:

1. The NADD Accreditation Program
2. The NADD Competency-Based Clinical Certification Program
3. The NADD Competency-Based Dual Diagnosis Specialist Program
4. The NADD Competency-Based Direct-Support Professional Certification Program

Information on the Accreditation and Certification Program is available at: [thenadd.org](http://thenadd.org).



## CONTINUING EDUCATION

Continuing Education Credits have been applied for the following disciplines: RN/LPN, Social Workers, Counselors, Psychologists, and MD/DO.

Once approved, the maximum potential credit is 5.5 per day. The final approved list of available credits will be announced by May 15, 2023.

### Continuing Professional Development Units (CPDU)

This program has been approved by the Ohio Department of Developmental Disabilities (DODD) for continuing professional development units in the following areas:

ADULT SERVICES	1900372-1 1900372-2	Day 1—5.5 CPDs Day 2—5.5 CPDs
COUNTY BOARD MEMBERS	1900372-1 1900372-2	Day 1—5.5 CPDs Day 2—5.5 CPEs
INVESTIGATIVE AGENTS	1900372-1 1900372-2	Day 1—5.5 CPDs Day 2—5.5 CPDs
SERVICE AND SUPPORT ADMINISTRATION	1900372-1 1900372-2	Day 1—5.5 CPDs Day 2—5.5 CPDs
SUPERINTENDENTS	1900372-1 1900372-2	Day 1—5.5 CPDs Day 2—5.5 CPDs

Requirements for Continuing Education: Participants eligible for CE Certificates must sign-in, complete required program attendance (100%), and complete and return a program evaluation form. CE certificates will be handed out at the end of each program day.

## LODGING INFORMATION

### Columbus Marriott Northwest

5605 Blazer Parkway  
Dublin, OH 43017

**Rates:** \$118.00 - \$318.00 per night + tax

**Reservation Cut-off Date:** June 16, 2023

[CLICK HERE TO BOOK YOUR ROOM](#)



2019 Ohio In-Person Conference

# KEYNOTE PRESENTERS



**Allison Cowan**

Dr. Allison Cowan, M.D., D.F.A.P.A. is a board certified psychiatrist specializing in the treatment of mental illness in individuals with intellectual and developmental disabilities. She graduated from the University of Oklahoma Health Sciences Center and completed her psychiatry residency at Wright State University in Dayton, Ohio. Dr. Cowan completed the Advanced Psychotherapy Program at the Cincinnati Psychoanalytic Institute. She is the associate training director at the Department of Psychiatry at Wright State University and teaches medical students and psychiatry residents. Dr. Cowan has given many regional and national presentations on providing quality psychiatric care for those with intellectual and developmental disabilities and enjoys clinical practice through traditional face-to-face work as well as telepsychiatry.



**Karyn Harvey**

Karyn Harvey has worked as a clinician in the field of intellectual disabilities for over 35 years. She has her Ph.D. in Applied Developmental Psychology from the University of Maryland. She has written three books: Positive Identity Development, Trauma -Informed Behavioral Interventions and Trauma and Healing. She is the director of program development and training for the Park Ave Group practice where she does therapy with people with intellectual disabilities. In addition, she regularly conducts trainings on trauma-informed support for people with IDD, trauma-informed leadership, and trauma-informed behavioral interventions for both state and individual organizations throughout the US and Canada.

## DAY ONE: MONDAY, JULY 10

7:00 AM - 3:00 PM	REGISTRATION OPEN
8:00 AM - 9:00 AM	MORNING COFFEE WITH SPONSORS & EXHIBITORS
8:00 AM - 4:30 PM	SPONSOR & EXHIBITOR SHOWCASE OPEN
9:00 AM - 9:15 AM	WELCOME & OPENING REMARKS
9:15 AM - 9:30 AM	WELCOME FROM OHIO LEADERS FROM DODD AND MHAS
9:30 AM - 10:30 AM	OPENING KEYNOTE SPEAKER: ALLISON COWAN
10:30 AM - 10:45 AM	MID-MORNING BREAK WITH SPONSORS & EXHIBITORS
10:45 AM - 12:15 PM	CONCURRENT SESSIONS I
<b>SESSION 1</b>	<p><b>A Collaborative Treatment Model for Children with Autism</b></p> <p>Applied behavior analysis and pharmacological therapy are the two most effective and widely used treatments for the symptoms of autism. A shortage of BCBAs and qualified diagnosticians, challenges families, providers, and managed care organizations. This presentation will describe the collaborative efforts of one managed care organization and an autism services provider to maximize the use of available resources for the benefit of children with autism spectrum disorders. Challenges include getting timely access to diagnosticians, access to and information about treatment options, and improving parent participation in treatment. Presenters will discuss ways to maximize the effectiveness of ABA therapy through triage, resource management, and technology. Evidence-based practices will be discussed including alternatives to traditional diagnostic procedures and the tiered model of ABA therapy.</p> <p><i>Melissa Richards, Ph.D., LBA, BCBA-D, The Columbus Organization; Christina Weston, M.D., CareSource</i></p>
<b>SESSION 2</b>	<p><b>Beyond Yoga Class: Preventing and Overcoming Employee Burnout: The Organization's Role in Supporting, Mitigating and Planning</b></p> <p>Burnout is an organizational problem, not just an employee problem. From a leadership perspective, factors such as workload, work environment, leadership attitude and employee supports go hand in hand with the more well-known approaches such as offering wellness programming and incentives. Using business models for assessment and planning supports organizations in assessing burnout and strategizing how to approach solving it. We will explore adding burnout to organizational assessments and using proven techniques from the business world to align company values and mission with a commitment to employee wellness and longevity. We will also explore individual indicators of burnout that employees and managers should know and watch for. The presenters are experts in organizational change and in trauma, including vicarious and secondary traumatic stress. This presentation will include discussion of strategic planning and budgeting for sustainable burnout prevention and mitigation.</p> <p><i>Kevin Aldridge, M.A., Aldridge Palay Group; Lara Palay, MSW, LISW-S, Aldridge Palay Consulting</i></p>

# DAY ONE: MONDAY, JULY 10

<p><b>SESSION 3</b></p>	<p><b>DSP Engagement Strategies: What's Happening Out There</b></p> <p>As our support system for dual diagnosis reaches a new level of economic emergency, it becomes even more critical that clinicians, administrators, case managers, and others who interact with Direct Support Professionals (and other front-line human services staff) have a skillset to collaborate with DSPs. Rather than looking at how our DSPs support dually diagnosed individuals, this presentation will focus on building attendees' skills to collaborate better with DSPs, at the intersection of trauma, dual diagnosis, and socioeconomic instability.</p> <p><i>Bradley Wyner, NADD-DDS, Rose-Mary</i></p>
<p><b>12:15 PM - 1:15 PM</b></p>	<p><b>LUNCH ON YOUR OWN</b></p>
<p><b>1:15 PM - 2:45 PM</b></p>	<p><b>CONCURRENT SESSIONS II</b></p>
<p><b>SESSION 4A</b></p>	<p><b>Connect, Communicate, Heal: Using Simple Dance and Movement Interventions for Trauma and ID - Part 1 of 2</b></p> <p><i>Please note: This is the first part of a 3-hour skill building workshop that is broken up into two session times.</i> Based in polyvagal theory and brain science, cutting-edge trauma therapies focus on the brain-body connection. Emerging research supports using these techniques with people with ID. The ease and portability of a dance and movement modality holds great promise for a wide range of residential and group settings. It is also easily adaptable for mobility and communication barriers. We'll demonstrate and practice simple movement games and healing approaches. These encourage individual regulation, paired attunement to another, and identifying in a safe group-all goals of trauma therapy. The instructors are experts in trauma and in dance therapies. We will also discuss results from a group home using these interventions, and use case examples from audience questions. This is a dynamic, skill-building workshop and audience members are encouraged to participate in simple exercises, but no dance/movement experience is required. A beginning knowledge of trauma is recommended but not required.</p> <p><i>Lara Palay, MSW, LISW-S, Aldridge Palay Consulting; Kenya Woods, B.A.</i></p>
<p><b>SESSION 5</b></p>	<p><b>Evidence-based Practice Guidelines for Mental Health Treatment in Adults with ID</b></p> <p>Adults with ID have much higher rates of mental disorders and yet many clinicians report little to no training in providing clinical services to this population. We will present on evidence-based treatment guidelines for providers who work with individuals with ID and co-occurring mental health disorders. Our guidelines were developed from literature review, thematic analysis of focus groups carried out with clinicians and adults with ID, and feedback from Research Experience Expert Panel and Disability Expert Panel members. We will cover ethical considerations, how to build and maintain rapport, self-determination and advocacy, how to structure therapy, assessments to use in therapy, how to incorporate accommodations and supports, how to assess and accommodate different communication styles, and recommendations for trauma assessment and treatment. We will include quotes from clinicians and individuals with lived experiences of ID on their perspectives on these topics.</p> <p><i>Andrea Witwer, Ph.D., The Ohio State University Nisonger Center; Emily Cary, Ph.D., The Ohio State University Nisonger Center</i></p>
<p><b>SESSION 6</b></p>	<p><b>Implementing Behavioral Skills Training as a Staff Development Model to Aid in Reducing Emergency Safety Interventions and Increasing Staff Retention</b></p> <p>Participants will be able to have a clear understanding of the importance of utilizing evidenced based training strategies as the Behavioral Skills Training (BST) model in the development of staff. They will learn about key preventative behavioral skills and how to utilize a fidelity checklist within a mentor program to establish feedback opportunities for staff on the performance and development. Participants will gain knowledge on the importance valid and reliable data has on the development and sustainability of a mentor program to ensure systems created are showing evidenced of efficacy through fidelity checks. The most important takeaway for the participants is that the time we spend on developing our direct care staff by establish feedback opportunities with pinpoint performance and mentoring will have a massive impact on the treatment of our learners by aiding in the reduction of Emergency Safety Interventions but also having the ability to increase staff retention.</p> <p><i>Chris Delap, BCBA, LMLP, Lakemary Center, PRTF</i></p>
<p><b>2:45 PM - 3:00 PM</b></p>	<p><b>AFTERNOON BREAK WITH SPONSORS &amp; EXHIBITORS</b></p>
<p><b>3:00 PM - 4:30 PM</b></p>	<p><b>CONCURRENT SESSIONS III</b></p>
<p><b>SESSION 4B</b></p>	<p><b>Connect, Communicate, Heal: Using Simple Dance and Movement Interventions for Trauma and ID - Part 2 of 2</b></p> <p><i>Please note: This is the second part of a 3-hour skill building workshop that is broken up into two session times.</i> Based in polyvagal theory and brain science, cutting-edge trauma therapies focus on the brain-body connection. Emerging research supports using these techniques with people with ID. The ease and portability of a dance and movement modality holds great promise for a wide range of residential and group settings. It is also easily adaptable for mobility and communication barriers. We'll demonstrate and practice simple movement games and healing approaches. These encourage individual regulation, paired attunement to another, and identifying in a safe group-all goals of trauma therapy. The instructors are experts in trauma and in dance therapies. We will also discuss results from a group home using these interventions, and use case examples from audience questions. This is a dynamic, skill-building workshop and audience members are encouraged to participate in simple exercises, but no dance/movement experience is required. A beginning knowledge of trauma is recommended but not required.</p> <p><i>Lara Palay, MSW, LISW-S, Aldridge Palay Consulting; Kenya Woods, B.A.</i></p>



# DAY ONE: MONDAY, JULY 10

<b>SESSION 7</b>	<p><b>Strengthening Innovative Crisis Services for People with a Dual Diagnosis through System Collaboration</b></p> <p>The Support Service Teams (SST) and Short Term Stabilization Homes (SSH) are programs funded through the Illinois Department of Human Services - Division of Developmental Disabilities. SST receives referrals for children and adults diagnosed with an intellectual/developmental disability, over 80% of whom are dually diagnosed with a mental illness. The SSH program provides intensive therapeutic residential services for adults. SST and SSH successfully collaborate to provide continuity of care from the time they are referred to the SSH program until stabilization has been achieved.</p> <p>Cross system collaboration has been essential in helping people overcome behavioral and mental health challenges. Highlighting important domains for supporting people who are dually diagnosed to flourish in the community, we will share examples of dignity of risk assessments, how to develop a staff culture to support people with a dual diagnosis and ways to produce outcome driven person-centered plans.</p> <p><i>Kim Shontz, LCSW, ICPN-SST; Dr. Charlene Bennett Ed.D., Individual Advocacy Group</i></p>
<b>SESSION 8</b>	<p><b>Funding Enhancements on a Shoestring Budget</b></p> <p>This course will provide an overview of available funding sources to offset neurodiverse businesses' expenses. Participants will learn to research and identify alternative funding sources to augment commonly-used state and federal support for intellectual and/or developmental disabilities services. They will also be given guidance on drafting compelling, timely, and highly-impactful proposals worthy of winning support from a variety of alternative funders, including private foundations, charitable institutions, and others.</p> <p><i>Jennifer Higgins, Ph.D., MBA, Center for Human Development</i></p>
<b>4:30 PM - 6:00 PM</b>	<b>NETWORKING RECEPTION</b>
<b>EVENING</b>	<b>DINNER ON YOUR OWN</b>

# DAY TWO: TUESDAY, JULY 11

<b>8:00 AM - 10:30 AM</b>	<b>REGISTRATION OPEN</b>
<b>8:00 AM - 9:00 AM</b>	<b>MORNING COFFEE WITH SPONSORS &amp; EXHIBITORS</b>
<b>8:00 AM - 3:00 PM</b>	<b>SPONSOR &amp; EXHIBITOR SHOWCASE OPEN</b>
<b>9:00 AM - 9:30 AM</b>	<b>OPENING REMARKS &amp; COE AWARD ANNOUNCEMENTS</b>
<b>9:30 AM - 10:30 AM</b>	<b>KEYNOTE SPEAKER: KARYN HARVEY</b>
<b>10:30 AM - 10:45 AM</b>	<b>MID-MORNING BREAK WITH SPONSORS &amp; EXHIBITORS</b>
<b>10:45 AM - 12:15 PM</b>	<b>CONCURRENT SESSIONS IV</b>
<b>SESSION 9</b>	<p><b>Parent, Provider, Professional</b></p> <p>Using personal and professional experiences, we will look at secondary trauma that impacts families and caregivers. This trauma is not caused by the person you love, but rather by the systems that are created to support them. We will examine the ways that society and institutions treat people with disabilities, and how this impacts the families who only want their loved ones to lead their best life. The presenter will pull from their background of working as a caregiver, case manager, CEO and parenting a child with disabilities and complex medical care needs.</p> <p><i>Sarah Millimen, MLS, GT Independence</i></p>
<b>SESSION 10</b>	<p><b>The Impact of Telehealth on Individuals with MI/ID &amp; their Circles of Support</b></p> <p>Learn how a specialized telehealth solution focused on individuals with MI/ID can fill critical gaps in medical care for the population. These services allow this often-neglected and often-vulnerable population to receive medical care from a specially trained clinician from the comfort of their home setting. With 24/7 access to trained clinicians, provider agencies, family members, and DSPs have peace of mind when medical needs arise, and the individual can receive high-quality medical care and improved quality of life.</p> <p><i>Maulik Trivedi M.D., FACEP, StationMD</i></p>
<b>SESSION 11</b>	<p><b>Human Trafficking and Older Adults</b></p> <p>This session focuses on the largely unrecognized tragedy of the trafficking of older adults for sex, labor, or benefits. Because the prevalence and impacts of human trafficking on older adults are unresearched and therefore unknown, it is impossible to quantify just how much the systems that should be providing safety and justice for older adult survivors are failing. This session will discuss what is known about trafficking of older adults, barriers to reporting these crimes and supporting survivors. It will also offer suggestions for strengthening the social safety net and criminal justice processes, whose role it is to keep older adults safe.</p> <p><i>Leigha Shoup, M.S., RA, CA, Adult Advocacy Centers</i></p>
<b>12:15 PM - 1:15 PM</b>	<b>NETWORKING LUNCH HOSTED BY NADD</b>

# DAY TWO: TUESDAY, JULY 11

<b>1:15 PM - 2:45 PM</b>	<b>CONCURRENT SESSIONS V</b>
<b>SESSION 12A</b>	<p><b>Using Technology to Track Symptoms and Behavioral Trends - Part 1 of 2</b></p> <p><i>Please note: This is the first part of a 3-hour skill building workshop that is broken up into two session times.</i> According to Hanrik Ibsen, a “picture is worth a thousand words.” Similarly, graphing symptoms and other behavioral trends has the ability to transform potentially convoluted and perplexing numbers into an easy to understand summary. Visualization of behavioral data is ideal for communicating with members of the treatment team, analyzing data, and making evidence-driven clinical decisions. Microsoft (MS) Excel, provides clinicians a quick and easy method to demonstrate levels, trends, and variability of behavioral data, which are critical, especially when demonstrating responses to environmental and/or medical changes. During this presentation, the participants will be provided definitions for terms used during visual analysis as well as step-by-step modeling of using Excel to illustrate diverse graphs (e.g. line, bar), aim lines, phase changes, trendlines, etc. To ensure participants have an opportunity to practice the skills, it is recommended that they bring an electronic device that includes Excel.</p> <p><i>Michael May, Ed.D., BCBA, LPC, LBS, NADD-CC, Merakey</i></p>
<b>SESSION 13</b>	<p><b>Alignment: A Business Approach for Organizations to Become Truly Trauma Responsive</b></p> <p>Non-profit and for-profit agencies can benefit from developments in the business world, in order to be competitive as well as value-driven. As trauma care emerges as one of the critical needs of individuals with ID, maintaining high standards and consistent quality is as important as ever. Using Ritter’s Alignment model, we will explore how agencies can incorporate trauma responsiveness and other initiatives into sustainable corporate practice and culture. Beyond training and employee initiatives, organizations must align practices, operations and policy. The discussion will include real-life examples taken from questions from the audience about planning, budgeting, agreements and collaboration with government and other community entities.</p> <p><i>Kevin Aldridge, M.A., Aldridge Palay Group</i></p>
<b>SESSION 14</b>	<p><b>The CUES Trauma Camp. A Trauma Informed Next Level of Treatment</b></p> <p>The C.U.E.S TRAUMA CAMP is a specialized, brain-based approach training for mental health professionals, residential treatment, clinical and non-clinical healthcare providers, adoptive parents and guardians. The training will promote understanding and utilization of innovative brain-based services for individuals who have developmental disabilities, mental health issues and other complex behavioral needs which have manifested as the byproduct of exposure to trauma (inappropriate sexualized behaviors, defiant, oppositional trauma reactive behaviors).</p> <p><i>Wanda Brown-Ramseur, Ed.D., LPCS, Steps Toward Success PLLC</i></p>
<b>2:45 PM - 3:00 PM</b>	<b>AFTERNOON BREAK WITH SPONSORS &amp; EXHIBITORS</b>
<b>3:00 PM - 4:30 PM</b>	<b>CONCURRENT SESSIONS VI</b>
<b>SESSION 12B</b>	<p><b>Using Technology to Track Symptoms and Behavioral Trends - Part 2 of 2</b></p> <p><i>Please note: This is the second part of a 3-hour skill building workshop that is broken up into two session times.</i> According to Hanrik Ibsen, a “picture is worth a thousand words.” Similarly, graphing symptoms and other behavioral trends has the ability to transform potentially convoluted and perplexing numbers into an easy to understand summary. Visualization of behavioral data is ideal for communicating with members of the treatment team, analyzing data, and making evidence-driven clinical decisions. Microsoft (MS) Excel, provides clinicians a quick and easy method to demonstrate levels, trends, and variability of behavioral data, which are critical, especially when demonstrating responses to environmental and/or medical changes. During this presentation, the participants will be provided definitions for terms used during visual analysis as well as step-by-step modeling of using Excel to illustrate diverse graphs (e.g. line, bar), aim lines, phase changes, trendlines, etc. To ensure participants have an opportunity to practice the skills, it is recommended that they bring an electronic device that includes Excel.</p> <p><i>Michael May, Ed.D., BCBA, LPC, LBS, NADD-CC, Merakey</i></p>
<b>SESSION 15</b>	<p><b>Clinical Skills for Direct Support Professionals</b></p> <p>Direct support professionals working in IDD/MH are instrumental in recognizing and responding to symptoms, behavior support, crisis prevention, trauma informed care, and medication monitoring. The DSP is often the first point of contact with families and others across multiple systems. An effective DSP serves as the liaison between individuals and other professionals providing services. Therefore, it is vital to invest in building the clinical skills and knowledge of the DSP staff. This presentation will explore skills in the areas of positive behavior supports, understanding behavior change, building a personal profile, building capacity and engaging in treatment coordination.</p> <p><i>Jessica Hamlyn, LCSW, NADD-CC, Meridian Health Services</i></p>
<b>4:30 PM</b>	<b>CONFERENCE ADJOURNS</b>