

# 40<sup>th</sup> ANNUAL NADD CONFERENCE

December 13 - 15, 2023 | Nashville, TN





## Who Should Attend?

Administrators • Board Certified Behavior Analysts • Direct Support Professionals • Educators • Family Members Certified Counselors • Nurses • Persons with Disabilities • Psychiatrists • Psychologists • Physicians • Researchers Residential Providers • Service Coordinators • Social Workers • Students • Vocational Staff • Mental Health Providers

# Continuing Education

**Program Description**: This program provides continuing education regarding advances and evidence-based practices for interdisciplinary professionals in the field of Dual Diagnosis (IDD/MI).

**BCBA** Provided by Minnesota Department of Human Services

#### **Continuing Education Credit**

**CEU: 0.1** 

Contact Hours: 10.0

Nursing Contact Hours: 10.0 Nursing Contact Hours will be awarded to participants who attend 90% of this educational activity.

Southern Regional Area Health Education Center is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

NASW:

NBCC:

NC Psychologists Category A: The program will provide 10.0 contact hours (category A) continuing education credit.

Southern Regional AHEC is solely responsible for all aspects of the programs.

No partial credit will be given. Individuals arriving 15 minutes or more after the starting time will not receive credit. Credit will be awarded to participants who attend 100% of the program.

AMA PRA Category 1 Credit™ - 10.0

Accreditation: This activity has been planned and implemented in accordance with the Essentials and Standards of the North Carolina Medical Society through the joint providership of the Southern Regional AHEC, the NADD, and the Minnesota Department of Human Services. The Southern Regional AHEC is accredited by the NCMS to provide continuing medical education for physicians.

**CME Credit Statement:** The Southern Regional AHEC designates this live activity for a maximum of 10.0 *AMA PRA Category 1 Credit(s)* TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Additional Credit: Other health professionals will receive Southern Regional AHEC CEU and/or Contact Hours and a certificate of attendance from AMA PRA Category 1 Credit™ activity. These certificates are accepted by the NC boards for physician assistants, nurse practitioners, and nurses. License requirements are subject to change. Southern Regional AHEC recommends that participants contact their licensing board with specific questions. Southern Regional AHEC will provide 0.1 CEU (10.0 Contact Hours) to participants upon the completion of this activity.

**Disclosure Statement:** The Southern Regional AHEC adheres to ACCME Standards for Integrity and Independence in Accredited Continuing Education regarding industry support of continuing medical education. Disclosures of faculty/planning committee members and relationships with ineligible companies, which are entities that produce, market, resell, or distribute health care goods or services consumed by or used on patients, will be made known at the activity. Speakers are also expected to openly disclose a discussion of any off-label, experimental, or investigative use of drugs or devices in their presentations. All relevant financial relationships have been identified and mitigated.

# New Highlight This Year: Wednesday Leadership Summit

Each subsequent 1.5-hour session will celebrate outstanding leadership in our field. Additional information forthcoming, and subject to change.

#### Leadership in Collaboration

#### Session Hosts:

- Mary Sowers, Executive Director of NASDDDS
- Jeanne Farr, M.A., NADD CEO

#### Leadership in Research

#### Session Hosts:

- Thomas Scheidemantal, MD, NADD-CC, Case Western Reserve University SOM & University Hospitals Cleveland Medical Center
- Angela Hassiotis, MA, Ph.D., FRCPsych, University College London Division of Psychiatry

#### Leadership in Clinical Practice

#### Session Hosts:

- Beth Barol, Ph.D. LSW, BCB, NADD-CC, Camphill Soltane
- Karyn Harvey, Ph.D., Park Ave Group

# **Keynote Presenters**

#### Matt Holder, MD, MBA, FAADM

Dr. Matthew Holder is recognized as an international leader in the care of individuals with Intellectual and Developmental Disabilities (IDD). Dr. Holder began working on what would result in Developmental Medicine becoming a recognized medical expertise soon after starting his career. In 2002, he took over the American Academy of Developmental Medicine and Dentistry (AADMD). Since then, the AADMD has set the curriculum and standards that guide medical students, residents, and fellowship-level physicians to better treat and understand patients with IDD. Medical schools and residency programs around the world have implemented curriculum changes based on the work done by Dr. Holder and the AADMD. In 2005, Dr. Holder became Global Medical Advisor for the Special Olympics. Dr. Holder has trained thousands of healthcare providers in addressing the health needs of athletes with IDD. He also assists the American Medical Association and the American Dental Association in developing and passing resolutions that improve the lives and healthcare of IDD patients. Dr. Holder, alongside colleague Dr. Henry Hood, designed and developed a unique, interdisciplinary patient care and teaching model that meets the health needs of adults with IDD living in the community—the first of its kind in the nation. Today the Lee Specialty Clinic exists as a testament their shared vision. Dr. Holder is a graduate of the University of Louisville School of Medicine.



### Lou Radja

As an international speaker, Lou Radja's mission is to uplift, educate, and inspire his audience to live up to their greatness. Mr. Radja has motivated and challenged audiences worldwide to shake off disempowering beliefs and live up to their full human potential. He has engaged global citizens from all over the world on topics such as: leadership, humanitarianism, following your dream, diversity, personal accountability, and education. Living by the global metaphor that "life's a gift", Lou's powerful message is built on gratitude. As a social entrepreneur, Mr. Radja works tirelessly to improve the lives of many across the globe. As Co-founder and Executive Director of EduCongo, a U.S. based nonprofit organization; Mr. Radja's energy is devoted to generating awareness and support to provide quality education for over 2,000 underprivileged children in the Congo. Mr. Radja has a strong passion for cross-cultural learning and intercultural communication. He graduated from Portland State University with a degree in international affairs, focusing on issues related to African development. Before moving to America, he lived in the Democratic Republic of Congo. Now, he is invested on both sides of the Atlantic. Mr. Radja is an active member and former president of the Portland Pearl Rotary Club and a member of the World Affairs Council of Oregon. In addition to English, he's fluent in French and Swahili. Mr. Radja and his wife, Stacy are proud parents of two boys, Yenga and Senda.



LEVELS KEY: (1) = Basic (2) = Intermediate (3) = Advanced (All) = All Levels

WEDNESDAY, DECEMBER 13		
10:30am - 4:15pm	Leadership Summit (Lunch on Own)	
5:00pm - 6:30pm	Welcome Reception	
THURSDAY, DECEMBER 14		
8:00am - 8:45am	Continental Breakfast & Visit with Exhibitors	
9:00am - 9:45am Welcome, NADD Member Meeting & General Session		
9:45am - 10:45am	Keynote: Transforming the Care of People with IDD: A 20-Year Journey (All)	
	For 20 years, Dr. Matthew Holder has pioneered major changes in the care of adults with intellectual and developmental disabilities. Over his career, he has founded the American Academy of Developmental Medicine and Dentistry, created the Lee Specialty Clinic in Louisville, created the standard of care for sports physicals used by Special Olympics International, changed IDD curriculum in 27 medical schools, and created the medical specialty of Developmental Medicine. In this session, Dr. Holder will share how his team built one of the nation's most transformational programs of clinical care for people with IDD in one of the most hostile business environments imaginable. Dr. Holder will also share his insights into overcoming the many barriers that impede innovation in this field.	

#### 1) Family Therapy for Youth with an I/DD (2)

10:45am - 11:00am

11:00am - 12:00pm

When a family includes a child with a developmental disability, the family system often possesses unique dynamics and faces exceptional challenges. In this session, we will investigate some of these unique challenges and also consider the distinctive strengths these families may possess. Specific cultural and clinical considerations and adaptations to family therapy will be introduced as well as strategies to increase therapist competency and treatment efficacy.

Presenter: Brian Tallant, LPC, NADD-CC, Rocky Mountain Human Services

Matt Holder, MD, MBA, FAADM

Refreshment Break

**Concurrent Sessions I** 

#### 2) Enhancing Strengths and Avoiding "Crises": DSP's Guide to Supporting Wellness (2)

Building a wellness focus into delivery of supports for individuals with IDD positively impacts other health issues. To move beyond an over focus on behavior challenges, Louisiana revamped its DSP training to include a specific module teaching core skills in supporting wellness. This module replaces one more traditionally focused on PBS. The presenters will provide an overview of the training and toolkit along with data on implementation, competency checks, and initial outcomes.

Presenters: Amy Greer, Ph.D., LDH/OCDD; Brandi Kelly, Ph.D., Louisiana OCDD

#### 3) Human Trafficking & the Child with ID (1)

At least one-third of sexual exploitation cases in the United States involve minors (Hetherington, 2022). Children and transitional age youth with ID are particularly vulnerable for a number reasons, which include lack of prevention education, past abuse, and a desire to belong, and to have relationships. This presentation is designed for direct support professionals who provide care. A trauma informed environment is the new universal precaution for this population. The DSP will gain an understanding about commercial sex exploitation across demographic risk factors for foster care youth, the five stages of trafficking, and cross-systems collaboration. Applied behavior analytic techniques will be explored in a case example.

Presenter: Uzama Price, U Price Consulting LLC

12:00pm - 1:30pm	Lunch on Own
1:30pm - 2:30pm	Concurrent Sessions II

#### 1) Clinical Skills for Direct Support Professionals (2)

Direct support professionals working in IDD/MH are instrumental in recognizing and responding to symptoms, behavior support, crisis prevention, trauma-informed care, and medication monitoring. The DSP is often the first point of contact with families and others across multiple systems. An effective DSP serves as the liaison between individuals and other professionals. This session will explore how DSPs can implement skills and practices that shape better outcomes and improved quality of life.

Presenters: Melissa Cheplic, NADD-CC, The Boggs Center, Rutgers University; Jessica Hamlyn, LCSW, NADD-CC, Meridian Health Services

#### 2) From Research to Practice: Applying Trauma-Informed Care to Daily Interactions (2)

Trauma-informed care is a promising model for organizations supporting people with intellectual and developmental disabilities. This presentation will provide an overview of the framework for trauma-informed care and an overview of the evidence supporting the efficacy of trauma-informed care. In addition, the presenters will highlight practical strategies to implement trauma-informed care in organizational operations, including approaches with staff and with individuals receiving services.

Presenters: John Kessler, Ph.D., Indiana University Bloomington School of Social Work; Paddy McNally, Ph.D., Unlimited Lives

#### LEVELS KEY: (1) = Basic (2) = Intermediate (3) = Advanced (All) = All Levels

#### 3) Strengths-based Mental Health Services for Adults on the Autism Spectrum (1)

We will introduce acceptance and commitment therapy (ACT), a strengths-based mental health intervention, and how it can address common concerns that adults on the autism spectrum have with existing mental health services. We will then provide opportunities for participants to practice three common interventions from ACT. Lastly we will outline and discuss common adaptations to ACT interventions to better meet the needs of adults on the autism spectrum.

Presenters: **Ty Aller**, Ph.D., Institute for Disability Research, Policy, and Practice; **Rachel Byers**, MPH, Institute for Disability Research, Policy, and Practice; **Verity Rodrigues**, Ph.D., Vanderbilt University Medical Center

2:30pm - 3:00pm	Refreshment Break & Visit with Exhibitors
3:00pm - 4:00pm	Concurrent Sessions III

# 1) The Art & Science of Rolling with the Punches 2.0: Modified Psychotherapy for Individuals with Developmental Disabilities & Mental Illness (1)

The psychiatric needs of those with IDD and their ability to benefit from psychotherapy have long been underestimated. Consequently, they have been underrepresented in research and under-resourced clinically. In this project, the macrosystemic barriers to treatment of mental illness in individuals with IDD are delineated, and a pantheoretical approach is taken to modifying psychotherapy for them. Multiple evidence-based modalities are identified as best practice in this population.

Presenter: Elizabeth Caton-Burm, MSN, RN, PMHNP-BC, LCSW, Catholic Charities Family & Community Services

#### 2) Caregiver Support Group: Parents of Adult Individuals with Complex Needs (1)

In the caregivers of adult individuals with intellectual developmental disabilities and mental illness with limited social support, attachment-based, group psychotherapy interventions are important aspect of service delivery. The workshop describes the implementation of a Caregiver Support Group. This intervention is offered as a 10-week program to serve primary caregivers/parents of adults with intellectual disabilities within an outpatient clinic for individual and families with complex needs

Presenters: Adam Kenny, B.Sc., BSW, MSW, RSW, Alberta Health Services; Melanie Mac Pherson, MA, R. Psych., Alberta Health Services

#### 3) Integrating Trauma-Informed Care and Functional Behavior Assessment for Internalizing Behaviors (1)

This skill-building workshop will introduce an interdisciplinary approach to behavioral assessment and intervention that combines principles of trauma-informed care and applied behavior analysis to support students with co-occurring mental health challenges and developmental disabilities. An overview of practice guidelines for integrating trauma-informed care into functional behavioral assessment will be presented with opportunities for applying information to case examples.

Presenters: Verity Rodrigues, Ph.D., Vanderbilt University Medical Center; Blair Lloyd, BCBA, Vanderbilt University; Richelle Hurtado, BCBA, Vanderbilt Kennedy Center TRIAD

4:00pm - 4:15pm	Transition Break
4:15pm - 5:15pm	Concurrent Sessions IV

#### 1) Review of Alzheimer's Disease in Down Syndrome (3)

This presentation will review the clinical course of Alzheimer's disease in the adult Down syndrome population. Results of a recently published clinical trial of memantine in young adults with Down syndrome will be discussed.

Presenter: Thomas Scheidemantel, MD, NADD-CC, Case Western Reserve University SOM & University Hospitals Cleveland Medical Center

#### 2) Diagnostic Dilemmas (2)

In this presentation, the results from a recently published study will be presented describing 50 individuals referred for a special multidisciplinary evaluation due to ongoing difficulties despite receiving outpatient mental health and other services to address these concerns. In the investigation, the differences between diagnoses given at referral from usual care and the diagnoses arrived at by the multidisciplinary team conducting a comprehensive assessment will be described. The implications of the findings, including discussion of possible relationships between diagnostic confusion and treatment failing, will be presented, and participants will be encouraged to join.

Presenter: Lauren Charlot, LICSW, Clinical Consultant

#### 3) Therapeutic Approaches to Supporting Transitions from Less Integrated Settings (2)

For people with lived experience in mental health support needs and intellectual disability, transition can be difficult, especially when moving from a restrictive setting. This session will focus on how to utilize positive behavior support and evidence-based practice to support a person's transition from these restrictive environments to community settings where different therapeutic approaches are utilized. The session includes ideas for developing effective multi-sector transition plans.

Presenters: Daniel Baker, NADD-CC, CCEP, Olmstead Agency Lead; Juanita St. Croix, BSc, NADD-CC, NADD

6:00pm - 7:00pm	Cocktail Hour & Poster Session	
7:00pm - 9:00pm	NADD Annual Conference 40th Anniversary Celebration Dinner	

LEVELS KEY: (1) = Basic (2) = Intermediate (3) = Advanced (All) = All Levels

FRIDAY, DECEMBER 15		
8:00am - 8:45am	ontinental Breakfast & Visit with Exhibitors	
8:45am - 9:00am	9:00am Welcome & Opening Remarks	
9:00am - 10:00am	Keynote: Dancing in the Rain: Thriving in Changing Times (All)  Dancing in the Rain: Thriving in Changing Times will focus on leadership, self-care, and resiliency. The presenter will discuss the many challenges of our times which are being faced in our post-COVID world and the importance of practicing self-care and developing resiliency. Additionally, as a new generation enters the workforce, new strategies of leadership are being developed and old strategies are being retooled. In the words of Lou Radja, "Change can do two things—it can happen to you, or it can happen for you. Change can happen to you—that's reactive; or it can happen for you—that's proactive". This inspiring talk led by an exceptional social entrepreneur will have the audience on the edge of their seats.  Lou Radja. Lou Radja Enterprises	
10:00am - 10:15am	Refreshment Break	
10:15am - 11:15am	Concurrent Sessions V	

#### 1) Decriminalizing Communication (2)

People with IDD are noted to have poorer outcomes when interacting with the criminal justice system than people without disabilities. Law enforcement is called when people with IDD communicate in ways others find inappropriate or harmful. Taking a proactive, crisis prevention approach to services, focusing on communication, coping, and safety skills, may reduce the need for law enforcement intervention and entry into the criminal justice system when crises are driven by communication issues.

Presenter: Susan LaGrone, MS, LPC-S, LBSW, Nueces Center for Mental Health and Intellectual Disabilities

#### 2) Preventing and Overcoming Employee Burnout: The Employee and the Organization (2)

Burnout is an organizational and an employee problem. Using a business approach supports assessing and treating burnout. We will add burnout to organizational assessments and use proven techniques from the business world to align company values and mission with a commitment to employee wellness and longevity. We will also explore individual indicators of burnout that employees and managers should know. We will discuss strategic planning and budgeting for sustainable employee wellness.

Presenters: Lara Palay, LISW-S, Aldridge Palay Consulting; Kevin Aldridge, MA, Aldridge Palay Consulting

#### 3) How to Be a Leader in Data Practices (1)

In our session, we will discuss how leaders at any level can enhance their agency's data collection practices by understanding fidelity with data collection, how staff feel about data collection, how to choose the correct method of data collection, and how to design effective training around data collection. Attending this session will give you insight into how to revitalize or redesign your existing data collection to be more effective, efficient, and responsive to the people that you support.

Presenters: **Josh Westphal**, MS, BCBA, Minnesota Department of Human Services; **Hilary Hadfield**, MA, BCBA, Minnesota Department of Human Services; **Icha Arief**, MS, BCBA, Minnesota Department of Human Services

	11:15am - 11:30am	Transition Break
	11:30am - 12:30pm	Concurrent Sessions VI

#### 1) Instead of Treating Mental Illness...Let's Build a Meaningful Life! (1)

For all people to experience mental health, they must also experience a meaningful life. Persons with IDD have historically been confined, restricted, denied, restricted...from living their lives. This presentation will use lots of pictures, humor, and examples to describe historical care, current issues, and most importantly, the importance of having a life that is meaningful to that individual. (This presentation will also help you reflect on your own mental health!)

Presenter: Susan Gabriel, PMHNP-BC, The Right Door (Ionia County Community Mental Health)

#### 2) Building Systems to Support People with Co-Occurring Disorders (2)

People with co-occurring mental health disorders and IDD continue to experience difficulties getting the array of services and supports they need for successful community living. The goal is to build a supportive system that meets goals for understanding, acceptance, change opportunities, and trust. An effective system also has certain basic components such as a brisk training program, appropriate crisis intervention, connections with all parts of the system, and mental health treatment.

Presenter: Bruce Davis, Tennessee Department of Intellectual and Developmental Disabilities

#### 3) Implementation of a PBIS Program Model for Adults with IDD (1)

Participants will be introduced to the Devereux Positive Behavior Interventions and Supports program model for adults with IDD. Central to the model is the embedding of ABA and trauma-informed care practices across three tiers of support: universal, targeted, and intensive. Quality of Life skill-training content and teaching methodology will be presented. Behavioral Skills Training procedures for enhancing staff performance along with implementation integrity and outcome data will be shared.

Presenters: Carol Anne McNellis, Psy.D., BCBA, Devereux Advanced Behavioral Health; Leann Haffner, MS, Devereux Advanced Behavioral Health

12:30pm - 2:00pm Awards Luncheon

#### LEVELS KEY: (1) = Basic (2) = Intermediate (3) = Advanced (All) = All Levels

#### 2:00pm - 3:00pm Concurrent Sessions VII

#### 1) Skillset for Behavior Support and Intervention: Navigating the Heart (2)

A skillset for behavior support and intervention, Navigating the Heart covers crisis intervention. This plan and preparation for nurturing and protecting the individual is especially effective with difficult moments, affected by (1) the individual's own intrinsic motivation to feel safe and loved; (2) the individual's crisis to feel safe; (3) the caregiver's interaction (4) the goals of our mentoring. This presentation will show ways to cultivate elements of relationship-building and the path of support.

Presenter: Anthony McCrovitz, Ph.D., LMHC, HSPP, BCPC, IMH-E, Globe Star, LLC

#### 2) Reviewing Research Manuscripts for Journals: Science and Fairness (2)

Peer review is the cornerstone of scientific publishing and essential in supporting unbiased and rigorous research that ultimately will lead to major advances that will improve healthcare. The session will be led by Professor Angela Hassiotis, Editor in Chief of the official journal of the NADD, *Journal of Mental Health Research in Intellectual Disabilities*, with input from Associate Editor Professor Marcela Tenorio. It will cover all aspects of the peer review process.

Presenter: Angela Hassiotis, MA, Ph.D., DRCPsych, University College London

# 3) National and State Impacts of the Evidence-Based SMART Model for Community-Based Crisis Prevention and Intervention for Individuals with IDD-MH (2)

START is an evidence-based, community crisis prevention and intervention service model for individuals with intellectual and developmental disabilities and mental health needs (IDD-MH). The START model is person-centered and solutions-focused, employing positive psychology approaches and other evidence-based practices. START program implementation has occurred in multiple states nationally with support from the National Center for START Services and have had significant impacts nationally.

Presenters: **Michelle Bagby**, MA, LBA, BCBA, TN Start; **Karen Weigle**, Ph.D., Licensed Psychologist, National Center for START Services Institute on Disability/UCED, University of New Hampshire; **Pamela Flaherty**, M.Ed., National Center for START Services Institute on Disability/UCED, University of New Hampshire

3:00pm - 3:30pm	Refreshment Break & Visit with Exhibitors
3:30pm - 4:30pm	Concurrent Sessions VIII

#### 1) Successful Reentry from Prison for Individuals with Developmental Disabilities: A Successful Model (1)

This presentation will present a successful partnership between behavioral health social workers inside a state prison and inreach from advocates at a Center for Independent Living to enable individuals with intellectual disabilities with dual diagnoses with mental health disabilities to successfully return to the community. This partnership has resulted in a success rate of 83% of individuals with intellectual disabilities remaining in the community.

Presenter: Talley Wells, J.D., M.Ed., North Carolina Council on Developmental Disabilities; Sharif Brown, Alliance of Disability Advocates; Philip Woodward, J.D., North Carolina Council on Developmental Disabilities

#### 2) Balancing the Needs of Families (1)

In an effort to provide quality services to those who are dually diagnosed with intellectual and developmental disabilities and mental health issues, we can often lose sight of the needs of the families who are supporting these individuals. Families and caregivers are on the frontlines daily providing support, and we must address their needs as they support their loved ones. Together we will identify the needs of families and caregivers and how we can help support them through our roles.

Presenters: Mark Morris, MA, Nueces Center for Mental Health and Intellectual Disabilities; Susan LaGrone, MS, LPC-S, LBSW, Nueces Center for Mental Health and Intellectual Disabilities

#### 3) Using Advocacy to Successfully Change Cross-Systems Collaboration and Service Access (2)

Family members in Louisiana secured a House Concurrent Resolution to study the needs of people with IDD and co-occurring behavioral health conditions. Effective cross-systems collaboration generated recommendations across the continuum of services. The presenters will share: advocacy actions/connections that shaped the resolution; study group findings/recommendations; initial impact on access to/expansion of services; and continued work to improve access under the leadership of the Arc of LA.

Presenters: Brandi Kelly, Ph.D., Louisiana OCDD; Ashley McReynolds, Arc of Louisiana

4:30pm	Conference Adjourns

# Registration

REGISTRATION OPTIONS	Before October 23	After October 23
NADD Member - 3 Days	\$565.00	\$590.00
5 or More from Agency - 3 Days	\$615.00	\$640.00
Non-Member - 3 Days	\$665.00	\$690.00
DSP/Student/Family Member/Retiree - 3 Days	\$300.00	\$325.00
Continuing Education Fee	\$90.00	

Registration includes: Wednesday Leadership Summit and Welcome Reception; Thursday and Friday sessions and breaks; Thursday's 40<sup>th</sup> Anniversary Celebration Dinner; and Friday's Awards Lunch.

Cancellation Policy: Registrations canceled by November 29, 2023 will be refunded minus a \$50 administrative fee. Cancellations received after November 29th will not be refunded but substitutions are allowed.

### **CLICK HERE TO REGISTER**

U.S. Tax Information: Conference registration fees are not deductible as charitable contributions for U.S. federal income tax purposes. However, they may be deductible under the provisions of the U.S. Internal Revenue Code. Cancellation Liability:

If NADD must cancel the conference for any reason, NADD's liability is limited to the return of the conference fee.

NADD 321 Wall Street, Kingston, NY 12401 Phone: (845) 331-4336 info@thenadd.org thenadd.org